



# Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616

## Thanksgiving Dinner at 5 p.m. on Thursday, Nov. 20

Please come enjoy our Thanksgiving dinner. Each resident would love to have two guests join them for a nice evening. Field trip to Bean Museum on Mon., Nov. 3, and Wed., Nov. 5. Loading bus at 1 p.m. Please RSVP at [carringtoncourtal.com](http://carringtoncourtal.com) or call 801-285-8311.

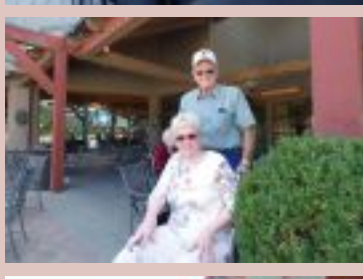
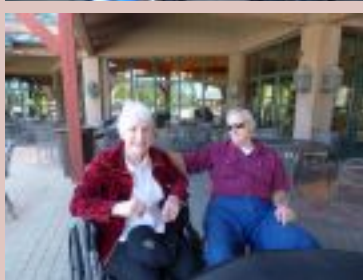


Nancy Eichbauer, our lady spotlight, was born on Aug. 21 and is 74 yrs. old. She has lived in the SLC, Utah, area all her life. She has been married 53 yrs. They made their home in Granger and raised 4 children. She has 7 grandchildren and 5 great-grandchildren. Things she has loved are her family and fixing Sunday dinners for them; serving church callings, especially being camp director. She enjoyed being on a bowling league, sewing and traveling with her husband. They have been to Europe, Hawaii, Alaska, Panama Canal and her favorite, New York City. She worked as a counseling secretary for Bennion High School for 17 yrs. Nancy walked daily at 5 a.m. with her friends and she was known as the nicest mom on the block. Love you!

## November 2014



James Francis "Jim" Bunnell was born on March 14, 1920, in Boise, ID. His mother died when he was a small boy, so he was raised by both sets of grandparents. He grew up in Vancouver, WA, where he passed many hours with his grandpa, the owner of the town music store. This is still evident in his love of music and his ability to pick out many familiar tunes. Jim was a sergeant in the U.S. Air Force. His skills as a welder were used to repair damaged planes during WWII. After the war, he entered the Seminary. He later went to law school nights and graduated with a Juris Doctor. The primary focus of his career was in the insurance industry; he owned his own insurance firm. He married his sweetheart, Sarah; they have 5 children. He still rattles off their names as fast as lightning! Just ask him. Love you!



Sunday	Monday	Tuesday
	<p>National Family Caregivers Month</p> 	<p>Happy Thanksgiving</p> 
2	3	4
9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:00 Circle Games/Parachute 11:00 Magazines/Newspaper 12:00 Lunch <b>1:30 Bean Museum Field Trip/ 1:1 Activities</b> 3:00 Snack Time / Walk About 4:00 Fun With Words 5:00 Dinner	9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Reminiscing 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side) / Target Practice</b> Beanbags 2:30 Check It Out! Activities at the Tables <b>3:00 Snacks</b> 4:00 Pet Therapy 5:00 Dinner
9	10	11
9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:00 Circle Games/Parachute 11:00 Magazines/Newspaper 12:00 Lunch <b>1:30 Van Ride/1:1 Activities</b> 3:00 Snack Time / Walk About 4:00 Fun With Words 5:00 Dinner	<b>Veterans Day</b> 9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Reminiscing 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side) / Target Practice</b> Beanbags 2:30 Check It Out! Activities <b>3:00 Snack</b> 4:00 Pet Therapy 5:00 Dinner <b>6:00 Girls' Singing Group</b>
16	17	18
9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:00 Circle Games/Parachute 11:00 Magazines/Newspaper 12:00 Lunch <b>1:30 Van Ride/1:1 Activities</b> 3:00 Snack Time / Walk About 4:00 Fun With Words 5:00 Dinner	9:00 Rejuvenation 10:00 Bend & Stretch 11:00 <b>Music Dan Adams</b> 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side) / Target Practice</b> Beanbags 2:30 Check It Out! Activities at the Tables <b>3:00 Snacks</b> 4:00 Pet Therapy 5:00 Dinner
23/30	24	25
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## Wednesday

## Thursday

## Friday

## Saturday



Wednesday	Thursday	Friday	Saturday
	The activities we have listed here are to engage our residents and stimulate their attention. We respect that at times they are not interested and need rest or quiet time. Our purpose is to accommodate and be aware of their needs.	One-on-One Activities: Time to engage one resident at a time in appropriate exercise or movements. Focus on who they are and what may interest them. Communicate. Talk and walk. See them smile.	1 9:00 Rejuvenation 10:00 Sit N' Be Fit / "Sing-Along" Karaoke 11:00 Indoor Sports 12:00 Lunch 1:00 Coloring / Building 3:00 Snacks / Bingo 4:00 Puzzles / Patterns 5:00 Dinner
5 9:00 Rejuvenation 10:00 Internet Adventures 11:00 Chair Dancing & Singing 12:00 Lunch 1:30 <b>Bean Museum Field Trip</b> / Skills Practice 3:00 Snacks 3:30 Memorable Movie 5:00 Dinner	6 9:00 Rejuvenation 10:00 Play Ball / Counting Our Blessings 11:00 Book Club/Stories 12:00 Lunch 1:30 Cut & Paste Journals 3:00 Snack Time 4:00 Massages and Memories 5:00 Dinner <b>Beautician Day!</b>	7 9:00 Rejuvenation 10:00 Rhythm Band & Move With the Music 11:00 <b>Music Debra Bowers</b> 12:00 Lunch 1:30 Table Games / Crafts 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner	8 9:00 Rejuvenation 10:00 Sit N' Be Fit / "Sing-Along" Karaoke 11:00 Indoor Sports 12:00 Lunch 1:00 Coloring / Building 3:00 Snacks / Bingo 4:00 Puzzles / Patterns 5:00 Dinner
12 9:00 Rejuvenation 10:00 Internet Adventures 11:00 Chair Dancing & Singing 12:00 Lunch 1:30 Van Ride / Skills Practice 3:00 Snacks 3:30 Memorable Movie 5:00 Dinner	13 9:00 Rejuvenation 10:00 Play Ball / Counting Our Blessings 11:00 Book Club/Stories 12:00 Lunch 1:30 Cut & Paste Journals 3:00 Snack Time 4:00 <b>Music With Sue Talmage</b> 5:00 Dinner <b>Beautician Day!</b>	14 9:00 Rejuvenation 10:00 Rhythm Band & Move With the Music 11:00 Time for Learning 12:00 Lunch 1:30 Table Games / Crafts 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner	15 9:00 Rejuvenation 10:00 Sit N' Be Fit / "Sing-Along" Karaoke 11:00 Indoor Sports 12:00 Lunch 1:00 Coloring / Building 3:00 Snacks / Bingo 4:00 Puzzles / Patterns 5:00 Dinner
19 9:00 Rejuvenation 10:00 Internet Adventures 11:00 Chair Dancing & Singing 12:00 Lunch 1:30 Van Ride / Skills Practice 3:00 Snacks 3:30 Memorable Movie 5:00 Dinner	20 <b>Thanksgiving Party 5:00</b> 9:00 Rejuvenation 10:00 Play Ball / Counting Our Blessings 11:00 Book Club/Stories 12:00 Lunch 1:30 Cut & Paste Journals 3:00 Snack Time 4:00 Massages and Memories 5:00 Thanksgiving Dinner Party <b>Beautician Day!</b>	21 9:00 Rejuvenation 10:00 Rhythm Band & Move With the Music 11:00 <b>Music Karalyn Roudy</b> 12:00 Lunch 1:30 Table Games / Crafts 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner	22 <b>Happy Birthday, Don Eggers</b> 9:00 Rejuvenation 10:00 Sit N' Be Fit / "Sing-Along" Karaoke 11:00 Indoor Sports 12:00 Lunch 1:00 Coloring / Building 3:00 Snacks / Bingo 4:00 Puzzles / Patterns 5:00 Dinner
26 9:00 Rejuvenation 10:00 Internet Adventures 11:00 Chair Dancing & Singing 12:00 Lunch 1:30 Van Ride / Skills Practice 3:00 Snacks 3:30 Memorable Movie 5:00 Dinner	27 <b>Thanksgiving</b> 9:00 Rejuvenation 10:00 Play Ball / Counting Our Blessings 11:00 Book Club/Stories 12:00 Lunch 1:30 Cut & Paste Journals 3:00 Snack Time 4:00 Massages and Memories 5:00 Dinner	28 9:00 Rejuvenation 10:00 Rhythm Band & Move With the Music 11:00 Time for Learning 12:00 Lunch 1:30 Table Games / Crafts 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner	29 9:00 Rejuvenation 10:00 Sit N' Be Fit / "Sing-Along" Karaoke 11:00 Indoor Sports 12:00 Lunch 1:00 Coloring / Building 3:00 Snacks / Bingo 4:00 Puzzles / Patterns 5:00 Dinner

# November 2014

## Maria Espinoza Is Our CNA Spotlight for November



Counting Our Blessings

Maria is from Veracruz, Mexico. Her birthday is Jan. 17. She is the eighth of 11 children in her family. Her favorites are watching mystery movies and listening to country and Spanish music. She also likes to sing. She enjoyed her vacation to San Francisco. Her favorite foods are shrimp, fried rice and Mexican food. What is important to Maria is her father and her son and daughter—her whole family! Maria is proud of her father because he raised 11 children and was a farmer. He is 88 and still rides horses. She hopes to return to Mexico in the future. She thinks Carrington Court is an awesome place to work. We are happy and proud to have Maria as part of our team. She is kind and efficient; our residents and staff love her.

## November Field Trip to Bean Life Science Museum at BYU



Come spend a fun and interesting afternoon with us.

The Bean Life Science Museum reopened this year with many interesting displays. Check out their website. (I have included it here <http://mlbean.byu.edu/>.) This will be an exciting outing. The dates for this field trip are Monday, the 3rd, and Wednesday, the 5th of November. The bus loads at 1 p.m. You are welcome to ride with us. The museum is at BYU in Provo. We plan to return by 4 p.m. Wheelchairs can be reserved. You are welcome to meet us there with your families and make it a family day. Please RSVP for this outing and for the Thanksgiving dinner that will be on Nov. 20 at 5 p.m. (two guests per resident). RSVP at [carringtoncourtal.com](http://carringtoncourtal.com) or call 801-285-8311. Making memories is fun.