



Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616

Walk to End Alzheimer's Association!!

Families and friends, we need your help to end Alzheimer's! Please join us Saturday, Sept. 15, Murray Park, Pavilions 1, 2, 3 / Murray, UT. To join our team, go to <http://www.alz.org/utah> - Walk to End Alzheimer's - Find Team - Carrington Court Cares.



THANKSGIVING POINT TRIP!!

Please join us on either Monday, Sept. 17, or Wednesday, Sept. 19. We will be loading the bus both days at 1:30 p.m.!! Please sign up at Carringtoncourtal.com!

September 2012



Garry Watson and Rosemary

Garry is our resident spotlight for September. He was born July 29, 1933, in Salt Lake City, Utah. He married Carol in West Valley, Utah. Together, they have three children, seven grandchildren and four great-grandchildren. Garry was in the Air Force. He worked as a Machinist. He loves dogs, family reunions, TV, movies and Lawrence Welk shows. He has traveled to Hawaii, Korea and Japan. Garry also enjoys visiting with family, especially Rosemary, his fiancée. Garry keeps us on our toes; he's a wonderful person to everyone.






"JULY FUN!!"

Keep Moths Away

Sachets filled with dried lavender help repel clothes moths.

Sunday	Monday	Tuesday
<p>National Grandparents Day</p>	<p>HAPPY BIRTHDAY BEVERLY GREEN on Sept. 20!!!</p>	
<p>2</p> <p>9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Mind Joggers 12:00 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p>Labor Day</p> <p>3</p> <p>9:00 Rejuvenation 10:00 Kickball 11:00 Newspaper 12:00 Lunch 2:00 Van Ride 3:00 Snack Time 4:00 1:1 Activities 5:00 Dinner</p> <p>Happy Labor Day!!</p>	<p>4</p> <p>9:00 Rejuvenation 10:00 Badminton Balloon 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 4:00 Scrapbooking 5:00 Dinner</p>
<p>9</p> <p>9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Mind Joggers 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p>10</p> <p>9:00 Rejuvenation 10:00 Kickball 11:00 Newspaper 12:00 Lunch 2:00 Van Ride 3:00 Snack Time 4:00 1:1 Activities 5:00 Dinner</p>	<p>11</p> <p>9:00 Rejuvenation 10:00 Badminton Balloon 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 4:00 Scrapbooking 5:00 Dinner</p>
<p>16</p> <p>9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Mind Joggers 12:00 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p>17</p> <p>9:00 Rejuvenation 10:00 Kickball 11:00 Newspaper 12:00 Lunch</p> <p>1:30 THANKSGIVING POINT TRIP!!</p> <p>3:00 Snack Time 4:00 1:1 Activities 5:00 Dinner</p>	<p>18</p> <p>9:00 Rejuvenation 10:00 Badminton Balloon 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 4:00 Singing W/Linda Davidson 5:00 Dinner</p>
<p>23/30</p> <p>9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Mind Joggers 12:00 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p> <p>HAPPY BIRTHDAY CLAYTON ROSE on Sept. 23!!</p>	<p>24</p> <p>9:00 Rejuvenation 10:00 Kickball 11:00 Newspaper 12:00 Lunch 2:00 Van Ride 3:00 Snack Time 4:00 1:1 Activities 5:00 Dinner</p>	<p>25</p> <p>9:00 Rejuvenation 10:00 Badminton Balloon 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 4:00 Scrapbooking 5:00 Dinner</p>

Wednesday	Thursday	Friday	Saturday
			<p>9:00 Rejuvenation 10:00 Parachute 11:00 Sing-A-Long 12:00 Lunch 1:30 Coloring 3:00 Snack Time 4:00 Movie N' Popcorn 5:00 Dinner</p>
<p>9:00 Rejuvenation 10:00 Parachute 11:00 Make Cupcakes 12:00 Lunch 2:00 VAN RIDE 3:00 Cake & Ice Cream 4:00 Quiet Movie 5:00 Dinner</p> <p>HAPPY BIRTHDAY BETTY ROMAN!!</p>	<p>9:00 Rejuvenation 10:00 Noodle Balloon 11:00 Book Club 12:00 Lunch 1:30 Massages 3:00 Snack Time 4:00 Singing W/ Sue Talmage 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Target Ball 11:00 Nursing Rhymes 12:00 Lunch 1:30 Pet Therapy 3:00 Snack Time 4:00 Manicures 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Parachute 11:00 Sing-A-Long 12:00 Lunch 1:30 Coloring 3:00 CAKE & ICE CREAM! 4:00 Movie N' Popcorn 5:00 Dinner</p> <p>HAPPY BIRTHDAY AGNES DUMAS! 100th BIRTHDAY!!</p>
<p>9:00 Rejuvenation 10:00 Parachute 11:00 Art Activity 12:00 Lunch 2:00 VAN RIDE 3:00 Snack Time 4:00 Singing W/ Cindy Tiede 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Noodle Balloon 11:00 Book Club 12:00 Lunch 1:30 Massages 3:00 Snack Time 4:00 Singing W/Debra Bowers 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Bowling 11:00 Nursing Rhymes 12:00 Lunch 1:30 Pet Therapy 3:00 Snack Time 4:00 Manicures 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Parachute 11:00 Sing-A-Long 12:00 Lunch 1:30 Coloring 3:00 Snack Time 4:00 Movie N' Popcorn 5:00 Dinner 8:00 p.m. UTAH VS. BYU GAME!! "Walk to END Alzheimer's Disease!!"</p>
<p>9:00 Rejuvenation 10:00 Parachute 11:00 Art Activity 12:00 Lunch</p> <p>1:30 THANKSGIVING POINT TRIP!</p> <p>3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Noodle Balloon 11:00 Make Cupcakes! 12:00 Lunch 2:30 Singing W/ Karalyn Roundy 3:00 Cake & Ice Cream 4:00 Scrapbooking 5:00 Dinner 6:30 Alzheimer's/Dementia Support Group on Assisted-Living Side</p>	<p>9:00 Rejuvenation 10:00 Target Ball 11:00 Nursing Rhymes 12:00 Lunch 1:30 Pet Therapy 3:00 Snack Time 4:00 Manicures 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Parachute 11:00 Sing-A-Long 12:00 Lunch 1:30 Coloring 3:00 Snack Time 4:00 Movie N' Popcorn 5:00 Dinner</p>
<p>9:00 Rejuvenation 10:00 Parachute 11:00 Art Activity 12:00 Lunch 2:00 Van Ride Canceled 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Noodle Balloon 11:00 Book Club 12:00 Lunch 1:30 Millcreek Vitals 3:00 Snack Time 4:00 Scrapbooking 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Bowling 11:00 Nursing Rhymes 12:00 Lunch 1:30 Pet Therapy 3:00 Snack Time 4:00 Singing W/Bill Stidd 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Parachute 11:00 Sing-A-Long 12:00 Lunch 1:30 Coloring 3:00 Snack Time 4:00 Movie N' Popcorn 5:00 Dinner</p>

September 2012

Megan West and Millard



Megan is our spotlight for September. She works as a CNA. Megan also worked as a sweeper. She likes dogs and ducks. She also likes Chinese food, the colors blue and red, arts and crafts, fiction and romance novels, and music. She plays the piano and violin. She has traveled to California and Vegas. One of her accomplishments is having her Associates degree a year out of high school. Her favorite holiday is 4th of July. Her family traditions are her grandparents always sleep over on Christmas Eve. Megan works very well with our residents. We appreciate all that she does here for our Carrington Court family.

"This Month In History" SEPTEMBER

1522: Ferdinand Magellan's ship the Victoria, one of five to go on his expedition, arrives in Spain, completing the first circumnavigation of the Earth.

1698: In an effort to modernize his country, Russian Czar Peter the Great orders his noblemen to cut off their beards.

1774: The first session of the Continental Congress convenes. Twelve of the 13 colonies send delegates, who meet at Carpenter's Hall in Philadelphia.

1836: Sam Houston is elected president of the Republic of Texas. After the United States annexes Texas, he serves as a U.S. senator and as the state's governor.

1846: The eighth planet from the sun, Neptune, is discovered and named for the Roman god of the sea.

1921: The first Miss America Pageant is held in Atlantic City, N.J., where 16-year-old Margaret Gorman is crowned.

1966: The original "Star Trek" television series premieres. Although canceled after three seasons, the series becomes a cult classic in syndication, leading to additional TV series, feature films and books.

1969: Chemical Bank in New York opens its first automated teller machine, kicking off a proliferation of ATMs over the next four decades.

1976: NASA unveils its first space shuttle, the Enterprise, during a ceremony in Palmdale, Calif.

1981: Sandra Day O'Connor takes her place on the U.S. Supreme Court, the first woman to do so.

1998: The U.S. government requires all cars to have air bags.

2002: Kelly Clarkson wins the first season of the television show "American Idol."

2005: Michael Eisner, who saw the company through a great resurgence, resigns as CEO of Disney.