



SEPTEMBER

1
 9:30 Let's Move!
 10:15 Activities Upstairs
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner
 6:00 Lawrence Welk Show
 (TV Channel 11)

2
 9:30 Music & the Spoken
 Word (TV Channel 5)
 10:30 LDS Sacrament
 Meeting
 11:15 Relief Society &
 Priesthood
 12:00 Lunch
 5:00 Dinner

3
**No Scheduled Activities
 Today.
 LABOR DAY**
**As always enjoy your
 meals in the dining room!**

4
 9:30 Let's Move!
 10:15 Picture of the Week
 10:20 Fill-in-the-Blanks
 11:00 Manicures
 12:00 Lunch
 1:30 LDS Gospel Doctrine
 Lesson
 3:00 B-I-N-G-O
 5:00 Dinner

5
BEAUTY SHOP OPEN
 9:30 Let's Move!
 10:15 Clever Crossword Puzzle
 11:15 Concentration – Match
 the date to the Event
 12:00 Lunch
 2:30 *Afternoon Matinee* –
"Baptists at our Barbecue"
 5:00 Dinner

6
BEAUTY SHOP OPEN
 9:30 Let's Move!
 10:30 Balloon Badminton
 11:00 Cranium Crunches
 12:00 Lunch
 3:30 B-I-N-G-O
 5:00 Dinner

7
 9:30 **Outing – Scenic Drive**
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

8
 9:30 Let's Move!
 10:15 Activities Upstairs
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner
 6:00 Lawrence Welk Show
 (TV Channel 11)



These picture were taken at Red Butte Garden in 2012 during our last garden tour.

9
 9:30 Music & the Spoken
 Word (TV Channel 5)
 10:30 LDS Sacrament
 Meeting
 11:15 Relief Society &
 Priesthood
 12:00 Lunch
 5:00 Dinner

10
 9:30 Let's Move!
 10:15 Jokes & Question of the
 Week?!!
 10:20 Team Game – Spelling
 Bee – Women against the Men
 11:00 State Bingo
 12:00 Lunch
 3:00 **Singers/Piano – Mood-N-**
Music Perform
 5:00 Dinner

11
 9:30 Let's Move!
 10:15 Picture of the Day
 10:30 Fill-in-the-Blanks
 11:00 Manicures
 12:00 Lunch
 1:30 LDS Gospel Doctrine
 Lesson
 3:00 B-I-N-G-O
 5:00 Dinner

12
BEAUTY SHOP OPEN
 9:30 Let's Move!
 10:15 Clever Crossword
 Puzzle
 11:00 Craft Corner – Apple
 Imprints
 12:00 Lunch
 2:00 *Afternoon Matinee* –
"Beyond the Blackboard"
 5:00 Dinner

13
BEAUTY SHOP OPEN
 9:30 Let's Move!
 10:15 Balloon Badminton
 11:00 Cranium Crunches
 12:00 Lunch
 5:00 Dinner

14
 9:30 **Outing – Garden Tour
 of Red Butte Garden**
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

15
 9:30 Let's Move!
 10:15 Activities Upstairs
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner
 6:00 Lawrence Welk Show
 (TV Channel 11)

16
 9:30 Music & the Spoken
 Word (TV Channel 5)
 10:30 LDS Sacrament
 Meeting
 11:15 Relief Society &
 Priesthood
 12:00 Lunch
 5:00 Dinner

17
 9:30 Let's Move!
 10:15 Marble Lagging
 11:00 American Barn Stories
 12:00 Lunch
 3:00 **Singers – Rosie, Sheri,
 and their Niece Perform**
 5:00 Dinner

18
 9:30 Let's Move!
 10:15 Picture of the Day
 10:30 Fill-in-the-Blanks
 11:00 Manicures
 12:00 Lunch
 1:30 LDS Gospel Doctrine
 Lesson
 3:00 B-I-N-G-O
 5:00 Dinner

19
BEAUTY SHOP OPEN
 9:30 Let's Move!
 10:15 Clever Crossword Puzzle
 11:15 Concentration – State of
 Connecticut
 12:00 Lunch
 2:30 *Afternoon Matinee* –
"The Black Stallion"
 5:00 Dinner

20
BEAUTY SHOP OPEN
 9:30 Let's Move!
 10:15 Balloon Badminton
 11:00 Cranium Crunches
 12:00 Lunch
 3:30 B-I-N-G-O
 5:00 Dinner

21
 9:30 **Outing – Scenic Drive**
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

22
 9:30 Let's Move!
 10:15 Activities Upstairs
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner
 6:00 Lawrence Welk Show
 (TV Channel 11)



23
 9:30 Music & the Spoken
 Word (TV Channel 5)
 10:30 LDS Sacrament
 Meeting
 11:15 Relief Society &
 Priesthood
 12:00 Lunch
 5:00 Dinner

24
 9:30 Let's Move!
 10:15 **Resident Council** – All
 Residents Are Encouraged to
 Attend
 11:00 Twenty Questions to guess
 the item from the farm
 12:00 Lunch
 3:00 **Singer – Lynda Davidson
 Performs**
 5:00 Dinner

25
 9:30 Let's Move!
 10:15 Picture of the Day
 10:20 Fill-in-the-Blanks
 11:00 Manicures
 12:00 Lunch
 1:30 LDS Gospel Doctrine
 Lesson
 3:00 B-I-N-G-O
 5:00 Dinner

26
BEAUTY SHOP OPEN
 9:30 Let's Move!
 10:15 Clever Crossword Puzzle
 12:00 Lunch
 2:30 *Afternoon Matinee* –
"Akeelah and the Bee"
 5:00 Dinner

27
BEAUTY SHOP OPEN
 9:30 Let's Move!
 10:15 Balloon Badminton
 11:00 Cranium Crunches
 12:00 Lunch
 3:30 B-I-N-G-O
 5:00 Dinner

28
 9:30 Let's Move!
 10:15 We create a collage of
 residents!!
 11:00 Joker-eno
 12:00 Lunch
 1:00 **Outing – Trip to
 Leatherby's Ice Cream
 Parlor**
 5:00 Dinner

29
 9:30 Let's Move!
 10:15 Activities Upstairs
 12:00 Lunch
 3:00 B-I-N-G-O
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Carrington Court Zoo Day!

Assisted Living



All the youth that helped us from Riverton!



Some of our beautiful ladies enjoying the seals and sea lions!



Louis getting a personal visit by a bird of prey at the Hogle Zoo!

The Lions Up Close and Personal!



Here we are saying goodbye to a great morning at the Hogle Zoo!



Hooray for Grandparents!
 We'd like to wish all the grandparents that reside at Carrington Court Assisted Living a very happy "Grandparents Day" on Sunday, September 9. Carrington Court is fortunate to have a community filled with the most extraordinary grandparents. We tip our hats and say hooray to all of them!



Grandmother Rhea with her daughter and granddaughter



Grandmother Monica with two of her great grandchildren

Salute to Labor
 "I believe in the dignity of labor, whether with head or hand, that the world owes no man a living but that it owes every man an opportunity to make a living".
 -John D. Rockefeller Jr.

September 2018
Red Butte Garden
 By all these lovely tokens September days are here, with Summer's best of weather and Autumn's best of cheer.
 -Helen Hunt Jackson



Autumn, a second Spring when every leaf is a flower.
 -Albert Camus



September 14, Friday, 9:00 a.m. we will be visiting Red Butte Garden for a docent lead tour. We will ride in the comfort of a tram and visit all the various sections of the Garden. Limited seating will be available so please let Diane know if you would like to go.



BEAUTIFUL WORDS WRITTEN BY TWO CARRINGTON COURT RESIDENTS

Written by: Jeanne L.

Why do I enjoy life? What makes it seem so gay? Perhaps it's the adventures that greet me every day. I can see the sun that shines in the sky above. I feel the wind rush through the pines caressing them with love. I smell the blushing flowers as they in silence stand. I hear the graceful babbling stream roam across the sand. These are some of the adventures that I taste day by day. These are some adventures created in God's way.

Written by: Marilyn F.

I always look forward to our weekly calendar schedule, planned to keep our body and mind active in many ways. Exercise is a must and we all work at our own pace that is most comfortable for each individual. Mind games are fun, such as crossword puzzles that build our IQ and balloon badminton tests our reflexes. History lessons are fascinating, as Diane takes us with her all around the world, often spotlighting our great county "America" first! Musical talent brings back warm memories of long ago and programs from various school children are outstanding. Outings on our bus are always a delight, we really had a refreshing trip to the Hogle Zoo in August. As a resident, I say "Come and join us – you will not regret your decision!"

Happy Birthday!
 Ellen F. - 22nd