



30
 9:00 Rejuvenation
 9:30 LDS Sacrament Meeting
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 5:00 Dinner



3
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Labor Day Trivia
 10:30 Time for Learning
 11:00 Labor Day Craft
 12:00 Lunch
 2:00 Fun & Games
 3:30 B-I-N-G-O
 3:30 Snack Time
 5:00 Dinner

4
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Indoor Sports/Target Practice
 11:30 Beanbag & Noodle Fun
 12:00 Lunch
 1:30 Book Club/ Visits with Residents
 1:30 **Gospel Doctrine (AL Side)**
 2:30 Balloon Badminton
 3:30 Snack Time
 4:00 B-I-N-G-O
 5:00 Dinner

5
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Circle Games/Parachute
 10:30 Art Appreciation
 12:00 Lunch
 1:30 **Piano Concert**
 2:00 **"Out on The Town" Van Ride/One-on-One Activities**
 3:30 Snack Time
 5:00 Dinner



6
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Arts & Crafts
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Snack Time
 3:30 Fun & Games
 5:00 Dinner



2
 9:00 Rejuvenation
 9:30 LDS Sacrament Meeting
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 5:00 Dinner

3
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Labor Day Trivia
 10:30 Time for Learning
 11:00 Labor Day Craft
 12:00 Lunch
 2:00 Fun & Games
 3:30 B-I-N-G-O
 3:30 Snack Time
 5:00 Dinner

4
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Indoor Sports/Target Practice
 11:30 Beanbag & Noodle Fun
 12:00 Lunch
 1:30 Book Club/ Visits with Residents
 1:30 **Gospel Doctrine (AL Side)**
 2:30 Balloon Badminton
 3:30 Snack Time
 4:00 B-I-N-G-O
 5:00 Dinner

5
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Circle Games/Parachute
 10:30 Art Appreciation
 12:00 Lunch
 1:30 **Piano Concert**
 2:00 **"Out on The Town" Van Ride/One-on-One Activities**
 3:30 Snack Time
 5:00 Dinner

6
Salon Day!
 9:00 Rejuvenation
 9:30 Music'n Movement
 9:30 Music & Memory Therapy
 10:00 Rhythm Band/Singin
 10:30 Carrington Court Bowling
 12:00 Lunch
 2:00 **Music/Second Story Band**
 3:30 Creative Craft Class
 3:30 Snack Time
 5:00 Dinner

7
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check it out! Activities with the White Board
 12:00 Lunch
 1:30 Memorable Movie/Tasty Treat
 3:30 **Music/Chris Hough**
 5:00 Dinner

8
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Celebrate Grandparents Day
 11:00 Arts & Crafts
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Fun & Games
 3:30 Snack Time
 5:00 Dinner



9
 9:00 Rejuvenation
 9:30 LDS Sacrament Meeting
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 5:00 Dinner

10
CELEBRATE ASSISTED LIVING WEEK!
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Celebrate "CAPTURE THE MOMENT"
 10:30 Make a Fun Poster About Residents
 11:30 Time for Learning
 12:00 Lunch
 2:00 **"Out on The Town" Van Ride/One-on-One Activities**
 3:30 Snack Time
 5:00 Dinner

10
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 **Music/West Jordan Senior Band**
 12:00 Lunch
 1:30 Book Club/ Visits with Residents
 1:30 **Gospel Doctrine (AL Side)**
 2:30 Balloon Badminton
 3:30 Snack Time
 4:00 Play a Game About "Dreams & Accomplishments"
 5:00 Dinner

11
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 **"Get To Know You" Hot Potato Game**
 11:00 Craft Corner
 12:00 Lunch
 1:00 **Field Trip to Utah State Fair/One-on-One Activities**
 3:30 Snack Time
 5:00 Dinner

12
Salon Day!
 9:00 Rejuvenation
 9:30 Music'n Movement
 9:30 Music & Memory Therapy
 10:00 Rhythm Band/Singing
 10:30 Carrington Court Bowling
 12:00 Lunch
 1:30 Creative Craft Class - **Create A Self Portrait**
 3:30 **Music/Rosie & Sheri**
 3:30 Snack Time
 5:00 Dinner

13
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check it out! Activities with the White Board
 12:00 Lunch
 1:30 Memorable Movie/Tasty Treat
 3:30 Play a Game of **"Guess Who"**
 3:30 Snack Time
 5:00 Dinner
 5:00 "Look for a treat in your room"

14
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Arts & Crafts
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Fun & Games
 3:30 Snack Time
 5:00 Dinner



16
 9:00 Rejuvenation
 9:30 LDS Sacrament Meeting
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 5:00 Dinner

17
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Mind Joggers
 10:30 Time for Learning
 11:00 Old Time Radio/Singing
 12:00 Lunch
 2:00 **"Out on the Town" Van Ride/One-on-One Activities**
 3:30 Snack Time
 5:00 Dinner

18
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Indoor Sports/Target Practice
 11:30 Beanbag & Noodle Fun
 12:00 Lunch
 1:30 Book Club/ Visits with Residents
 1:30 **Gospel Doctrine (AL Side)**
 2:30 Balloon Badminton
 3:30 Snack Time
 3:30 Music/Bill Strum
 5:00 Dinner

19
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Circle Games/Parachute
 11:00 Art Appreciation
 12:00 Lunch
 2:00 **"Out on the Town" Van Ride/One-on-One Activities**
 3:30 Snack Time
 5:00 Dinner

20
Salon Day!
 9:00 Rejuvenation
 9:30 Music'n Movement
 10:30 Rhythm Band/Singing
 11:00 Carrington Court Bowling
 12:00 Lunch
 1:30 Creative Craft Class
 3:30 **Music/Mike Westberg**
 5:00 Dinner

21
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check it out! Activities with the White Board
 12:00 Lunch
 1:30 Memorable Movie/Tasty Treat
 3:30 B-I-N-G-O
 3:30 Snack Time
 5:00 Dinner

22
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Arts & Crafts-Autumn Craft
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Fun & Games
 3:30 Snack Time
 5:00 Dinner



23
 9:00 Rejuvenation
 9:30 LDS Sacrament Meeting
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 5:00 Dinner

24
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Mind Joggers
 10:30 Time for Learning
 11:00 Old Time Radio/ Singing
 12:00 Lunch
 2:00 **"Out on the Town" Van Ride/One-on-One Activities**
 3:30 Snack Time
 5:00 Dinner

25
BIRTHDAY BASH!
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Indoor Sports/Target Practice
 11:30 Beanbag & Noodle Fun
 12:00 Lunch
 1:30 Book Club/ Visits with Residents
 1:30 **Gospel Doctrine (AL Side)**
 2:30 Balloon Badminton
 3:30 Snack Time
 4:00 B-I-N-G-O
 5:00 Dinner

26
 9:00 Rejuvenation
 9:30 **"Out on the Town" Van Ride/One-on-One Activities**
 9:30 Music & Memory Therapy
 10:30 Carrington Court Bowling
 12:00 Lunch
 2:00 One-on-One Activities
 3:30 Snack Time
 330 B-I-N-G-O
 5:00 Dinner

26
Salon Day!
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:00 Rhythm Band/Singing
 10:30 Carrington Court Bowling
 12:00 Lunch
 1:30 **Creative Craft Class- Johnny Appleseed**
 3:30 B-I-N-G-O
 3:30 Snack Time
 5:00 Dinner

27
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check it out! Activities with the White Board
 12:00 Lunch
 1:30 Memorable Movie/Tasty Treat
 3:30 B-I-N-G-O
 5:00 Dinner

28
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Arts & Crafts
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Fun & Games
 3:30 Snack Time
 5:00 Dinner

September

National Assisted Living Week!



“CAPTURE THE MOMENT” is this year’s theme for National Assisted Living Week, which hopes to inspire residents to realize their dreams and seize the day. The theme aims to remind assisted living staff that often the little, everyday interactions with residents can deliver high quality, personal care. No matter your age, we should all be living life to its fullest. It is our jobs as caregivers to help seniors realize this by supporting them with everyday tasks, while maximizing their independence and honoring their individuality.



1928 W 9800 S

South Jordan, UT 84095

801-676-8787

The First Fair

Only nine years after the 1847 arrival of the Mormon pioneers to the Salt Lake Valley, the Deseret Agricultural and Manufacturing Society organized the first Fair and continued to organize and sponsor the Fairs until 1907.

The first fair, then called “The Deseret Fair,” was held October 2–4, 1856 in the building known as the “Deseret Store and Tithing Office,” in downtown Salt Lake City across the street from where the Salt Lake City Utah LDS Temple was to be built. Later in 1909 the Deseret Store and Tithing Office (a bishop’s storehouse) and the Deseret News printing plant were moved to accommodate the construction of the Hotel Utah, which is now the Joseph Smith Building. Pride in excellence of exhibits must have been the chief reward of the early exhibitors for most of the cash awards were from .50 to \$3. And “diplomas” were the only prizes awarded in many instances. Among the winners for exhibits are names prominent in Utah history, including Brigham Young, who was the winner of \$25 for “Best Stallion” and won first prize for the “Best celery exhibit.”



UTAH STATE FAIR CELEBRATES 163 YEARS IN 2018

September 2018

Utah State Fair



Wednesday, September 12, we will load the bus at 1 p.m. to the Utah State Fairgrounds. Please sign up at the front desk. This is a great annual trip where we get to see crafts, fun acts, and animals!

Happy Birthday!

- Bill B. - 13th
- Thu T. - 18th
- Thelma M. - 28th
- Lavor L. - 28th

Happy Fall Y'all

L D R Y N O R A K I N G
 L S B L R Y N W D L Q D
 A W E A F O M L E W X R
 F N N P S O A N R M M N
 S G M A T B O E D Y P E
 E N E U O E W T H G D Z
 L S I R T O M A B I R S
 B O D K L U R B R A E M
 M A O F P V A Y E V L M
 Y Y N H E M A M A R G L
 D U P S C H U E K G R Q
 S W T R P S L P K P M B

Orange
 Pumpkins
 Raking
 Red
 Season
 September
 School
 Sunflower

Autumn
 Fall
 Football
 Harvest
 Hayride
 Labor Day
 Leaves