

Welcome to Carrington Court Ray!!



9:30 Groove'n & Move'n Exercise
 10:00 Music & Memory
 10:30 Mike/Exercise
 12:00 Lunch
 2:00 "Adventure Awaits"
Van Ride
 5:00 Dinner

9:30 Groove'n & Move'n Exercise
 10:00 Music & Memory
 10:30 Parachute Fun
 12:00 Lunch
 1:30 Creative Crafts
 3:00 Magnificent Manicures
 5:00 Dinner

9:30 Groove'n & Move'n Exercise
 10:00 Music & Memory
 11:00 Balloon Noodle
 12:00 Lunch
 2:00 "Adventure Awaits"
Van Ride
 5:00 Dinner

Salon Day!
 9:30 Groove'n & Move'n Exercise
 10:00 Music & Memory
 10:30 Carrington Court Bowling
 12:00 Lunch
 1:30 Creative Crafts
 3:30 Christmas B-I-N-G-O
 5:00 Dinner

9:30 Groove'n & Move'n Exercise
 10:00 Music & Memory
 10:30 What's Cookin'??
 12:00 Lunch
 1:30 Movie Matinee- Tasty Treat
 5:00 Dinner

8:00 Breakfast
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner



ENJOY YOUR SUNDAY!
 8:00 Breakfast
 9:30 Music and the Spoken Word (TV Channel 5)
 12:00 Lunch
 5:00 Dinner

9:30 Groove'n & Move'n Exercise
 10:00 Music & Memory
 10:30 Mike/Bible Story
 12:00 Lunch
 2:00 "Adventure Awaits"
Van Ride
 5:00 Dinner

9:30 Groove'n & Move'n Exercise
 10:00 Music & Memory
 10:30 Parachute Fun
 12:00 Lunch
 1:30- Creative Crafts
 3:00 Magnificent Manicures
 5:00 Dinner

9:30 Groove'n & Move'n Exercise
 10:00 Music & Memory
 11:00 Balloon Noodle
 12:00 Lunch
 2:00 "Adventure Awaits"
Van Ride
 3:30 Snack
 5:00 Dinner

Salon Day!
 9:30 Groove'n & Move'n Exercise
 10:00 Music & Memory
 10:30 Carrington Court Bowling
 12:00 Lunch
 1:30 Creative Crafts
 3:30 B-I-N-G-O
 5:00 Dinner

VALENTINE'S CELEBRATION DAY!
 8:00 VALENTINE'S BREAKFAST
 9:30 Groove'n & Move'n Exercise
 10:00 What's Cookin' VALENTINE?
 12:00 Lunch
 1:30 Movie Matinee- Tasty Treat
 5:00 VALENTINE'S Dinner

8:00 Breakfast
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

HAPPY VALENTINE'S DAY!
 8:00 Breakfast
 9:30 Music and the Spoken Word (TV Channel 5)
 12:00 Lunch
 5:00 Dinner



9:30 Groove'n & Move'n Exercise
 10:00 Music & Memory
 11:00 Mike/Exercise
 12:00 Lunch
 2:00 "Adventure Awaits"
Van Ride
 5:00 Dinner

9:30 Groove'n & Move'n Exercise
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Salon Day!
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 12:00 Lunch
 1:30 Creative Crafts
 3:30 B-I-N-G-O
 5:00 Dinner

9:30 Groove'n & Move'n Exercise
 10:00 What's Cookin'??
 12:00 Lunch
 1:30 Movie Matinee/ Tasty Treat
 5:00 Dinner

8:00 Breakfast
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

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 12:00 Lunch
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Van Ride
 5:00 Dinner

B-DAY Cake Day!
 9:30 Groove'n & Move'n Exercise
 10:00 Music & Memory
 10:30 Parachute Fun
 12:00 Lunch
 1:30 Creative Crafts
 3:00 Magnificent Manicures
 5:00 Dinner



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February



"Our SWEETHEARTS of Carrington Court"



1928 W 9800 S South Jordan, UT 84095 801-676-8787

Valentine's Day Recipe!!

- 1/2 Cup HUGS
 - 4 Tsp KISSES
 - 4 Cups LOVE
 - 1 Cup KINDNESS
 - 3 Tsp GRATITUDE
 - 2 Cups CHERISH
 - 1 Medium Size Bag of GREAT BIG HEARTS (The Regular kind won't do.)
- Blend all together and sprinkle with Lots of LOVE!!

"There is nothing GREATER than true FRIENDSHIP, LOVE, and CARING for each other." HAPPY VALENTINE'S Day from EVERYONE here at Carrington Court!



February 2021

Feeling Chilly!!!



Happy Birthday!

Virginia T. - 8th
Sterla H. - 18th

