



Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616

LARENE MCBRIDE

Larene was born on March 20, 1923. She was raised in Morgan, Utah, and grew up with three older brothers. Larene worked for the State of Utah in several different departments. She lived in Salt Lake, Kaysville and South Jordan. The things in life that are special to Larene are her home, family, work and her dogs. Larene was very proud that she learned to type on the computer with one hand, also to knit and crochet. Her favorite movie is "Singing in the Rain" with Debbie Reynolds. Larene and her husband have two daughters, four grandchildren and four great-grandchildren. Some of her hobbies were crocheting afghans for her family and friends. She donated many to Primary Children's Hospital and the Christmas Box House. She also got great joy from reading. Larene has such a great smile. We are so glad she has joined us.



November 2015

Thanksgiving Dinner at 5 p.m. on Thursday, Nov. 19

Please come enjoy our Thanksgiving dinner. Each resident would love to have two guests join them for a nice evening. Our field trip this month is to the Fort Douglas Museum on Wednesday, Nov. 11. Please RSVP at carringtoncourtal.com.

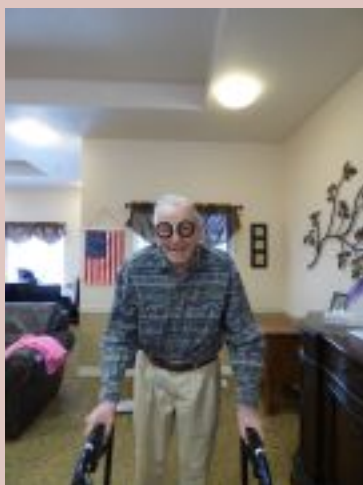


HAPPY BIRTHDAY!

Annette Adams
Harvey Ladd

Nov. 7
Nov. 9






NATIONAL ASSISTED LIVING WEEK

We all had such a wonderful time celebrating the 20th annual National Assisted Living Week. Each day was a different theme, with dress up, activities and great food.

Sunday	Monday	Tuesday
1	2	3
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Watercolor Painting 12:00 Lunch 1:30 Sort & Match 2:00 Table Games 3:00 Ladies' Spa Day 3:30 Movie N' Popcorn 5:00 Dinner	9:00 Rejuvenation 9:30 Fun With Words 10:00 Groove'N & Move'N! 11:00 Time for Learning 12:00 Lunch 1:30 Van Ride/Skills Practice 3:30 Snack Time 4:00 Piano/Sing-A-Long 5:00 Dinner	9:00 Rejuvenation 9:30 Trivia 10:00 Groove'N & Move'N 11:00 "Name That Tune"/Sing-A-Long 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 2:00 Sports/Games/Puzzles 3:30 Ice Cream Social 4:00 Pet Therapy/Respite Video 5:00 Dinner
8	9	10
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Watercolor Painting 12:00 Lunch 1:30 Sort & Match 2:00 Table Games 3:00 Ladies' Spa Day 3:30 Movie N' Popcorn 5:00 Dinner	9:00 Rejuvenation 9:30 Fun With Words 10:00 Groove'N & Move'N! 11:00 Time for Learning 12:00 Lunch 1:30 Van Ride/Skills Practice 3:30 Snack Time 4:00 Piano/Sing-A-Long 5:00 Dinner	9:00 Rejuvenation 9:30 Trivia 10:00 Groove'N & Move'N 11:00 "Name That Tune"/Sing-A-Long 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 2:00 Music/WJ Senior Band 3:30 Ice Cream Social 4:00 Pet Therapy/Respite Video 5:00 Dinner
15	16	17
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Watercolor Painting 12:00 Lunch 1:30 Sort & Match 2:00 Table Games 3:00 Ladies' Spa Day 3:30 Movie N' Popcorn 5:00 Dinner	9:00 Rejuvenation 9:30 Fun With Words 10:00 Groove'N & Move'N! 11:00 Time for Learning 12:00 Lunch 1:30 Van Ride/Skills Practice 3:30 Snack Time 4:00 Music W/Lynda Davidson 5:00 Dinner	9:00 Rejuvenation 9:30 Trivia 10:00 Groove'N & Move'N 11:00 "Name That Tune"/Sing-A-Long 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 2:00 Sports/Games/Puzzles 3:30 Ice Cream Social 4:00 Pet Therapy/Music Jimmy 5:00 Dinner
22	23	24
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Watercolor Painting 12:00 Lunch 1:30 Sort & Match 2:00 Table Games 3:00 Ladies' Spa Day 3:30 Movie N' Popcorn 5:00 Dinner	9:00 Rejuvenation 9:30 Fun With Words 10:00 Groove'N & Move'N! 11:00 Time for Learning 12:00 Lunch 1:30 Van Ride/Skills Practice 3:30 Snack Time 4:00 Music W/Mike Westburg 5:00 Dinner	9:00 Rejuvenation 9:30 Trivia 10:00 Groove'N & Move'N 11:00 "Name That Tune"/Sing-A-Long 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 2:00 Sports/Games/Puzzles 3:00 Music W/ Jim Connors 4:00 Pet Therapy/Respite Video 5:00 Dinner
29	30	
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Watercolor Painting 12:00 Lunch 1:30 Sort & Match 2:00 Table Games 3:00 Ladies' Spa Day 3:30 Movie N' Popcorn 5:00 Dinner	9:00 Rejuvenation 9:30 Fun With Words 10:00 Groove'N & Move'N! 11:00 Time for Learning 12:00 Lunch 1:30 Van Ride/Skills Practice 3:30 Snack Time 4:00 Piano/Sing-A-Long 5:00 Dinner	

Wednesday	Thursday	Friday	Saturday
<p>4</p> <p>9:00 Rejuvenation 9:30 Fun With Art 11:00 Balloon Badminton 12:00 Lunch 1:30 Van Ride/Skills Practice 3:30 Snack Time 4:00 Bowling 5:00 Dinner</p>	<p>5</p> <p>9:00 Rejuvenation 9:30 Nursery Rhymes 10:00 Groove'N & Move'N 11:00 Rhythm Band & Singing 12:00 Lunch 2:00 Music/Act III 3:30 Snack Time 4:00 Music W/Sheri & Rosie 5:00 Dinner Beautician Day!</p>	<p>6</p> <p>9:00 Rejuvenation 9:30 What's Cookin'? 11:00 Wheel of Fortune 12:00 Lunch 1:30 Bingo 3:30 Movie/Tasty Treat 5:00 Dinner</p>	<p>7</p> <p>9:00 Rejuvenation 9:30 Coloring/Art Activity 11:00 Parachute/Beach Ball 12:00 Lunch 1:30 Fun & Games 3:30 Snack Time 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
<p>11</p> <p>Veterans Day</p> <p>9:00 Rejuvenation 9:30 Fun With Art 11:00 Balloon Badminton 12:00 Lunch 1:30 Field Trip to Fort Douglas Museum 3:30 Snack Time 4:00 Bowling 5:00 Dinner</p>	<p>12</p> <p>9:00 Rejuvenation 9:30 Nursery Rhymes 10:00 Groove'N & Move'N 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Craft Class 3:30 Snack Time 4:00 Music W/Debra Bowers 5:00 Dinner Beautician Day!</p>	<p>13</p> <p>9:00 Rejuvenation 9:30 What's Cookin'? 11:00 Wheel of Fortune 12:00 Lunch 1:30 Bingo 3:30 Movie/Tasty Treat 5:00 Dinner</p>	<p>14</p> <p>9:00 Rejuvenation 9:30 Coloring/Art Activity 11:00 Parachute/Beach Ball 12:00 Lunch 1:30 Fun & Games 3:30 Snack Time 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
<p>18</p> <p>9:00 Rejuvenation 9:30 Fun With Art 11:00 Balloon Badminton 12:00 Lunch 1:30 Van Ride/Skills Practice 3:30 Snack Time 4:00 Bowling 5:00 Dinner</p>	<p>19</p> <p>9:00 Rejuvenation 9:30 Nursery Rhymes 10:00 Groove'N & Move'N 10:30 Rhythm Band & Singing 12:00 Lunch 1:30 Craft Class 3:30 Snack Time 5:00 Thanksgiving Dinner Beautician Day!</p>	<p>20</p> <p>9:00 Rejuvenation 9:30 What's Cookin'? 11:00 Wheel of Fortune 12:00 Lunch 1:30 Bingo 3:30 Movie/Tasty Treat 5:00 Dinner</p>	<p>21</p> <p>9:00 Rejuvenation 9:30 Coloring/Art Activity 11:00 Parachute/Beach Ball 12:00 Lunch 1:30 Fun & Games 3:30 Snack Time 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
<p>25</p> <p>9:00 Rejuvenation 10:00 Van Ride/Skills Practice 11:00 Balloon Badminton 12:00 Lunch 1:30 One on One Activities 3:30 Snack Time 4:00 Bowling 5:00 Dinner</p>	<p>26</p> <p>HAPPY THANKSGIVING</p> <p>9:00 Rejuvenation 9:30 Nursery Rhymes 10:00 Groove'N & Move'N 10:30 Rhythm Band & Singing 12:00 Lunch 1:30 Craft Class 3:00 Snack Time 3:30 Movie 5:00 Dinner Beautician Day!</p>	<p>27</p> <p>9:00 Rejuvenation 9:30 What's Cookin'? 11:00 Wheel of Fortune 12:00 Lunch 1:30 Bingo 3:30 Movie/Tasty Treat 5:00 Dinner</p>	<p>28</p> <p>9:00 Rejuvenation 9:30 Coloring/Art Activity 11:00 Parachute/Beach Ball 12:00 Lunch 1:30 Fun & Games 3:30 Snack Time 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
<p><i>Appreciate each other and our journey in this life. Smile and make a friend every day. We all can make a difference in someone's life. We appreciate you!</i></p>	<p>★ ★ ★ ★</p> <p>HONOR</p> <p>OUR VETS</p> <p>★ ★ ★ ★</p>	<p>Happy</p>  <p>Thanksgiving</p>	<p>We Strive to Support These Parts of Everyone's Lives.</p> <p>Social Physical Emotional Spiritual Intellectual</p>

November 2015

Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13	
14					15				16				
17					18				19				
20				21	22				23				
			24					25	26				
27	28	29					30				31	32	33
34							35				36		
37				38	39						40		
41				42							43		
44				45					46	47			
			48						49				
50	51	52					53				54	55	56
57							58	59			60	61	
62							63				64		
65							66				67		

ACROSS

- Monroe's successor
- Spring dance
- Make a mess
- Fabric with a wavy pattern
- Dinner course
- Wild feline
- Accessory
- One with a breathing disorder
- Grads.-to-be
- Saga
- Mountain ridge
- Pretense
- Concocted
- Lathe
- Appear
- Brazilian gentleman
- Fictional estate
- Earth: Lat.
- ___ pedestal; lovingly honored
- Irritates
- ___ Z; full gamut
- Bread spread
- Oman's location
- Word with cent or chance
- Love deity
- Bar
- Beverage container
- Soothe

DOWN

- Elec. units
- Gloomy
- Haughtiness
- Fem. title
- Be furious
- 1 of 150
- ___ Kennedy
- Not "safe"
- Driver's speed: abbr.
- Lean
- Stringed instrument
- Delete
- Walk the floor
- Lunatic
- Swiss river
- Hot tubs
- Holiday greeting start
- Prefix for space or gram
- Belt
- High: Fr.

ACROSS

- Shady place
- Clothes maker
- Use a divining rod
- Walking ___; joyous
- Amerindian language
- Caruso or Pavarotti
- Softened
- ___ plate
- Was generous
- Type of dance
- Express acceptance
- Opposite of depress
- Mr. John
- Arthur with a racket
- Eur. language
- Peddle
- On the subject of
- Wander
- Copycat
- Belonging to that girl
- Cooler
- 46 Across order

DOWN

- A necklace of flowers



Happy THANKSGIVING