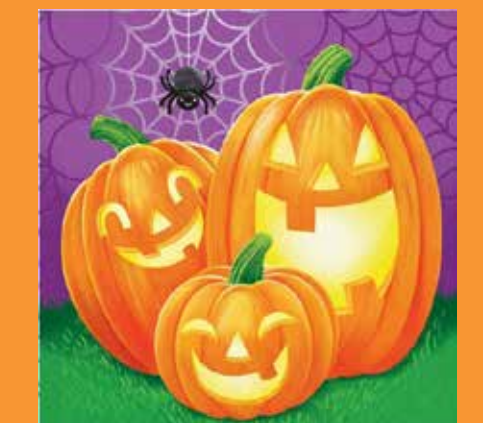


Welcome to Carrington Court Joan and Dauna!



9:00 Rejuvenation
10:00 LDS General Conference on (TV channel 5)
12:00 Lunch
1:30 Afternoon Movie
3:30 Snack Time
5:00 Dinner

4 9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:00 Mind Joggers
10:30 Old Time Radio/Singing
11:00 Time for Learning Games
12:00 Lunch
2:00 **"Out on the Town" Van Ride**
3:30 Snack Time
5:00 Dinner

5 9:00 Rejuvenation
9:30 Music'n Movement/Singing
9:30 Music & Memory Therapy
10:00 Off to the Races
11:00 Check it out! Activities on the White Board
12:00 Lunch
1:30 Book Club/ Visits with Residents
2:30 Balloon Badminton
3:30 Snack Time
4:00 B-I-N-G-O
5:00 Dinner

6 9:00 Rejuvenation
9:30 Music & Memory Therapy
9:30 Groove'n & Move'n
10:00 Circle Games/Parachute Fitness
10:30 Manicures & Melodies
12:00 Lunch
2:00 **"Out on the Town" Van Ride**
3:30 Snack Time
5:00 Dinner

7 **Salon Day!**
9:00 Rejuvenation
9:30 Music'n Movement/Singing
9:30 Music & Memory Therapy
10:30 Bean Bag & Noodle Fun
11:00 ABC Game
12:00 Lunch
1:30 Creative Craft Class
3:30 Hurray for Halloween!
5:00 Dinner

8 9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:00 What's Cookin'??
11:00 Mike/Bible Stories
12:00 Lunch
1:30 Memorable Movie/Tasty Treat
3:30 B-I-N-G-O
5:00 Dinner

9 9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:30 Fun & Games
12:00 Lunch
1:30 B-I-N-G-O
3:30 Creative Halloween Coloring
5:00 Dinner

11 9:00 Rejuvenation
9:30 Music and the Spoken Word (TV Channel 5)
11:00 Music & Memory Therapy
12:00 Lunch
1:30 Afternoon Movie
3:30 Snack Time
5:00 Dinner

12 9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:00 Mind Joggers
10:30 Old Time Radio/Singing
11:00 Time for Learning Games
12:00 Lunch
2:00 **"Out on the Town" Van Ride**
3:30 Snack Time
5:00 Dinner

13 9:00 Rejuvenation
9:30 Music'n Movement/Singing
9:30 Music & Memory Therapy
10:00 Carrington Court Bowling
11:00 Check it out! Activities on the White Board
12:00 Lunch
1:30 Book Club/ Visits with Residents
2:30 Balloon Badminton
3:30 Snack Time
4:00 B-I-N-G-O
5:00 Dinner

14 9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:00 Halloween Stories
10:30 Manicures & Melodies
12:00 Lunch
2:00 **"Out on the Town" Van Ride**
3:30 Snack Time
5:00 Dinner

15 **Salon Day!**
9:00 Rejuvenation
9:30 Music'n Movement/Singing
9:30 Music & Memory Therapy
10:30 Beanbag & Noodle Fun
11:00 This or That
12:00 Lunch
1:30 Creative Craft Class
3:30 Hurray for Halloween!
5:00 Dinner

16 9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:00 What's Cookin'??
11:00 Mike/Exercises
12:00 Lunch
1:30 Memorable Movie/Tasty Treat
5:00 Dinner

17 9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:30 Fun & Games
12:00 Lunch
1:30 B-I-N-G-O
3:30 Creative Halloween Coloring
5:00 Dinner

18 9:00 Rejuvenation
9:30 Music and the Spoken Word (TV Channel 5)
11:00 Music & Memory Therapy
12:00 Lunch
1:30 Afternoon Movie
3:30 Snack Time
5:00 Dinner

19 9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:00 Mind Joggers
10:30 Old Time Radio/Singing
11:00 Time for Learning Games
12:00 Lunch
2:00 **"Out on the Town" Van Ride**
3:30 Snack Time
5:00 Dinner

20 9:00 Rejuvenation
9:30 Music'n Movement/Singing
9:30 Music & Memory Therapy
10:00 Off to the Races
11:00 Check it out! Activities on the White Board
12:00 Lunch
1:30 Book Club/ Visits with Residents
2:30 Balloon Badminton
3:30 Snack Time
4:00 B-I-N-G-O
5:00 Dinner

21 9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:00 Circle Games/Parachute
10:30 Manicures & Melodies
12:00 Lunch
2:00 **"Out on the Town" Van Ride**
3:30 Snack Time
5:00 Dinner

22 **Salon Day!**
9:00 Rejuvenation
9:30 Music'n Movement/Singing
9:30 Music & Memory Therapy
10:30 Beanbag & Noodle Fun
11:00 Can You List This?
12:00 Lunch
1:30 Creative Craft Class
3:30 Hurray for Halloween!
5:00 Dinner

23 9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:00 What's Cookin'??
11:00 Mike/Bible Stories
12:00 Lunch
3:30 Memorable Movie/Tasty Treat
4:00 B-I-N-G-O
5:00 Dinner

24 9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:30 Fun & Games
12:00 Lunch
1:30 B-I-N-G-O
3:30 Creative Halloween Coloring
5:00 Dinner

25 9:00 Rejuvenation
9:30 Music and the Spoken Word (TV Channel 5)
11:00 Music & Memory Therapy
12:00 Lunch
1:30 Afternoon Movie
3:30 Snack Time
5:00 Dinner

26 9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:00 Mind Joggers
10:30 Old Time Radio/Singing
11:00 Time for Learning Games
12:00 Lunch
2:00 **"Out on the Town" Van Ride**
3:30 Snack Time
5:00 Dinner

27 9:00 Rejuvenation
9:30 Music'n Movement/Singing
9:30 Music & Memory Therapy
10:00 Carrington Court Bowling
11:00 Check it out! Activities on the White Board
12:00 Lunch
1:30 Book Club/ Visits with Residents
2:30 Balloon Badminton
3:30 Snack Time
4:00 B-I-N-G-O
5:00 Dinner

28 9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:00 Halloween Stories
10:30 Manicures & Melodies
12:00 Lunch
2:00 **"Out on the Town" Van Ride**
3:30 Snack Time
5:00 Dinner

29 **Salon Day!**
9:00 Rejuvenation
9:30 Music'n Movement/Singing
9:30 Music & Memory Therapy
10:30 Beanbag & Noodle Fun
12:00 Lunch
1:30 Creative Craft Class
3:30 Hurray for Halloween!
5:00 Dinner

30 9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:00 What's Cookin'??
11:00 Mike/Exercises
12:00 Lunch
3:30 Memorable Movie/Tasty Treat
4:00 B-I-N-G-O
5:00 Dinner

31 **HAPPY HALLOWEEN!**
9:00 Rejuvenation
9:30 Groove'n & Move'n
9:30 Music & Memory Therapy
10:30 Fun & Games
12:00 Lunch
1:30 B-I-N-G-O
3:30 Creative Halloween Coloring
5:00 Dinner



R S P D O T Z N L N P V L
 E P B U Y O O T E M X V B
 T I A T M R B R T R B M T
 S D T Z D P A Y B R J J Q
 N E D L C W K R T R I C K
 O R U A E O O I G H O S T
 M A N B O O X D N K X D W
 C D N P M T A E R T M T T
 Y M S R H C T I W N M J R



Monster
 Pumpkin
 Spider
 Spooky
 Treat
 Trick
 Witch

Bat
 Beware
 Boo
 Broom
 Candy
 Cauldron
 Ghost



Happy Halloween

FUN FACTS ABOUT HALLOWEEN

*Sugar rationing during World War II halted trick-or-treating.

*After the rationing ended, the tradition grew into what we're familiar with today. Candy companies started launching advertising campaigns to capitalize on the ritual.

*Now Halloween is the second largest commercial holiday in the country.

*It comes after only Christmas. Consumers spent approximately \$9 billion (!) on Halloween last year, according to the National Retail Federation (NRF). That's A LOT of candy and costumes.

*Americans spend about \$86.27 on Halloween every year.

*That includes Halloween decorations, candy, costumes, and cards by the NRF definition. (If you're curious how that compares to Christmas, Americans spent an average of \$1,048 on winter holidays in 2019.)

*This year will be the first Halloween in 19 years to have a full moon.

*Full moons on Halloween are pretty rare. The last time there was a full moon on October 31, it was 2001 — and before that it was 1955. The next one won't occur until 2039. In fact, the 21st century will only see six full moons on October 31: 2001, 2020, 2039, 2058, 2077 and 2096.

*Illinois produces up to five times more pumpkins than any other state.

*The Land of Lincoln has more than 15,000 acres devoted to gourd growing, according to the United States Department of Agriculture. Those Illinois farms typically grow more than 500 million pounds of pumpkins annually.



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October 2020



Trick or Treat 

These are a few pictures from last year's trick or treating at Carrington Court. Unfortunately, this year we will not be able to have our annual event because of the Covid-19 virus. I hope these pictures put a smile on your face and as we all move forward; let us all be hopeful that next year we can continue our annual tradition of trick and treating here at Carrington Court.

Happy Birthday!

Maxine W. - 26th

