

There is only one happiness in this life, to love and be loved. - George Sand



Salon Day! 9:00 Rejuvenation 9:30 Music'n Movement/Singing 9:30 Music & Memory Therapy 10:30 Carrington Court Bowling 12:00 Lunch 1:30 Creative Craft Class-Valentine Wreaths 3:30 <i>Music/Jessica Pugmire</i> 3:30 Snack Time 5:00 Dinner	1 2- 9:00 Rejuvenation 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:00 What's Cookin'? "Groundhog Day Cupcakes" 11:00 Groundhog Day Craft 12:00 Lunch 1:30 Memorable Movie/Tasty Treat 3:30 Square Dancing with Conrad 5:00 Dinner	2 3- 9:00 Rejuvenation 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:30 Arts & Crafts 12:00 Lunch 1:30 B-I-N-G-O 3:30 Fun & Games 3:30 Snack Time 5:00 Dinner
---	--	--

9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Music & Memory Therapy 10:30 Ladies' Spa Day 12:00 Lunch 1:30 Afternoon Movie 5:00 Dinner	4 9:00 Rejuvenation 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:00 Mind Joggers 10:30 Time for Learning 11:00 Old Time Radio/Singing 12:00 Lunch 2:00 "Out on the town" Van Ride/One-on-One Activities 3:30 Snack Time 5:00 Dinner	5 9:00 Rejuvenation 9:30 Music & Memory Therapy 10:30 Indoor Sports/Target Practice 11:30 Beanbag & Noodle Fun 12:00 Lunch 1:30 Book Club/Visits with Residents 1:30 Gospel Doctrine (AL Side) 2:30 Balloon Badminton 3:30 Snack Time 4:00 B-I-N-G-O 5:00 Dinner	6 9:00 Rejuvenation 9:30 Music & Memory Therapy 10:00 Circle Games/Parachute Fitness 10:30 Art Appreciation-Valentine Necklace 12:00 Lunch 1:30 Music/Piano 2:00 "Out on the town" Van Ride/One-on-One Activities 3:30 Snack Time 5:00 Dinner	7 9:00 Rejuvenation 9:30 Music & Memory Therapy 10:00 Circle Games/Parachute Fitness 10:30 Art Appreciation-Valentine Necklace 12:00 Lunch 1:30 Music/Piano 2:00 "Out on the town" Van Ride/One-on-One Activities 3:30 Snack Time 5:00 Dinner	8 Salon Day! 9:00 Rejuvenation 9:30 Music'n Movement/Singing 9:30 Music & Memory Therapy 10:30 Make Valentine Bracelets 12:00 Lunch 1:30 Get Ready For Party! 3:30 Snack Time 5:00 Valentine's Day Dinner	9 9:00 Rejuvenation 9:30 Pet Therapy 9:30 Music & Memory Therapy 10:00 What's Cookin'?-Red Velvet Bundt Cake 11:00 Check it out! Activities with the White Board 12:00 Lunch 1:30 Memorable Movie/Tasty Treat 3:30 Square Dancing with Conrad 5:00 Dinner	10 9:00 Rejuvenation 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:30 Arts & Crafts 12:00 Lunch 1:30 B-I-N-G-O 3:30 Fun & Games 5:00 Dinner
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Music & Memory Therapy 10:30 Ladies' Spa Day 12:00 Lunch 1:30 Afternoon Movie 5:00 Dinner	11 9:00 Rejuvenation 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:00 Mind Joggers 10:30 Heart Box & Valentines 12:00 Lunch 2:00 "Out on the town" Van Ride/One-on-One Activities 3:30 Snack Time 5:00 Dinner	12 9:00 Rejuvenation 9:30 Music'n Movement/Singing 9:30 Music & Memory Therapy 10:30 Bake A King Cake 11:30 Beanbag & Noodle Fun 12:00 Lunch 1:30 Book Club/Visits with Residents 1:30 Gospel Doctrine (AL Side) 2:30 Celebrate Mardi Gras 3:30 Snack Time 5:00 Dinner	13 VALENTINE'S DAY 9:00 Rejuvenation 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:00 <i>West Jordan Senior Band</i> 12:00 Lunch 1:15 Field Trip to Sweet Candy Factory 3:30 Snack Time 5:00 Dinner	14 Salon Day! 9:00 Rejuvenation 9:30 Music'n Movement/Singing 9:30 Music & Memory Therapy 10:30 Carrington Court Bowling 12:00 Lunch 1:30 Creative Craft Class 3:30 <i>Music/Sheri Naylor</i> 3:30 Snack Time 5:00 Dinner	15 9:00 Rejuvenation 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:00 What's Cookin'?-Valentine Sugar Cookies 11:00 Make Dragons 12:00 Lunch 2:00 Celebrate Chinese New Year's 3:00 Memorable Movie/Tasty Treat 5:00 Dinner	16 9:00 Rejuvenation 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:30 Arts & Crafts 12:00 Lunch 1:30 B-I-N-G-O 3:30 Fun & Games 5:00 Dinner	17 9:00 Rejuvenation 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:30 Arts & Crafts 12:00 Lunch 1:30 B-I-N-G-O 3:30 Fun & Games 5:00 Dinner
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Music & Memory Therapy 10:30 Ladies' Spa Day 12:00 Lunch 1:30 Afternoon Movie 5:00 Dinner	18 9:00 Rejuvenation 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:00 Presidents Day Mind Joggers 10:30 Time for Learning 11:00 Presidents Day Craft 12:00 Lunch 2:00 "Out on the Town" Van Ride/One-on-One Activities 3:30 Snack Time 5:00 Dinner	19 9:00 Rejuvenation 9:30 Music & Memory Therapy 10:30 Indoor Sports/Target Practice 11:30 Beanbag & Noodle Fun 12:00 Lunch 1:30 Book Club/Visits with Residents 1:30 Gospel Doctrine (AL Side) 2:30 Balloon Badminton 3:30 Snack Time 4:00 B-I-N-G-O 5:00 Dinner	20 9:00 Rejuvenation 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:30 Music/Heart & Soul 12:00 Lunch 2:00 "Out on the town" Van Ride/One-on-One Activities 3:30 Snack Time 5:00 Dinner	21 Salon Day! 9:00 Rejuvenation 9:30 Music'n Movement/Singing 9:30 Music & Memory Therapy 11:00 Carrington Court Bowl 12:00 Lunch 1:30 Creative Craft Class 3:30 <i>Music/Mike Westberg</i> 5:00 Dinner	22 9:00 Rejuvenation 9:30 Pet Therapy 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:00 What's Cookin'? 11:00 Check it out! Activities with the White Board 12:00 Lunch 1:30 Memorable Movie/Tasty Treat 3:30 Square Dancing with Conrad 5:00 Dinner	23 9:00 Rejuvenation 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:30 Arts & Crafts 12:00 Lunch 1:30 B-I-N-G-O 3:30 Fun & Games 5:00 Dinner	24 9:00 Rejuvenation 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:30 Arts & Crafts 12:00 Lunch 1:30 B-I-N-G-O 3:30 Fun & Games 5:00 Dinner
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Music & Memory Therapy 10:30 Ladies' Spa Day 12:00 Lunch 1:30 Afternoon Movie 5:00 Dinner	25 9:00 Rejuvenation 9:30 Groove'n & Move'n 9:30 Music & Memory Therapy 10:00 Mind Joggers 10:30 Time for Learning 11:00 Old Time Radio/Singing 12:00 Lunch 2:00 "Out on the Town" Van Ride/One-on-One Activities 3:30 Snack Time 5:00 Dinner	26 9:00 Rejuvenation 9:30 Music & Memory Therapy 10:30 Make Halloween Bracelets 11:30 Crazy Hat Game 12:00 Lunch 1:30 Book Club/Visits with Residents 1:30 Gospel Doctrine (AL Side) 2:30 Balloon Badminton 3:30 Snack Time 4:00 Halloween B-I-N-G-O 5:00 Dinner	27 9:00 Rejuvenation 9:30 Music & Memory Therapy 9:30 "Out on the Town" Van Ride/One-on-One Activities 1:30 One-on-One Activities 3:30 B-I-N-G-O 5:00 Dinner	28	<h1>February</h1>		



1928 W 9800 S

South Jordan, UT 84095

801-676-8787

CELEBRATING VALENTINE'S DAY

February 2018

"Unlocking What The Heart Never Forgets"



Carrington Court knows the power that music has on our memory. It has a way of unlocking precious moments and memories long tucked away. It has the ability to connect us to our past. Due to this power, Carrington Court has teamed up with Music & Memory and is a proud certified care organization offering the powerful benefits of personalized music.



Please come and enjoy a great dinner and a fabulous chocolate fountain for dessert on Thursday, February 8, at 5:00 p.m. We would like each resident to invite two guests to dine with them. Guests need to RSVP at soon as possible, or sign- up at the front desk.



FEBRUARY FIELD TRIP: SWEET FACTORY TOUR

Wednesday, February 14, we will be going to tour the Sweet Candy Factory. We will load at 12:45, our tour at the factory is at 2:00 p.m. Please sign-up at the front desk as soon as possible, there is limited space available.

Happy Birthday!
Dorothy K. - 23rd