



1
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Fun & Games
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Arts & Crafts
 3:30 Snack Time
 5:00 Dinner



2
 9:00 Rejuvenation
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 3:30 Snack Time
 5:00 Dinner

3
 9:00 Rejuvenation
 9:30 "Out on the Town" Van Ride
 12:00 Lunch
 1:30 Old Time Radio/Singing
 2:30 Time for Learning Games
 3:30 B-I-N-G-O
 3:30 Snack Time
 5:00 Dinner

4
 9:00 Rejuvenation
 9:30 Music 'n Movement/Singing
 9:30 Music & Memory Therapy
 10:00 Bean Bag & Noodle Fun
 10:30 Carrington Court Bowling
 12:00 Lunch
 1:30 Dominos
 2:30 Balloon Badminton
 3:30 Snack Time
 4:00 B-I-N-G-O
 5:00 Dinner

5
 9:00 Rejuvenation
 9:30 Music & Memory Therapy
 9:30 Groove'n & Move'n
 10:00 Circle Games/Parachute Fitness
 10:30 Manicures & Melodies
 12:00 Lunch
 2:00 "Out on the Town" Van Ride/One-on-One Activities
 3:30 Snack Time
 5:00 Dinner

6
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:00 Balloon Badminton
 11:00 Celebrity Guessing Game
 12:00 Lunch
 1:30 Creative Craft Class
 2:30 Music/1 Wagon 3 Wheels
 5:00 Dinner

7
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check it out! Activities on the White Board
 12:00 Lunch
 1:30 Memorable Movie/Tasty Treat
 3:30 Music/Shelby
 5:00 Dinner

8
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Fun & Games
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Arts & Crafts
 3:30 Snack Time
 5:00 Dinner



9
 9:00 Rejuvenation
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 3:30 Snack Time
 5:00 Dinner

10
 9:00 Rejuvenation
 9:30 "Out on the Town" Van Ride
 9:30 Music & Memory Therapy
 12:00 Lunch
 1:30 Old Time Radio/Singing
 2:30 Time for Learning Games
 3:30 B-I-N-G-O
 3:30 Snack Time
 5:00 Dinner

11
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Bean Bag & Noodle Fun
 11:00 Carrington Court Bowling
 12:00 Lunch
 1:30 Dominos
 2:30 Balloon Badminton
 3:30 Snack Time
 3:30 B-I-N-G-O
 5:00 Dinner

12
 9:00 Rejuvenation
 9:30 Music & Memory Therapy
 9:30 Groove'n & Move'n
 10:00 Circle Games/Parachute Fitness
 10:30 Manicures & Melodies
 12:00 Lunch
 1:30 "Out on the Town" Van Ride/One-on-One Activities
 5:00 Dinner

13
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Balloon Badminton
 11:00 ABC Game
 12:00 Lunch
 1:30 Creative Craft Class
 3:30 Music/Bob Shorten
 3:30 Snack Time
 5:00 Dinner

14
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check it out!
 12:00 Lunch
 1:30 Memorable Movie/Tasty Treat
 3:30 Music/Shelby
 5:00 Dinner

15
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Fun & Games
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Arts & Crafts
 3:30 Snack Time
 5:00 Dinner



16
 9:00 Rejuvenation
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 3:30 Snack Time
 5:00 Dinner

17
 9:00 Rejuvenation
 9:30 "Out on the Town" Van Ride
 9:30 Music & Memory Therapy
 12:00 Lunch
 1:30 Old Time Radio/Singing
 2:30 Time For Learning Games
 3:30 B-I-N-G-O
 3:30 Snack Time
 5:00 Dinner

18
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:00 Bean Bag & Noodle Fun Games
 10:30 Carrington Court Bowling
 12:00 Lunch
 1:30 Dominos
 2:30 Balloon Badminton
 3:30 Snack Time
 3:30 B-I-N-G-O
 5:00 Dinner

19
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Circle Games/Parachute Fitness
 10:30 Manicures & Melodies
 12:00 Lunch
 2:00 "Out on the Town" Van Ride/One on One Activities
 3:30 Snack Time
 5:00 Dinner

20
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:00 Balloon Badminton
 11:00 Mystery Guessing Game
 12:00 Lunch
 1:30 Creative Craft Class
 3:30 B-I-N-G-O
 3:30 Snack Time
 5:00 Dinner

21
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check it out! Activities with the White Board
 12:00 Lunch
 3:30 Memorable Movie/Tasty Treat
 3:30 Music/Chris Hough
 5:00 Dinner

22
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Fun & Games
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Arts & Crafts
 3:30 Snack Time
 5:00 Dinner



23/30
 9:00 Rejuvenation
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 3:30 Snack Time
 5:00 Dinner

24/31
 9:00 Rejuvenation
 9:30 "Out on the Town" Van Ride
 9:30 Music & Memory Therapy
 12:00 Lunch
 1:30 Old Time Radio/Singing
 2:30 Time for Learning Games
 3:30 B-I-N-G-O
 3:30 Snack Time
 5:00 Dinner

25
BIRTHDAY BASH!
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:00 Bean Bag & Noodle Fun Games
 10:30 Carrington Court Bowling
 12:00 Lunch
 1:30 Dominos
 2:30 Balloon Badminton
 3:30 Snack Time
 3:30 B-I-N-G-O
 5:00 Dinner

26
 9:00 Rejuvenation
 9:30 "Out on the Town" Van Ride/One-on-One Activities
 9:30 Music & Memory Therapy
 12:00 Lunch
 3:30 Manicures & Melodies
 3:30 Snack Time
 5:00 Dinner

27
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Balloon Badminton
 11:00 Hangman
 12:00 Lunch
 1:30 Creative Craft Class
 3:30 B-I-N-G-O
 3:30 Snack Time
 5:00 Dinner

28
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check it out!
 12:00 Lunch
 1:30 Memorable Movie/Tasty Treat
 3:30 Music/Shelby
 5:00 Dinner

29
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Fun & Games
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Arts & Crafts
 3:30 Snack Time
 5:00 Dinner

August Word Search

- August
- Baseball
- Beach
- Camping
- Hot
- Ice cream
- Pool
- Sandcastle
- School
- Summer
- Vacation

S M A E R C E C I P
 L A D C Y H S T N W
 L M N J A C C O R R
 A A M D H M I A E Z
 B J U O C T P M E V
 E P O G A A M I D B
 S L O C U U S T N D
 A Y A O S S D T O G
 B V B D L D T L L H
 T R L V D W P J X E



KEEPING OUR COOL

August 2020

August Birthdays



Leo

Virgo

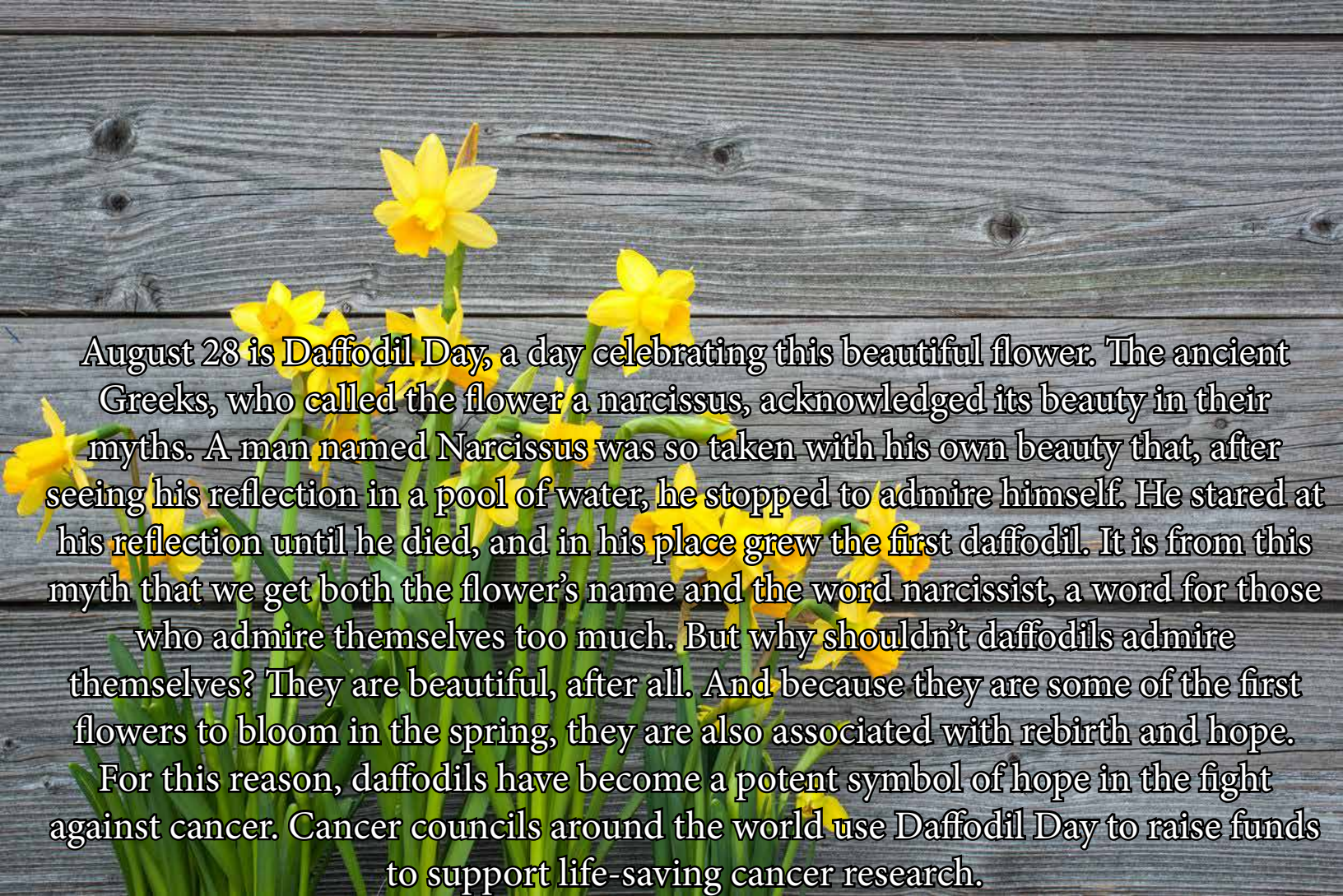
In astrology, those born between August 1-22 are Leo's Lions, the natural-born leaders of the zodiac. Dramatic, confident, and humorous, Leos are adept at rallying people to a common cause. Those born between August 23-31 are Virgo's. Virgos pay attention to detail and are highly organized, making them curious and intelligent learners who can get the job done.

Happy Birthday!

- Jean T. - 4th
- Shauna A. - 6th
- Jay T. - 29th



The so-called "dog days" of summer stretch from mid-July into mid-August. Today, many people believe that we call these the dog days because we all feel as hot as a dog. But to discover the real explanation behind the dog days, look to the night sky. This period earned its canine moniker during the age of ancient Greece. Mid-July coincided with the rise of the constellation Canis Major, the Greater Dog, which features the brightest star in the night sky, Sirius, also known as the Dog Star. During this time, Sirius rises just before the lethargy, fever, thunderstorms, and bad luck. Lucky for us, modern technologies have given us plenty of ways to beat the heat.



August 28 is Daffodil Day, a day celebrating this beautiful flower. The ancient Greeks, who called the flower a narcissus, acknowledged its beauty in their myths. A man named Narcissus was so taken with his own beauty that, after seeing his reflection in a pool of water, he stopped to admire himself. He stared at his reflection until he died, and in his place grew the first daffodil. It is from this myth that we get both the flower's name and the word narcissist, a word for those who admire themselves too much. But why shouldn't daffodils admire themselves? They are beautiful, after all. And because they are some of the first flowers to bloom in the spring, they are also associated with rebirth and hope. For this reason, daffodils have become a potent symbol of hope in the fight against cancer. Cancer councils around the world use Daffodil Day to raise funds to support life-saving cancer research.