



Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616

March 2017



Our New Music & Memory Program

Carrington Court's "Cherish The Present While Reminiscing The Past" memory care program is designed from years of experience servicing those coping with the burdens of memory impairments and built on our belief that, "What the mind can't remember the heart never forgets!"

Under the direction of Administration and the hard work of the staff at Carrington, we are bringing a new program for our residents in memory care called "Music & Memory." Music has a way of unlocking precious moments and memories long tucked away. We have seen the power of music numerous times. Together with our residents' families, we create tailored playlists on iPod shuffles to help our residents feel more fulfilled and happier. Alzheimer's does not destroy the lasting connections between a favorite song and a memory of an important life event, no matter how long ago.

FIELD TRIP TO THE LIVING PLANET AQUARIUM

Please join us on Monday, March 20, 2017, to have a fun and interesting time at the aquarium. We will be loading the bus at 1:30 p.m. Please sign up at the front desk.



HAPPY BIRTHDAY!

JIM BUNNELL MARCH 14
LARENE MCBRIDE MARCH 20



Sunday

Monday

Tuesday

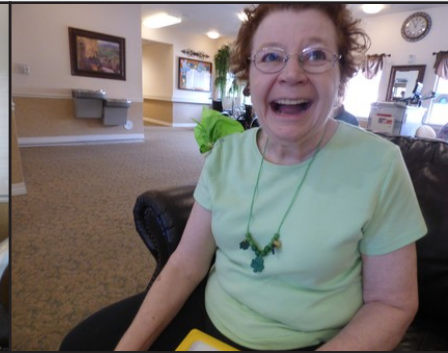
Wednesday

Thursday

Friday

Saturday

March



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			9:00 Rejuvenation 9:30 Groove'N & Move'N 10:00 Circle Games/Parachute 11:00 Craft Corner 12:00 Lunch 1:30 Van Ride/One-on-One Activities 3:30 Snack Time 4:00 Hand Massages & Memories 5:00 Dinner	Salon Day 9:00 Rejuvenation 9:30 Music'n Movement/Singing 10:30 Carrington Court Bowling 12:00 Lunch 1:30 Craft Class 3:30 Snack Time 3:30 Music/DB Howes 5:00 Dinner	9:00 Rejuvenation 10:00 What's Cookin'?' 11:00 Check it Out! Activities with the White Board 12:00 Lunch 1:30 B-I-N-G-O 3:30 Memorable Movie/Tasty Treat 5:00 Dinner	9:00 Rejuvenation 9:30 Groove'N & Move'N 10:30 Art/Table Games/Puzzles 12:00 Lunch 1:30 B-I-N-G-O 3:30 Fun & Games 5:00 Dinner
5	6	7	8	9	10	11
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Ladies' Spa Day 12:00 Lunch 1:30 One-on-One Activities 3:00 Afternoon Movie/Lawrence Welk 4:00 Music/Piano 5:00 Dinner	9:00 Rejuvenation 9:30 Groove'N & Move'N 10:00 Trivia 10:30 Time For Learning 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Van Ride/One-on-One Activities 3:30 Snack Time 4:00 Sing-Along Karaoke 5:00 Dinner	9:00 Rejuvenation 9:30 Music'n Movement/Singing 10:30 Indoor Sports 11:30 Beanbag & Noodle Fun 12:00 Lunch 1:30 Book Club/Story Time 1:30 Gospel Doctrine Lesson (AL Side) 2:30 Balloon Badminton/Games 3:30 Snack Time 4:00 Comedy Hour 5:00 Dinner	9:00 Rejuvenation 9:30 Groove'N & Move'N 10:00 Circle Games/Parachute 11:00 Craft Corner 12:00 Lunch 1:30 Van Ride/One-on-One Activities 3:30 Snack Time 4:00 Hand Massages & Memories 5:00 Dinner	Salon Day 9:00 Rejuvenation 9:30 Music'n Movement/Singing 10:30 Carrington Court Bowling 12:00 Lunch 1:30 Craft Class 3:30 Music/Debra Bowers 3:30 Snack Time 5:00 Dinner	9:00 Rejuvenation 10:00 What's Cookin' Irish Style 11:00 Fun St. Patrick's Craft 12:00 Lunch 1:30 B-I-N-G-O 3:30 Memorable Movie/Tasty Treat 5:00 Dinner	9:00 Rejuvenation 9:30 Groove'N & Move'N 10:30 Art/Table Games/Puzzles 12:00 Lunch 1:30 B-I-N-G-O 3:30 Snack Time 3:30 Fun & Games 5:00 Dinner
12	13	14	15	16	17	18
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Ladies' Spa Day 12:00 Lunch 1:30 One-on-One Activities 3:00 Afternoon Movie/Lawrence Welk 4:00 Music/Piano 5:00 Dinner	9:00 Rejuvenation 9:30 Groove'N & Move'N 10:00 Trivia 10:30 Time For Learning 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Van Ride/One-on-One Activities 3:30 Snack Time 4:00 Sing-Along Karaoke 5:00 Dinner	9:00 Rejuvenation 9:30 Music'n Movement/Singing 10:30 Indoor Sports 11:30 Beanbag & Noodle Fun 12:00 Lunch 1:30 Book Club/Story Time 1:30 Gospel Doctrine Lesson (AL Side) 2:30 Balloon Badminton/Games 3:30 Snack Time 4:00 Comedy Hour 5:00 Dinner	9:00 Rejuvenation 9:30 Groove'N & Move'N 10:00 Circle Games/Parachute 11:00 Craft Corner 12:00 Lunch 1:30 Van Ride/One-on-One Activities 3:30 Snack Time 4:00 Hand Massages & Memories 5:00 Dinner	Salon Day 9:00 Rejuvenation 9:30 Music'n Movement/Singing 10:30 Carrington Court Bowling 12:00 Lunch 12:00 Music/Country Blue Folk 1:30 Craft Class 3:30 Snack Time 5:00 Dinner	ST. PATRICK'S DAY 9:00 Rejuvenation 10:00 What's Cookin'?' 11:00 Check it Out! Activities with the White Board 12:00 Lunch 1:30 B-I-N-G-O 3:30 Memorable Movie/Tasty Treat 5:00 Dinner	9:00 Rejuvenation 9:30 Groove'N & Move'N 10:30 Art/Table Games/Puzzles 12:00 Lunch 1:30 B-I-N-G-O 3:30 Fun & Games 3:30 Snack Time 5:00 Dinner
19	20	21	22	23	24	25
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Ladies' Spa Day 12:00 Lunch 1:30 One-on-One Activities 3:00 Afternoon Movie/Lawrence Welk 4:00 Music/Piano 5:00 Dinner	SPRING IS HERE! 9:00 Rejuvenation 9:30 Groove'N & Move'N 10:00 Trivia 10:30 Time For Learning 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Field Trip to Aquarium 3:30 Snack Time 4:00 Sing-Along Karaoke 5:00 Dinner	9:00 Rejuvenation 9:30 Music'n Movement/Singing 10:30 Indoor Sports 11:30 Beanbag & Noodle Fun 12:00 Lunch 1:30 Book Club/Story Time 1:30 Gospel Doctrine Lesson (AL Side) 2:30 Music/Heart & Soul 3:30 Snack Time 4:00 Comedy Hour 5:00 Dinner	9:00 Rejuvenation 9:30 Groove'N & Move'N 10:00 Circle Games/Parachute 11:00 Craft Corner 12:00 Lunch 1:30 Van Ride/One-on-One Activities 3:30 Snack Time 4:00 Hand Massages & Memories 5:00 Dinner	Salon Day 9:00 Rejuvenation 9:30 Music'n Movement/Singing 10:30 Carrington Court Bowling 12:00 Lunch 1:30 Music/Act 3 3:30 Snack Time 3:30 Craft Class 5:00 Dinner	9:00 Rejuvenation 10:00 What's Cookin'?' 11:00 Check it Out! Activities with the White Board 12:00 Lunch 1:30 B-I-N-G-O 3:30 Memorable Movie/Tasty Treat 5:00 Dinner	9:00 Rejuvenation 9:30 Groove'N & Move'N 10:30 Art/Table Games/Puzzles 12:00 Lunch 1:30 B-I-N-G-O 3:30 Snack Time 3:30 ADC Irish Dancers 3:30 Fun & Games 5:00 Dinner
26	27	28	29	30	31	
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Ladies' Spa Day 12:00 Lunch 1:30 One-on-One Activities 3:00 Afternoon Movie/Lawrence Welk 4:00 Music/Piano 5:00 Dinner	9:00 Rejuvenation 9:30 Groove'N & Move'N 10:00 Trivia 10:30 Time For Learning 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Van Ride/One-on-One Activities 3:30 Snack Time 4:00 Sing-Along Karaoke 5:00 Dinner	Birthday Bash! 9:00 Rejuvenation 9:30 Music'n Movement/Singing 10:30 Indoor Sports 11:30 Beanbag & Noodle Fun 12:00 Lunch 1:30 Book Club/Story Time 1:30 Gospel Doctrine Lesson (AL Side) 2:30 Balloon Badminton/Games 3:30 Snack Time 4:00 Comedy Hour 5:00 Dinner	9:00 Rejuvenation 9:30 Van Ride/One-on-One Activities 12:00 Lunch 1:30 One on One Activities 3:30 Snack Time 4:00 Hand Massages & Memories 5:00 Dinner	Salon Day 9:00 Rejuvenation 9:30 Music'n Movement/Singing 10:30 Carrington Court Bowling 12:00 Lunch 1:30 Craft Class 3:30 Snack Time 3:30 Music/Lynda Davidson 5:00 Dinner	9:00 Rejuvenation 10:00 What's Cookin'?' 11:00 Check it Out! Activities with the White Board 12:00 Lunch 1:30 B-I-N-G-O 3:30 Memorable Movie/Tasty Treat 5:00 Dinner	



March 2017



HAPPY
ST. PATRICK'S
DAY



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|------------|----------|
| Bird | Mist |
| Fresh | Parade |
| Gold | Rainbow |
| Green | Rain |
| Ireland | Shamrock |
| Leprechaun | Spring |
| Lucky | Violet |
| March | Wind |

L K Z G N I E K D N I W H W L
E C R Q N I D N R N M V L O Q
P O Z I O I A I I V B J S B V
R R R T S L R R B Y N L N I J
E M Q J E A A P Q H D I A P A
C A B R I L P G S C A I U A L
H H I B U N O E M R U B M R M
A S O C A L R I L A M S A W L
U W K U D F S Z V M S I H I P
N Y G W W T C Z N J N D Q E Q
E V W H Q J L I I B W L H K U
E F U M U H U J O A V X S X P
R N T S K S A W R X S Z A N B
G Y D W U X I D C B P V N Z A