



Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616



Bob and Norma Evans

Bob and Norma are the proud parents of four children, two boys and two girls, all of whom live close to South Jordan, Utah. They also have 34 grandchildren and a herd of great-grandchildren. They have enjoyed 69 wedding anniversaries together! After World War II, Bob met Norma at ZCMI, where she worked behind the counter. Bob is 93 years old, and an Army veteran, having served in the Pacific. He retired from US West Telephone Company after a 35-year career. He was always an avid outdoors man, spending days fishing the waters of the Western United States. He loved playing the guitar, and taught all of his kids countless songs. Norma, "Sunshine," is the most cheerful and positive person you would ever want to meet! She worked several jobs while raising their family. Her favorite hobbies were golf, bowling, fishing and horseshoes. We love them so much, and their family!

September 2015

UTAH STATE FAIR

Wednesday, Sept. 16, we will load the bus at 1 p.m. to head to the Utah State Fairgrounds. Please RSVP at carringtoncourtal.com. Thank you for everyone's support to ensure that our residents can go and enjoy each of these wonderful events!



HAPPY BIRTHDAY!

Maurine Redd	Sept. 5
Dorothea Harms	Sept. 7
Faye McShane	Sept. 16
Cynthia "Dolly" Kinder	Sept. 17
Carol Harvey	Sept. 20





We all had such a great time seeing the Days of "47" Parade of Floats. It is wonderful to share these special times with everyone. A special thank you to all the volunteers who made this event a success!

Sunday	Monday	Tuesday
<p>We Strive to Support These Parts of Everyone's Lives.</p> <p>Social Physical Emotional Spiritual Intellectual</p>	<p>SEPTEMBER</p>	
<p>9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Time for Learning 11:00 Chair Dancing & Singing 12:00 Lunch 1:30 Van Ride / Skills Practice 3:00 Snacks 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p> <p>HAPPY LABOR DAY!</p>	<p>9:00 Rejuvenation 10:00 Name That Tune 11:00 Book Club/Stories 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 2:00 Sports/Games/Puzzles 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner</p>
<p>9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner National Assisted Living Week</p>	<p>CELEBRATE NERD MANIA! 9:00 Rejuvenation 10:00 Time for Learning 11:00 Trivia 12:00 Lunch 1:30 Van Ride / Skills Practice 3:00 Snacks 4:00 Crossword Mania 5:00 Dinner</p> <p>National Assisted Living Week</p>	<p>CELEBRATE FITNESS! 9:00 Rejuvenation 10:00 Yoga 11:00 Chair Dancing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 2:00 Olympic Games 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner National Assisted Living Week</p>
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Wednesday	Thursday	Friday	Saturday
2	Beautician Day! 3	4	5
9:00 Rejuvenation 10:00 Sittercise 11:00 Sing-A-Long 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snack Time / Walk About 3:30 Memorable Movie 5:00 Dinner	9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Crafts 3:00 Snack Time 4:00 Music W/Rosie & Sheri 5:00 Dinner	9:00 Rejuvenation 10:00 Baking 11:00 Crossword Puzzle 12:00 Lunch 2:00 Bingo 4:00 Manicures and Melodies 5:00 Dinner	9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner
9	Beautician Day! 10	11	12
9:00 Rejuvenation 10:00 Sittercise 11:00 Sing-A-Long 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snack Time / Walk About 3:30 Memorable Movie 5:00 Dinner	9:00 Rejuvenation 10:30 Music W/ Heart & Soul 12:00 Lunch 1:30 Crafts 3:00 Snack Time 4:00 Music W/Debra Bowers 5:00 Dinner Beautician Day!	9:00 Rejuvenation 10:00 Baking 11:00 Crossword Puzzle 12:00 Lunch 2:00 Bingo 4:00 Manicures and Melodies 5:00 Dinner	9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner
LIFTING SPIRITS HIGH 16	COWBOYS & INDIANS 17	FAVORITE TEAM SPORT! 18	19
9:00 Rejuvenation 10:00 Chicken Soup/Count Your Blessings 11:00 Sing-A-Long 12:00 Lunch 1:30 Field Trip to the Fair 3:00 Snack Time / Walk About 3:30 Memorable Movie 5:00 Dinner National Assisted Living Week	9:00 Rejuvenation 10:00 Horse Races 11:00 Cowboy Songs 12:00 Lunch 1:30 Let's Play Cowboys & Indians 3:00 Snack Time 4:00 Music W/Mike Westburg 5:00 Dinner National Assisted Living Week	9:00 Rejuvenation 10:00 Baking 11:00 Stories for Sport Fans 12:00 Lunch 2:00 Let the Games Begin 4:00 Bingo 5:00 Dinner National Assisted Living Week	9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner National Assisted Living Week
23	Beautician Day! 24	25	26
9:00 Rejuvenation 10:00 Sittercise 11:00 Sing-A-Long 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snack Time / Walk About 3:30 Memorable Movie 5:00 Dinner	9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Crafts 3:00 Snack Time 4:00 Music W/Terry Spencer 5:00 Dinner	9:00 Rejuvenation 10:00 Baking 11:00 Crossword Puzzle 12:00 Lunch 2:00 Bingo 4:00 Manicures and Melodies 5:00 Dinner	9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner
30	<i>We have a pet therapy dog that visits with all the residents every Tuesday at 4 p.m. He always puts a smile on everyone's face.</i>	<h1 style="margin: 0;">HAPPY LABOR DAY!</h1>	ARTS & CRAFTS Watercolors Card Making With Stamps Beading Coloring or Drawing Seasonal Crafts TABLE GAMES Cards Bingo Checkers Dominoes and Others

September 2015

ASHLEY LOVENDAHL, OUR CNA SPOTLIGHT FOR SEPTEMBER



Her dream is to go to college and get her RN degree.

Ashley was born in Herriman, Utah, but growing up she moved around a lot, living in several different places. The most important things in Ashley's life are her son and her family. She started out as an aide, and worked into being a CNA. She is the first one in her family to graduate from high school, and hopes to be able to attend college soon. Some of the hobbies that Ashley enjoys are fishing, hunting, camping and pretty much anything that has to do with enjoying the great outdoors. Her favorite food is country fried steak, and she loves the color blue. Something fun about her is that she was in a marching band during her whole high school years. Her dream for the future is to continue to be a great mom for her son and get her RN degree. We all appreciate everything Ashley does for the residents!



Sept. 13-19, 2015