



# Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616

## Fort Douglas Museum Trip



Wednesday, Nov. 13. Loading bus at 1:30 p.m.  
Go to [carringtoncourtal.com](http://carringtoncourtal.com) to RSVP.



## Thanksgiving Dinner

You're invited to our annual Family Thanksgiving dinner on Thursday, Nov. 21, at 5 p.m. Please go to [carringtoncourtal.com](http://carringtoncourtal.com) to RSVP.

## November 2013




### Oliver McPherson

Oliver is our "resident spotlight" for November. Oliver and Gwen met on a blind date and later married. Together, they have four children, 14 grandchildren, and four great-grandchildren. Oliver loves chicken and peanut butter crackers. He loves family get-togethers. He also loves to go on the bus rides, be outside, visits, and kids. Thank you, Oliver, for your love and beautiful smile!!





Sunday	Monday	Tuesday
 <span style="font-size: 2em; font-weight: bold;">NOVEMBER</span> 		
<b>3</b>	<b>4</b>	<b>5</b>
9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> <b>10:30 Arts &amp; Crafts</b> 12:30 Lunch <b>2:00 Table Games</b> 3:00 Ice Cream Social <b>4:00 Quiet Movie</b> 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Kickball</b> 11:00 Magazines 12:00 Lunch <b>2:00 Van Ride</b> 3:00 Snack Time <b>4:00 1:1 Activities</b> 5:00 Dinner	9:00 Rejuvenation <b>10:00 Badminton Balloon</b> 11:00 Reminiscing 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side)</b> 4:00 Pet Therapy 5:00 Dinner
<b>10</b>	<b>Veterans Day</b>	<b>11</b>
9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> <b>10:30 Arts &amp; Crafts</b> 12:30 Lunch <b>2:00 Table Games</b> 3:00 Ice Cream Social <b>4:00 Quiet Movie</b> 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Kickball</b> 11:00 Magazines 12:00 Lunch <b>2:00 Van Ride</b> 3:00 Snack Time <b>4:15 Singing W/Linda Davison!</b> 5:00 Dinner	9:00 Rejuvenation <b>10:00 Badminton Balloon</b> 11:00 Reminiscing 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side)</b> 4:00 Pet Therapy 5:00 Dinner
<b>17</b>	<b>18</b>	<b>19</b>
9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> <b>10:30 Arts &amp; Crafts</b> 12:30 Lunch <b>2:00 Table Games</b> 3:00 Ice Cream Social <b>4:00 Quiet Movie</b> 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Kickball</b> 11:00 Magazines 12:00 Lunch <b>2:00 Van Ride</b> 3:00 Snack Time <b>4:00 1:1 Activities</b> 5:00 Dinner	9:00 Rejuvenation <b>10:00 Badminton Balloon</b> 11:00 Reminiscing 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side)</b> 4:00 Pet Therapy 5:00 Dinner
<b>24</b>	<b>25</b>	<b>26</b>
9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> <b>11:00 Make Cupcakes</b> 12:30 Lunch <b>2:00 Table Games</b> 3:00 Cake & Ice Cream <b>4:00 Quiet Movie</b> 5:00 Dinner  <b>Happy Birthday, Gussie &amp; Ruth!!</b>	9:00 Rejuvenation 10:00 <b>Kickball</b> 11:00 Magazines 12:00 Lunch <b>2:00 Van Ride</b> 3:00 Snack Time <b>4:00 1:1 Activities</b> 5:00 Dinner	9:00 Rejuvenation <b>10:00 Badminton Balloon</b> 11:00 Reminiscing 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side)</b> 4:00 Pet Therapy 5:00 Dinner

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<p>9:00 Rejuvenation  <b>10:00 Parachute</b>            11:00 "Sing Me a Song"            12:00 Lunch  <b>2:00 VAN RIDE</b>            3:00 Snack Time  <b>4:00 Singing W/Debbie Bowers!</b>            5:00 Dinner</p> <p style="text-align: center;"><b>Beautician Day!</b></p>	<p>9:00 Rejuvenation  <b>10:00 Noodle Balloon</b>            11:00 Book Club            12:00 Lunch  <b>1:30 Massages</b>            3:00 Snack Time  <b>4:00 Singing W/Sue Talmage!</b>            5:00 Dinner</p>	<p>9:00 Rejuvenation            10:00 Exercise Time            11:00 Nursing Rhymes            12:00 Lunch            1:30 Table Games            3:00 Snack Time  <b>4:00 Manicures</b>            5:00 Dinner</p>	<p>9:00 Rejuvenation  <b>10:00 Parachute</b>  <b>11:00 Sing Along</b>            12:00 Lunch  <b>1:30 Coloring</b>            3:00 Snack Time  <b>4:00 Movie N' Popcorn</b>            5:00 Dinner</p>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<p>9:00 Rejuvenation  <b>10:00 Parachute</b>            11:00 "Sing Me a Song"            12:00 Lunch  <b>1:30 FORT DOUGLAS MUSEUM!!</b>            3:00 Snack Time  <b>4:15 Singing W/Cindy T!</b>            5:00 Dinner</p> <p style="text-align: center;"><b>Beautician Day!</b></p>	<p>9:00 Rejuvenation  <b>10:00 Noodle Balloon</b>            11:00 Make Cupcakes            12:00 Lunch  <b>1:30 Massages</b>            3:00 Cake &amp; Ice Cream  <b>4:00 Scrapbooking</b>            5:00 Dinner</p> <p style="text-align: center;"><b>Happy Birthday Lester Newsome!</b></p>	<p>9:00 Rejuvenation            10:00 Exercise Time  <b>11:00 Singing W/Karolyn Roundy!</b>            12:00 Lunch            1:30 Table Games            3:00 Snack Time  <b>4:00 Manicures</b>            5:00 Dinner</p>	<p>9:00 Rejuvenation  <b>10:00 Parachute</b>  <b>11:00 Sing Along</b>            12:00 Lunch  <b>1:30 Coloring</b>            3:00 Snack Time  <b>4:00 Movie N' Popcorn</b>            5:00 Dinner</p>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<p>9:00 Rejuvenation  <b>10:00 Parachute</b>            11:00 "Sing Me a Song"            12:00 Lunch  <b>2:00 VAN RIDE</b>            3:00 Snack Time            4:00 Quiet Movie            5:00 Dinner</p> <p style="text-align: center;"><b>Beautician Day!</b></p>	<p>9:00 Rejuvenation  <b>10:00 Noodle Balloon</b>            11:00 Book Club            12:00 Lunch            1:30 Vitals  <b>Set-up Party</b>  <b>5:00 FAMILY THANKSGIVING DINNER!</b>  <b>6:30 Alzheimer's Support Group on Assisted Living Side</b></p>	<p>9:00 Rejuvenation            10:00 Exercise Time            11:00 Nursing Rhymes            12:00 Lunch            1:30 Table Games            3:00 Snack Time  <b>4:00 Manicures</b>            5:00 Dinner</p>	<p>9:00 Rejuvenation  <b>10:00 Parachute</b>  <b>11:00 Sing Along</b>            12:00 Lunch  <b>1:30 Coloring</b>            3:00 Snack Time  <b>4:00 Movie N' Popcorn</b>            5:00 Dinner</p>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<p>9:00 Rejuvenation  <b>10:00 Parachute</b>            11:00 "Sing Me a Song"            12:00 Lunch  <b>2:00 VAN RIDE</b>            3:00 Snack Time            4:00 Quiet Movie            5:00 Dinner</p> <p style="text-align: center;"><b>Beautician Day!</b></p>	<p style="text-align: center;"><b>Thanksgiving</b></p> <p>9:00 Rejuvenation  <b>10:00 Noodle Balloon</b>            11:00 Book Club            12:00 Lunch  <b>1:30 Massages</b>            3:00 Snack Time  <b>4:00 Scrapbooking</b>            5:00 Dinner</p> <p style="text-align: center;"><b>HAPPY THANKSGIVING!!</b></p>	<p>9:00 Rejuvenation            10:00 Exercise Time            11:00 Nursing Rhymes            12:00 Lunch            1:30 Table Games            3:00 Snack Time  <b>4:00 Manicures</b>            5:00 Dinner</p>	<p>9:00 Rejuvenation  <b>10:00 Parachute</b>  <b>11:00 Sing Along</b>            12:00 Lunch  <b>1:30 Coloring</b>            3:00 Snack Time  <b>4:00 Movie N' Popcorn</b>            5:00 Dinner</p>



# November 2013

## Betty & Bree



Breana is our spotlight for November. She works as one of our CNAs. She is currently attending Salt Lake Community College and eventually she is going to transfer to the University of Utah and pursue a nursing degree. She has a dog. She loves Christmas. Her favorite food is Rancheritos. She has been to New York, the Caribbean, and Mexico. Breana admires Jennifer Mata because she's a great friend! Thank you, Breana, for all you do for our residents!!

## "This Month In History" NOVEMBER

**1558:** Queen Elizabeth I begins her reign as the monarch of England and Ireland, marking the start of what is now referred to as the Elizabethan Age.

**1800:** John Adams moves into the newly finished White House, the first president to live there.

**1851:** Herman Melville's story of Ishmael, Ahab and the titular whale "Moby Dick" is published. The book receives mixed reviews and few

copies are sold, but it is now considered an American classic.

**1922:** British archaeologists Howard Carter and Lord Carnarvon enter King Tutankhamun's tomb, eventually unveiling an Egyptian pharaoh undisturbed for more than 3,000 years.

**1924:** Sparking an annual tradition, Macy's Department Store puts on its first Thanksgiving Day parade.

**1948:** Harry Truman defeats presidential challenger Thomas Dewey, despite the famous "Dewey Defeats Truman" headline in the Chicago Tribune.

**1977:** Regular Concorde passenger service between New York and Europe begins.

**1980:** After months of speculation and anticipation, viewers learn it was Kristin who shot J.R. Ewing on the primetime drama "Dallas."

**1990:** British Prime Minister Margaret Thatcher announces her resignation after serving in the position since 1979.

**2007:** A strike of television, film and radio writers that lasts several months begins. The strike stops production of most television series, launching many shows into reruns.