



JUNE



1
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Fun & Games
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Celebrate Italian Day
 3:30 Snack Time
 5:00 Dinner



2
 9:00 Rejuvenation
 9:30 LDS Sacrament Meeting
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 3:30 Snack Time
 5:00 Dinner

3
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Mind Joggers
 10:30 Old Time Radio/Singing
 11:00 Time for Learning Games
 12:00 Lunch
 2:00 "Out on the Town" Van Ride
 3:30 Snack Time
 5:00 Dinner

4
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Indoor Sports/Target Practice
 11:00 Carrington Court Bowling
 12:00 Lunch
 1:30 Book Club/ Visits with Residents
 2:30 Balloon Badminton
 3:30 Snack Time
 3:30 Pet Therapy
 4:00 B-I-N-G-O
 5:00 Dinner

5
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Circle Games/Parachute Fitness
 10:30 Manicures & Melodies
 12:00 Lunch
 1:30 Music/Piano
 2:00 "Out on the Town" Van Ride/One-on-One Activities
 3:30 Snack Time
 5:00 Dinner

6 **Salon Day!**
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Beanbag & Noodle Fun
 11:00 This or That Game
 12:00 Lunch
 1:30 Creative Craft Class
 3:30 Music/Sherry Walker
 3:30 Snack Time
 5:00 Dinner

7
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check It out! Activities with the White Board
 12:00 Lunch
 1:30 Memorable Movie/Tasty Treat
 3:30 B-I-N-G-O
 5:00 Dinner

8
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Fun & Games
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Arts & Crafts
 3:30 Snack Time
 5:00 Dinner



9
 9:00 Rejuvenation
 9:30 LDS Sacrament Meeting
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 3:30 Snack Time
 5:00 Dinner

10
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Mind Joggers
 10:30 Old Time Radio/Singing
 11:00 Time for Learning Games
 12:00 Lunch
 2:00 "Out on the Town" Van Ride
 3:30 Snack Time
 5:00 Dinner

11
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Indoor Sports/Target Practice
 11:00 Carrington Court Bowling
 12:00 Lunch
 1:30 Book Club/ Visits with Residents
 2:30 Balloon Badminton
 3:30 Snack Time
 3:30 Pet Therapy
 4:00 B-I-N-G-O
 5:00 Dinner

12
 9:00 Rejuvenation
 9:00 **Field Trip to Water Conservatory Gardens**
 9:30 Music & Memory Therapy
 12:00 Lunch
 2:00 Manicures & Melodies
 3:30 Balloon Badminton
 3:30 Snack Time
 5:00 Dinner

13 **Salon Day!**
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Beanbag & Noodle Fun
 11:00 Celebrity Guessing Game
 12:00 Lunch
 1:30 Creative Craft Class
 3:30 Music/Old Time Fiddlers
 5:00 Dinner

14
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 What's Cookin'?? Make A Flag Cake
 11:00 Check it out! Celebrate Flag Day
 12:00 Lunch
 1:30 Memorable Movie/Tasty Treat
 3:30 B-I-N-G-O
 5:00 Dinner

15
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Fun & Games
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Arts & Crafts
 3:30 Snack Time
 5:00 Dinner



16
 9:00 Rejuvenation
 9:30 LDS Sacrament Meeting
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 3:30 Snack Time
 5:00 Dinner

17
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Mind Joggers
 10:30 Old Time Radio/Singing
 11:00 Time for Learning Games
 12:00 Lunch
 2:00 "Out on the Town" Van Ride
 3:30 Snack Time
 5:00 Dinner

18
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Indoor Sports/Target Practice
 11:00 Carrington Court Bowling
 12:00 Lunch
 1:30 Book Club/ Visits with Residents
 2:30 Balloon Badminton
 3:30 Snack Time
 3:30 Pet Therapy
 4:00 B-I-N-G-O
 5:00 Dinner

19
 9:00 Rejuvenation
 9:30 Music & Memory Therapy
 9:30 Groove'n & Move'n
 10:00 Circle Games/Parachute Fitness
 11:00 Music/Taylorville Senior Band
 2:00 "Out on the Town" Van Ride/One-on-One Activities
 3:30 B-I-N-G-O
 5:00 Dinner

20 **Salon Day!**
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Bean Bag & Noodle Fun
 11:00 ABC Game
 12:00 Lunch
 1:30 Get Ready for Party
 3:30 Snack Time
 5:00 Luau Dinner

21
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check it out! Celebrate the First Day of Summer
 12:00 Lunch
 1:30 Memorable Movie/Tasty Treat
 3:30 Music/Mike Westberg
 5:00 Dinner

22
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Fun & Games
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Arts & Crafts
 3:30 Snack Time
 5:00 Dinner



23/30
 9:00 Rejuvenation
 9:30 LDS Sacrament Meeting
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 3:30 Snack Time
 5:00 Dinner

24
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Mind Joggers
 10:30 Old Time Radio/Singing
 11:00 Time for Learning Games
 12:00 Lunch
 2:00 "Out on the Town" Van Ride/One-on-One Activities
 3:30 Snack Time
 5:00 Dinner

24 **BIRTHDAY BASH!**
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Indoor Sports/Target Practice
 11:00 Carrington Court Bowling
 12:00 Lunch
 1:30 Book Club/ Visits with Residents
 1:30 Gospel Doctrine (AL Side)
 2:30 Balloon Badminton
 3:30 Snack Time
 3:30 Pet Therapy
 4:00 B-I-N-G-O
 5:00 Dinner

25
 9:00 Rejuvenation
 9:30 "Out on the Town" Van Ride/One-on-One Activities
 9:30 Music & Memory Therapy
 12:00 Lunch
 2:00 One on One Activities
 3:30 B-I-N-G-O
 3:30 Snack Time
 5:00 Dinner

26 **Salon Day!**
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Beanbag & Noodle Fun
 11:00 Mystery Guessing Game
 12:00 Lunch
 1:30 Creative Craft Class
 3:30 B-I-N-G-O
 3:30 Snack Time
 5:00 Dinner

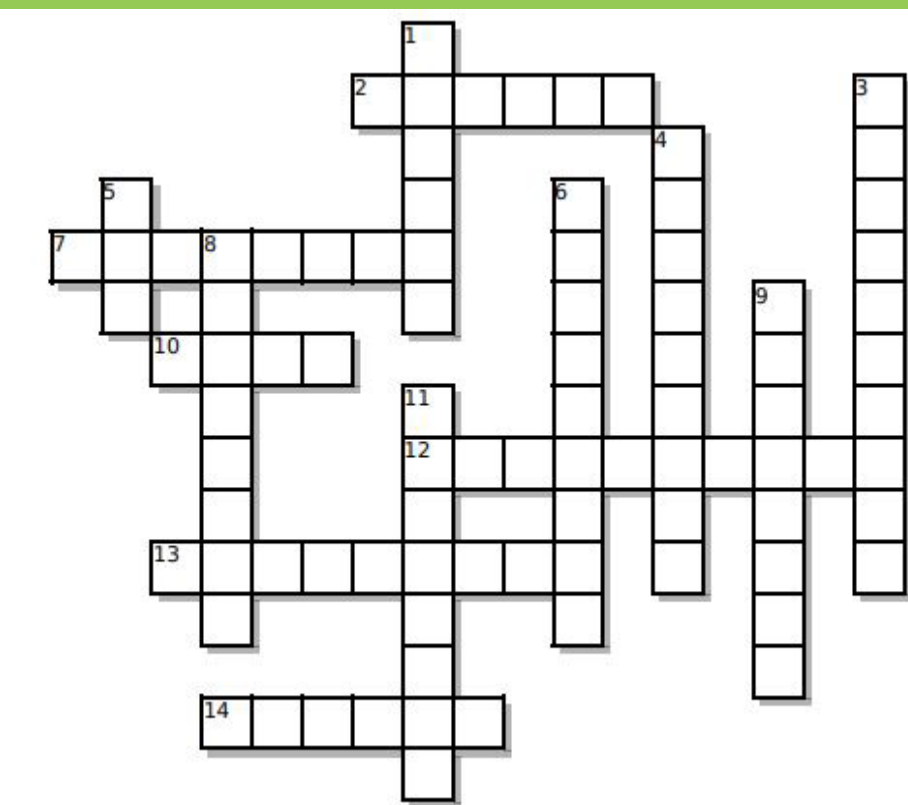
27
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check it out! Activities with the White Board
 12:00 Lunch
 2:30 Music/Heart & Soul
 4:00 B-I-N-G-O
 5:00 Dinner

28
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Fun & Games
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Arts & Crafts
 3:30 Snack Time
 5:00 Dinner

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23/30
24
25
26
27
28
29

Summer Crossword

- Across
- 2 Americans eat an average of 20 _____ of ice cream a year.
 - 7 The longest day of the year is on the Summer _____.
 - 10 This month was named after the wife of Jupiter, Juno.
 - 12 One of Summer's most popular fruit
 - 13 The last day of summer is _____ 20th.
 - 14 The first modern era Summer Olympics in 1896 was held in what Greek country?
- Down
- 1 Season with the longest and warmest days of the year.
 - 3 These storms start to form this time of year.
 - 4 _____ Nights Dream, by Shakespeare captures the festive atmosphere of the season including some summer rituals
 - 5 The "____" days of summer refers to the weeks between July 3 and August 11.
 - 6 This type of plant bears fruit and full leaf at this time.
 - 8 An animal that begins in the Summer to gather nuts for the winter.
 - 9 The first National _____ Bee was held on June 17th, 1825.
 - 11 One of the most popular activities during Summer vacations.



Word Bank: Athens, Blueberry, Dog, Hurricanes, June, Midsummer, Quarts, September, Solstice, Spelling, Squirrel, Summer, Swimming, Watermelon



1928 W 9800 S

South Jordan, UT 84095

801-676-8787

CHARLOTTE & WILBERN MCDUGAL



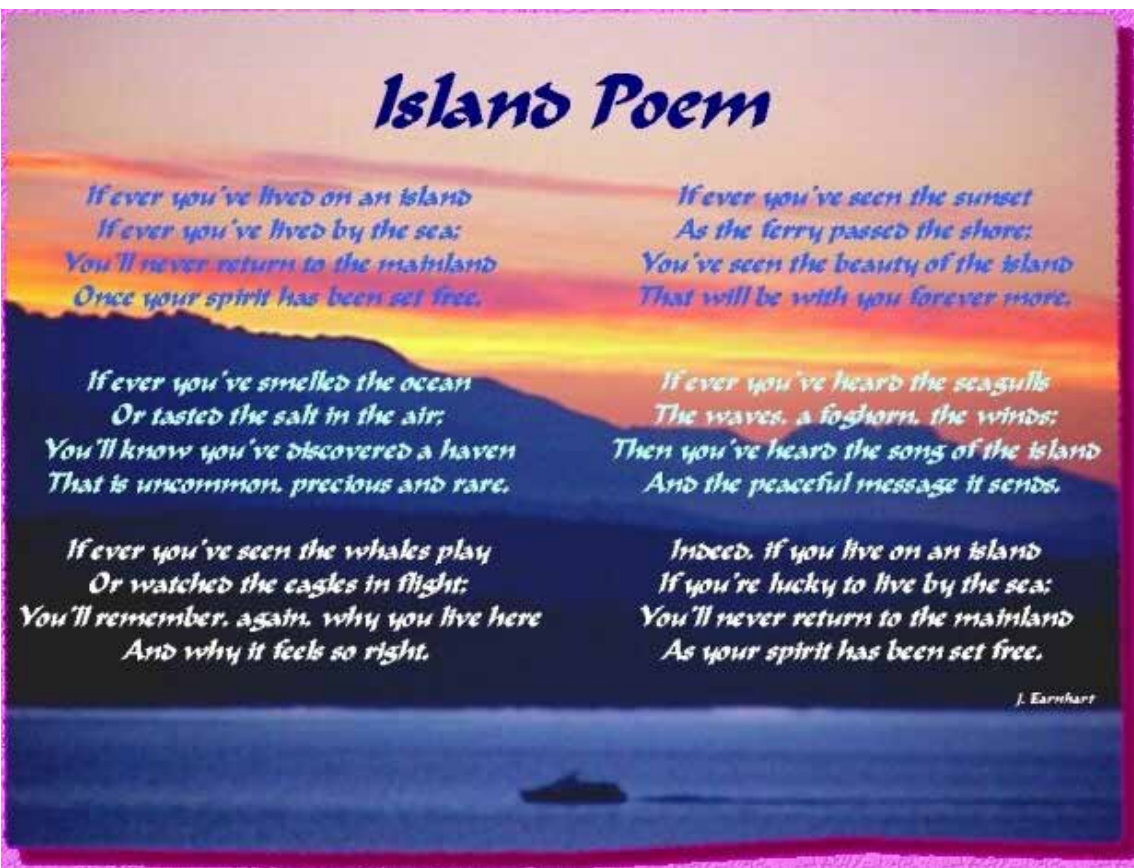
June 2019

ALOHA! HAWAIIAN LUAU PARTY!



HAWAII WAS CHARLOTTE AND WILBERN'S FAVORITE VACATION DESTINATION!

On Thursday June 20, at 5:00 p.m., we are planning a fun Hawaiian dinner in honor of our parents. Please wear colorful attire for the party, for a night that will be a tropical blast! Please RSVP at carringtoncourtal.com, or sign-up at the front desk.



wilbern and Charlotte first met at a church meeting, in Hood River Oregon. He was a missionary for the Church of Jesus Christ of Latter Day Saints. She was a teacher at the Oregon State University extension program. It was love at first sight for both of them. His mission was over, so he returned to Utah to attend college at BYU. He was a poor college student, so their long distant courtship began. He would hitch hike to Oregon just to court her. He estimated that he covered 30 thousand miles by thumb to see her. Now after 57 years they are still a happy couple, with four children, and fourteen grandchildren. They have had an amazing life together! Everyone here at Carrington Court loves Charlotte and wilbern, they are truly wonderful people.



Happy Birthday!

Roberta D. - 9th
Grace S. - 19th

