



Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616

Mother's Day Dinner

A special Mother's Day for Mom and two guests on Thursday, May 7.

Dinner will be served at 5 p.m.

Please RSVP at carringtoncourtal.com or call (801) 285-8308.



INTERNATIONAL PEACE GARDENS

Field trip will be Monday, May 11, and Wednesday, May 13; choose a day and RSVP at Carringtoncourtal.com for a fun day seeing the beautiful gardens. We'll load the bus at 1 p.m.



May 2015




Laura Lee Ostler

Let's meet our new resident, Laura Lee Ostler. Her maiden name was Winn, and she was born on May 23, 1931, in Nephi, Utah. Laura and her husband loved their family, and were very devoted to their three wonderful children. They were also very involved with their religion, belonging to the LDS church. Laura is a person who loves the simple things in life. She adores her family and enjoys being with them. Her big dream is to someday go to Israel to visit the Holy Land. Laura has an amazing talent in that she taught herself to paint with oils, and has become an amazing artist revered by many. She also loved to read, and was a member of a book club for most of her life. One of the most important things that Laura's family and friends enjoy about her is her loving personality. Laura has a great sense of humor, and isn't afraid to laugh at herself. She just has a special way about her that makes everyone around her feel comfortable. We all love her!



We Remember!
 Memorial Day is a day
 to honor men and
 women who have died
 in military service.

Sunday	Monday	Tuesday			
	We have a Eucharistic Minister available for our Catholic residents on Wednesday afternoon. Contact Debby if a visit is requested and it will be arranged.	The activities we have listed here are to engage our residents and stimulate their attention. We respect that at times they are not interested and need rest or quiet time. Our purpose is to accommodate and be aware of their needs. We may also substitute activities.			
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	3	9:00 Rejuvenation 10:00 Mindful Yoga 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 1:30 Check It Out! Table Games 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner	4	Laura Polin's Birthday	5
Lovella Green's Birthday! 9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	10	9:00 Rejuvenation 10:00 Mindful Yoga 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 1:30 Check It Out! Table Games 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner	11	International Peace Gardens Field Trip	12
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	17	9:00 Rejuvenation 10:00 Mindful Yoga 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 1:30 Check It Out! Table Games 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner	18	Nolan Adam's Birthday!	19
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	24/31	9:00 Rejuvenation 10:00 Mindful Yoga 11:00 Reminiscing 12:00 Lunch/ Birthday Bash! 1:30 Gospel Doctrine Lesson (AL Side) 1:30 Check It Out! Table Games 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner	25	Alicia Mendez's Birthday!	26

Wednesday	Thursday	Friday	Saturday
<p><i>Appreciate each other and our journey in this life. Smile and make a friend every day. We all can make a difference in someone's life. We appreciate you!</i></p>	<p>Skills Practice: Coupon Cutting Follow a Pattern / Dot to Dot Reading Stories Building Blocks Sorting / Folding Making a Sentence / Poems Problem Solving / Remember Counting and Shapes</p>	<p>9:00 Rejuvenation 10:00 Chair Dancing 11:00 Time for Learning 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner</p>	<p>1</p> <p>Ceciela Mecham's Birthday! 9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p> <p style="text-align: right;">2</p>
<p>6</p> <p>9:00 Rejuvenation 10:00 Balloon Badminton 11:00 Chair Dancing & Singing 12:00 Lunch 1:30 Van Ride / Skills Practice 3:00 Snacks 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>	<p>7</p> <p>9:00 Rejuvenation 10:00 Rhythm Band & Sing-a-Long 11:00 Book Club/Stories 12:00 Lunch 1:30 Craft Corner 3:00 Snack Time 3:30 Young at Heart Dancers 4:00 Massages and Memories 5:00 Mother's Day Dinner</p> <p>Beautician Day!</p>	<p>8</p> <p>9:00 Rejuvenation 10:00 Chair Dancing 11:00 Time for Learning 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner</p>	<p>9</p> <p>9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
<p>13</p> <p>Phyllis Schofield's Birthday! 9:00 Rejuvenation 10:00 Balloon Badminton 11:00 Chair Dancing & Singing 12:00 Lunch 1:00 International Peace Gardens Field Trip 3:00 Snacks 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>	<p>14</p> <p>9:00 Rejuvenation 10:00 Rhythm Band & Sing-A-Long 11:00 Book Club/Stories 12:00 Lunch 1:30 Craft Corner 3:00 Snack Time 4:00 Music With Debra Bowers 5:00 Dinner</p> <p>Beautician Day!</p>	<p>15</p> <p>9:00 Rejuvenation 10:00 Chair Dancing 11:00 Time for Learning 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner</p>	<p>16</p> <p>9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 2:00 Erica Smith/Kids' Recital 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
<p>20</p> <p>Jean Farnsworth's Birthday! 9:00 Rejuvenation 10:00 Balloon Badminton 11:00 Chair Dancing & Singing 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snacks 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>	<p>21</p> <p>9:00 Rejuvenation 10:00 Rhythm Band & Sing-A-Lone 11:00 Book Club/Stories 12:00 Lunch 1:30 Craft Corner 3:00 Snack Time 4:00 Massages and Memories 5:00 Dinner</p> <p>Beautician Day!</p>	<p>22</p> <p>9:00 Rejuvenation 10:00 Chair Dancing 11:00 Time for Learning 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Music W/Mike Westburg 5:00 Dinner</p>	<p>23</p> <p>9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
<p>27</p> <p>9:00 Rejuvenation 10:00 Van Ride/Skills Practice 11:00 Chair Dancing & Singing 12:00 Lunch 1:30 Trivia 3:00 Snacks 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>	<p>28</p> <p>9:00 Rejuvenation 10:00 Rhythm Band & Sing-A-Long 11:00 Book Club/Stories 12:00 Lunch 1:30 Craft Corner 3:00 Snack Time 4:00 Music With Terry Spencer 5:00 Dinner</p> <p>Beautician Day!</p>	<p>29</p> <p>9:00 Rejuvenation 10:00 Chair Dancing 11:00 Time for Learning 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner</p>	<p>30</p> <p>9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>

May 2015



Dakota McNicol was born in Utah, on the Fourth of July. She started life off with a big bang. She has one little sister, and they are very close. Dakota has always been a great big sister, and a friend to many. Every Christmas her family gets the opportunity to go somewhere warm. Her favorite vacation that Dakota and her family enjoyed together was to Kona, Hawaii, her freshman year. Some of her accomplishments are graduating from Bingham High School on the honor roll, getting her CNA license, and is currently going to Westminster to study nursing. Her favorite things to do are boating, camping, swimming and traveling; with her friends and family, of course! She loves being outdoors enjoying the good weather during the summertime. This summer she is looking forward to a California road trip with one of her best friends. Dakota started working at Carrington Court in July 2013, as a CNA. She loves her job, and the opportunity she has been given to get to know and love all of the residents. Her dream and goal is to become an RN, and to travel the world helping people with her career. You are so great at making all the residents happy!