

# November



9:00 Rejuvenation  
9:30 LDS Sacrament Meeting  
10:30 Music & Memory Therapy  
10:30 Ladies' Spa Day  
12:00 Lunch  
1:30 Afternoon Movie  
5:00 Dinner

9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 Mind Joggers  
10:30 Time for Learning  
11:00 Old Time Radio/Singing  
12:00 Lunch  
2:00 "Out on the Town" Van Ride/One-on-One Activities  
3:30 Snack Time  
5:00 Dinner

9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 Indoor Sports/Target Practice  
11:30 Beanbag & Noodle Fun  
12:00 Lunch  
1:30 Book Club/ Visits with Residents  
1:30 Gospel Doctrine (AL Side)  
2:30 Balloon Badminton  
3:30 Snack Time  
3:30 Music/Bob Shorten  
5:00 Dinner

9:00 Rejuvenation  
9:30 "Out on the Town" Van Ride/One-on-One Activities  
9:30 Music & Memory Therapy  
12:00 Lunch  
1:30 Circle Games/Parachute Fitness  
3:30 Art Appreciation  
3:30 Snack Time  
5:00 Dinner

**Salon Day!**  
9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 Carrington Court Bowling  
12:00 Lunch  
1:30 Creative Craft/Thanksgiving Wreath  
3:30 *Music/Jessica Pugmire*  
3:30 Snack Time  
5:00 Dinner

9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 What's Cookin'??  
11:00 Check it out! Activities with the White Board  
12:00 Lunch  
1:30 Memorable Movie/Tasty Treat  
3:30 B-I-N-G-O  
5:00 Dinner

9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:30 Arts & Crafts  
12:00 Lunch  
1:30 B-I-N-G-O  
3:30 Fun & Games  
3:30 Snack Time  
5:00 Dinner

9:00 Rejuvenation  
9:30 LDS Sacrament Meeting  
10:30 Music & Memory Therapy  
10:30 Ladies' Spa Day  
12:00 Lunch  
1:30 Afternoon Movie  
5:00 Dinner

9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 Mind Joggers  
10:30 Time for Learning  
11:00 Old Time Radio/Singing  
12:00 Lunch  
2:00 "Out on the Town" Van Ride/One-on-One Activities  
3:30 Snack Time  
5:00 Dinner

9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 Indoor Sports/Target Practice  
11:30 Beanbag & Noodle Fun  
12:00 Lunch  
1:30 Book Club/ Visits with Residents  
1:30 Gospel Doctrine (AL Side)  
2:30 Balloon Badminton  
3:30 Snack Time  
3:30 Music/Bob Shorten  
5:00 Dinner

9:00 Rejuvenation  
9:30 "Out on the Town" Van Ride/One-on-One Activities  
9:30 Music & Memory Therapy  
12:00 Lunch  
1:30 Circle Games/Parachute Fitness  
3:30 Art Appreciation  
3:30 Snack Time  
5:00 Dinner

**Salon Day!**  
9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 Carrington Court Bowling  
12:00 Lunch  
1:30 Creative Craft Class  
3:30 *Music/Old Time Fiddlers*  
3:30 Snack Time  
5:00 Dinner

9:00 Rejuvenation  
9:30 Pet Therapy  
9:30 Music & Memory Therapy  
10:00 What's Cookin'??  
11:00 Check it out! Activities with the White Board  
12:00 Lunch  
1:30 Memorable Movie/Tasty Treat  
3:30 B-I-N-G-O  
5:00 Dinner

9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:30 Arts & Crafts- Celebrate Veteran's Day  
12:00 Lunch  
1:30 B-I-N-G-O  
3:30 Fun & Games  
3:30 Snack Time  
5:00 Dinner

9:00 Rejuvenation  
9:30 LDS Sacrament Meeting  
10:30 Music & Memory Therapy  
10:30 Ladies' Spa Day  
12:00 Lunch  
1:30 Afternoon Movie  
5:00 Dinner

9:00 Rejuvenation  
9:30 "Out on the town" Van Ride/One-on-One Activities  
9:30 Music & Memory Therapy  
12:00 Lunch  
1:30 Mind Joggers  
3:30 Time for Learning  
3:30 Snack Time  
4:00 Old Time Radio/Singing  
5:00 Dinner

9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 Indoor Sports/Target Practice  
11:30 Beanbag & Noodle Fun  
12:00 Lunch  
1:30 Book Club/ Visits with Residents  
1:30 Gospel Doctrine (AL Side)  
2:30 Balloon Badminton  
3:30 Snack Time  
4:00 B-I-N-G-O  
5:00 Dinner

9:00 Rejuvenation  
9:30 "Out on the Town" Van Ride/One-on-One Activities  
9:30 Music & Memory Therapy  
12:00 Lunch  
1:30 One-on-One Activities  
3:30 Snack Time  
3:30 B-I-N-G-O  
5:00 Dinner

**Salon Day!**  
9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 Creative Craft Class/Make Bracelets  
12:00 Lunch  
1:30 Get Ready for Party  
3:30 Snack Time  
5:00 **Thanksgiving Dinner**

9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 What's Cookin'??  
11:00 Check it out! Activities with the White Board  
12:00 Lunch  
1:30 Memorable Movie/Tasty Treat  
3:30 B-I-N-G-O  
5:00 Dinner

9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:30 Arts & Crafts  
12:00 Lunch  
1:30 B-I-N-G-O  
3:30 Fun & Games  
3:30 Snack Time  
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9:00 Rejuvenation  
9:30 "Out on the town" Van Ride/One-on-One Activities  
9:30 Music & Memory Therapy  
12:00 Lunch  
1:30 Mind Joggers  
2:30 Time for Learning  
3:30 Old Time Radio/Singing  
3:30 Snack Time  
5:00 Dinner

9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 Indoor Sports/Target Practice  
11:30 Beanbag & Noodle Fun  
12:00 Lunch  
1:30 Book Club/ Visits with Residents  
1:30 Gospel Doctrine (AL Side)  
2:30 Balloon Badminton  
3:30 Snack Time  
4:00 B-I-N-G-O  
5:00 Dinner

**Salon Day!**  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 Circle Games/Parachute Fun  
10:30 Art Appreciation  
12:00 Lunch  
2:00 "Van Ride/One-on-One Activities  
3:30 Snack Time  
5:00 Dinner

**CELEBRATE THANKSGIVING**  
12:00 Lunch  
5:00 Dinner

9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 What's Cookin'??  
11:00 Check it out! Activities with the White Board  
12:00 Lunch  
1:30 Memorable Movie/Tasty Treat  
3:30 B-I-N-G-O  
5:00 Dinner

9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:30 Arts & Crafts  
12:00 Lunch  
1:30 B-I-N-G-O  
3:30 Fun & Games  
3:30 Snack Time  
5:00 Dinner

9:00 Rejuvenation  
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5:00 Dinner

9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 Mind Joggers  
10:30 Time for Learning  
11:00 Old Time Radio/Singing  
12:00 Lunch  
2:00 "Out on the Town" Van Ride/One-on-One Activities  
3:30 Snack Time  
5:00 Dinner

**BIRTHDAY BASH!**  
9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 Indoor Sports/Target Practice  
11:30 Bean Bag & Noodle Fun  
12:00 Lunch  
1:30 Book Club/ Visits with Residents  
1:30 Gospel Doctrine (AL Side)  
2:30 Balloon Badminton  
3:30 Snack Time  
4:00 B-I-N-G-O  
5:00 Dinner

9:00 Rejuvenation  
9:30 "Trip to Festival of Trees" Van Ride/One-on-One Activities  
9:30 Music & Memory Therapy  
12:00 Lunch  
1:30 Piano/Christmas Music  
3:30 B-I-N-G-O  
3:30 Snack Time  
5:00 Dinner

**Salon Day!**  
9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 Carrington Court Bowling  
12:00 Lunch  
1:30 *Music/Christmas Duets*  
3:30 *Music/Lynda Davidson*  
3:30 Snack Time  
5:00 Dinner

9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 What's Cookin'??  
11:00 Check it out! Activities with the White Board  
12:00 Lunch  
1:30 Memorable Movie/Tasty Treat  
3:30 B-I-N-G-O  
5:00 Dinner

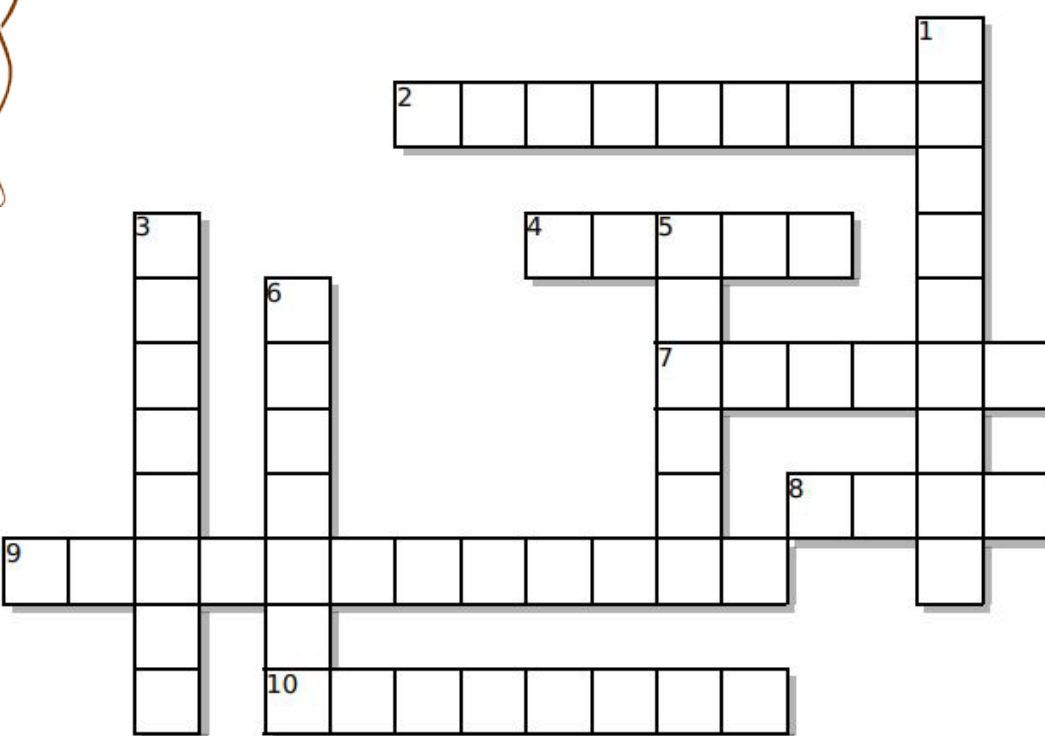


# Veteran's Day



Veteran's Day is a holiday held in November to honor all military personnel who have served in the U.S. armed forces. Veteran's Day was originally called "Armistice Day," and the date was chosen to commemorate the signing of the armistice with Germany that ended hostilities during World War I.

## Thanksgiving Crossword



### Across

- 2. Pilgrims sailed across this \_\_\_\_\_.
- 4. A big meal
- 7. Thanksgiving bird
- 8. Maze is made of \_\_\_\_\_.
- 9. Holiday of this crossword
- 10. Month celebrating Thanksgiving

### Down

- 1. Red berry
- 3. Sport commonly watched on Thanksgiving
- 5. Thanksgiving is celebrated during this season \_\_\_\_\_.
- 6. Orange vegetable used in pie



*Carrington Court*

1928 W 9800 S South Jordan, UT 84095 801-676-8787

THANKSGIVING DINNER AT 5:00 P.M. ON THURSDAY, NOVEMBER 15TH  
Please come and enjoy a wonderful early Thanksgiving dinner at Carrington Court. Every resident is asked to invite two guests to join them that day for dinner. We all look forward to this special family evening. Please sign up at the front desk.



**Thanksgiving Delights**  
T for time to be together, turkey, talk, and tangy weather.  
H for harvest stored away, home, and hearth, and holiday.  
A for autumn's frosty art, and abundance in the heart.  
N for neighbors, and November, nice things, new things to remember.  
K for kitchen, kettles' croon, kith and kin expected soon.  
S for sizzles, sights, and sounds, and something special that abounds.  
That spells ~~~THANKS~~~for joy in living and a jolly good Thanksgiving

## November 2018

### Festival of Trees



This month's field trip will be to the Festival of Trees. It is scheduled for Wednesday, November 28, we will load at 9:00 a.m., and leave by 9:30 a.m. It should be a beautiful event that gets us all in the Christmas spirit.

### Happy Birthday!

- |                   |                   |
|-------------------|-------------------|
| Annette A. - 7th  | Richard D. - 25th |
| David L. - 14th   | Diane F. - 27th   |
| Dorothy S. - 18th | Joyce B. - 29th   |
| Don U. - 23rd     | Livia B. - 29th   |