

France's iconic Eiffel Tower opens March 31, 1889

Conceived by engineers Maurice Koechlin and Emile Nouguier as the centerpiece of the 1889 Paris Universal Exposition, it was built by the celebrated bridge-maker Gustave Eiffel, who claimed it would celebrate "not only the art of the modern engineer, but also the century of Industry and Science in which we are living, and for which the way was prepared by the great scientific movement of the 18th century and by the Revolution of 1789".

The tower was an instant hit: illuminated every night by gas lamps, it dominated not just the 1889 Paris Universal Exposition, but Paris itself. When the public were finally allowed in, the lifts were still not working. Yet in the first week alone, almost 30,000 people climbed to the top - a sign of how completely it had caught the world's imagination.



# March



<p>9:30 Music &amp; the Spoken Word (BYU -TV) 10:30 LDS Sacrament Meeting 11:15 Relief Society &amp; Priesthood 12:00 Lunch 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Marble Lagging 11:00 Meet at the fireplace and have a sing-a-long 12:00 Lunch 3:00 <b>Singer/Guitar – Wayne Hovey Performs</b> 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Picture of the Week 10:20 Fill-in-the-Blanks 11:00 Manicures 12:00 Lunch 1:30 The LDS Carrington Court Branch lead Gospel Studies 3:00 B-I-N-G-O 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Clever Crossword Puzzle 11:15 Craft Corner – Shamrocks &amp; Such 12:00 Lunch 2:30 <i>Afternoon Matinee – "Leave No Trace" story about a father and daughter</i> 5:00 Dinner 6:00 LDS Carrington Court Branch Activity – Everyone Welcomed</p>	<p>Let's Move! 10:15 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 6:00 Young Women Visit at your apartment</p>	<p>9:30 <b>Outing – Scenic Drive</b> 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>
<p><b>DAYLIGHT SAVINGS TIME BEGINS</b> 9:30 Music &amp; Spoken Word (BYU TV) 10:30 LDS Sacrament Meeting 11:15 Relief Society &amp; Priesthood 12:00 Lunch 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Carrington Court Luck of the Irish Horse Race (start thinking of some Irish names) 11:00 Name That Famous Person?? 12:00 Lunch 3:00 <b>Singing/Piano/Guitar – Bob Shorten Performs</b> 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Picture of the Week 10:20 Fill-in-the-Blanks 11:00 Manicures 12:00 Lunch 1:30 The LDS Carrington Court Branch lead Gospel Studies 3:00 B-I-N-G-O 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Clever Crossword Puzzle 11:15 Concentration – Ireland 12:00 Lunch 3:00 Wool Spinning Demonstration by Renae Scoog 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 3:30 B-I-N-G-O 5:00 Dinner</p>	<p>9:30 <b>Outing – Scenic Drive</b> 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>
<p>9:30 Music &amp; the Spoken Word (BYU TV) 10:30 LDS Sacrament Meeting 11:15 Relief Society &amp; Priesthood 12:00 Lunch 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Parachute Workout 11:00 We enjoy a treat of green JELLO and learn the history of JELLO 12:00 Lunch 3:00 <b>Country/Western – New Fiddlers Perform</b> 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Picture of the Day 10:30 Fill-in-the-Blanks 11:00 Manicures 12:00 Lunch 1:30 The LDS Carrington Court Branch lead Gospel Studies 3:00 B-I-N-G-O 5:00 Dinner</p>	<p>*****<b>SPRING BEGINS</b>***** 9:30 Let's Move! 10:15 Clever Crossword 11:15 Concentration – the State of Maine 12:00 Lunch 2:30 <i>Afternoon Matinee – "The Old Man &amp; the Gun" starring Robert Redford (true story)</i> 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 3:30 B-I-N-G-O 5:00 Dinner 6:00 <b>Young People Singing/Dancing – Sunshine Generation Performs</b></p>	<p>9:30 <b>Outing – Scenic Drive</b> 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>
<p>9:30 Music &amp; the Spoken Word (BYU -TV) 10:30 LDS Sacrament Meeting 11:15 Relief Society &amp; Priesthood 12:00 Lunch 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Resident Council Meeting – All residents are encouraged to attend! 11:00 Sort it Out! 12:00 Lunch 3:00 <b>Singer – Lynda Davidson Performs</b> 5:00 Dinner 6:00 LDS Carrington Court Branch-Family Home Evening</p>	<p>9:30 Let's Move! 10:15 Picture of the Day 10:30 Fill-in-the-Blanks 11:00 Manicures 12:00 Lunch 1:30 The LDS Carrington Court Branch lead Gospel Studies 3:00 B-I-N-G-O 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Clever Crossword Puzzle 11:15 What's That Smell? 12:00 Lunch 2:30 <i>Afternoon Matinee – "First Man" a look at the life of astronaut Neil Armstrong (true story)</i> 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 3:30 B-I-N-G-O 5:00 Dinner</p>	<p>9:30 <b>Outing – Scenic Drive</b> 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p>9:30 Let's Move! 10:30 Vista Schools (located in St. George) Entertains with A Musical Program 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>

Families are so important to everyone's well-being and happiness. Carrington Court is so pleased to provide a gathering place for our community members to enjoy the company of their family.



Gloria and Glendora enjoying some special time with their family.



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Carrington Court

## March 2019



### SPRING IS COMING

Equinox is when day and night are the same length. This happens twice a year, in September and in March. The vernal equinox, which this year is on March 20, is considered the first day of spring.



One day last September an art teacher named Breanna visited Carrington Court and lead an art class in watercolor painting. She helped us all "construct" a sunset, please take note of all the watercolor painted, beautiful sunsets! You will notice that we have some artists at Carrington Court!!!



*YOU CAN'T BLOOM IN YOUR ROOM  
As the weather warms, the Carrington Court bus will be heading out on some adventures. Our surprise stops will always be sure to delight! NO matter how old we may get, we never stop growing. This March, consider ways you can grow your mind, heart, health and happiness. Be bold and join us in the activity room, make it a routine, I think you will find yourself smiling!*

**An optimist is the human personification of spring. ~ Susan J. Bissonette**



### Happy Birthday!

- Monica K. - 1st
- Dona T. - 10th
- Kaye G. - 18th

