



# Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616



Dean Workman, our Spotlight Resident for May, was born August 23, 1921. He is a WWII veteran who worked as a tank commander. Dean served three LDS missions, one in California as a young man. Later, he and his wife of 70 years served in Missouri and Swiss Temple. They lived mostly in the Salt Lake Valley. They raised 7 children and have 28 grand and 48 great-grandchildren. He enjoyed traveling in Europe. He also enjoyed golf and has two holes in one that he got at ages 61 and 81. Yea, Dean!!



## ANNUAL HOOGLE ZOO TRIP!

Mon., May 19, and Wed., May 21; choose a day and RSVP at [Carringtoncourtal.com](http://Carringtoncourtal.com) for a fun day at the zoo. We'll load the bus at 1:00.

May 2014



## Mother's Day Lunch

A special Mother's Day for Mom and two guests on Saturday, May 10.

Lunch will be served at noon.

Please RSVP at [carringtoncourtal.com](http://carringtoncourtal.com).



## We Remember

Memorial Day is observed on the last Monday of May. It is a day to honor men and women who have died in military service.





**IT'S A GOOD DAY!**

Sunday	Monday	Tuesday
	<b>Our Human Needs</b>  Social Physical Emotional Spiritual Intellectual	<b>One-on-One Activities</b>  Time to engage one resident at a time in appropriate exercise or movements. Focus on who they are and what may interest them. Communicate. Talk and walk. See them smile.
9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> <b>10:30 Getting to Know You Visits With Our Residents</b> 12:30 Lunch 1:00 Lawrence Welk Show <b>2:00 Table Games</b> 3:00 Ice Cream Social <b>4:00 Quiet Movie</b> 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Kickball Circle</b> 11:00 Magazines/Current Events 12:00 Lunch <b>1:30 Van Ride/1:1 Activities</b> 3:00 Snack Time <b>4:00 Puzzles</b> 5:00 Dinner	9:00 Rejuvenation <b>10:00 Bend &amp; Stretch</b> 11:00 Reminiscing 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side) / Target Practice Beanbags</b> <b>2:30 Check It Out! Activities at the Tables</b> 4:00 Pet Therapy 5:00 Dinner
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Wednesday	Thursday	Friday	Saturday
<b>Skills Practice:</b> Coupon Cutting Follow a Pattern /Dot to Dot Reading Stories Building Blocks Sorting / Folding Making a Sentence / Poems Problem Solving / Remember Counting and Shapes	<b>1</b> 9:00 Rejuvenation <b>10:00 Play Ball/ Cheerleading</b> 11:00 Book Club/Stories 12:00 Lunch <b>1:30 Cut &amp; Paste Journals</b> 3:00 Snack Time <b>4:00 Massages</b> 5:00 Dinner	<b>2</b> 9:00 Rejuvenation <b>10:00 Sit N' Be Fit/ Parachute</b> <b>11:00 "Sing Along" Karaoke</b> 12:00 Lunch 1:00 Coloring/Bowling <b>3:30 Movie &amp; Popcorn</b> 5:00 Dinner <i>Happy Birthday, Cecelia Mecham</i>	<b>3</b> 9:00 Rejuvenation 10:00 Rhythm Band/ Exercise 11:00 Time to Remember 12:00 Lunch 1:30 Golf/Crafts 3:00 Movie and Popcorn <b>4:00 Manicures</b> 5:00 Dinner 7:00 Lawrence Welk Show Channel 11
9:00 Rejuvenation <b>10:00 Chair Dancing/ Parachute Circle</b> 11:00 "Sing Me a Song" 12:00 Lunch <b>1:30 VAN RIDE/Skills Practice</b> 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner  Beautician Day!	<b>7</b> <b>8</b> 9:00 Rejuvenation <b>10:00 Play Ball/ Cheerleading</b> 11:00 Book Club/Stories 12:00 Lunch <b>1:30 Cut &amp; Paste Journals</b> 3:00 Snack Time <b>4:00 Massages</b> 5:00 Dinner	<b>9</b> 9:00 Rejuvenation <b>10:00 Sit N' Be Fit/ Parachute</b> <b>11:00 "Sing Along" Karaoke</b> 12:00 Lunch 1:00 Coloring/Bowling <b>3:30 Movie &amp; Popcorn</b> 5:00 Dinner	<b>10</b> 9:00 Rejuvenation 10:00 Stretching / Exercise 11:00 Time to Remember 12:00 <b>MOTHER'S DAY LUNCH</b> 1:30 <i>Visiting With Family</i> 3:00 Movie and Popcorn <b>4:00 Manicures</b> 5:00 Dinner 7:00 Lawrence Welk Show Channel 11 <i>Happy Birthday, Lovella Green</i>
9:00 Rejuvenation <b>10:00 Chair Dancing/ Parachute Circle</b> 11:00 "Sing Me a Song" 12:00 Lunch <b>1:30 VAN RIDE/Skills Practice</b> 3:00 Snack Time 4:00 Quiet Movie / Music With Cindy Teidi 5:00 Dinner  Beautician Day!	<b>14</b> <b>15</b> 9:00 Rejuvenation <b>10:00 Play Ball/ Cheerleading</b> 11:00 Book Club/Stories 12:00 Lunch <b>1:30 Cut &amp; Paste Journals</b> 3:00 Snack Time <b>4:00 Massages</b> 5:00 Dinner	<b>16</b> 9:00 Rejuvenation <b>10:00 Sit N' Be Fit/ Parachute</b> <b>11:00 Music Karalynn Roundy</b> 12:00 Lunch 1:00 Coloring/Bowling <b>3:00 Snack/Bingo</b> 5:00 Dinner	<b>17</b> 9:00 Rejuvenation 10:00 Rhythm Band/ Exercise 11:00 Time to Remember 12:00 Lunch 1:30 Golf/Crafts 3:00 Movie and Popcorn <b>4:00 Manicures</b> 5:00 Dinner 7:00 Lawrence Welk Show Channel 11
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# May 2014



Holly is our CNA/Activities Assistant spotlight for May. She is from Kearns, Ut. Her career goal is to be a Medical Esthetician. Her favorite things are shopping, dancing. The most important thing in her life is hanging out with friends and family. She is the youngest of 4 children. Her favorite trip was to Monterey, CA. She loves chocolate, the color blue and watching YouTube and Gossip Girl. What she likes about this job is her bond with every resident. Thanks!



We had a nice time on the field trip to the LDS Conference Center. We enjoyed seeing beautiful and inspiring works of art. Getting to know each other makes a nice day! If you have any suggestions for field trips, please let us know. We are also interested if you have or know of something for us to see or learn about. Show and tell is always fun. Thank you, everyone, for your participation. Enjoy the summer season.