



Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616



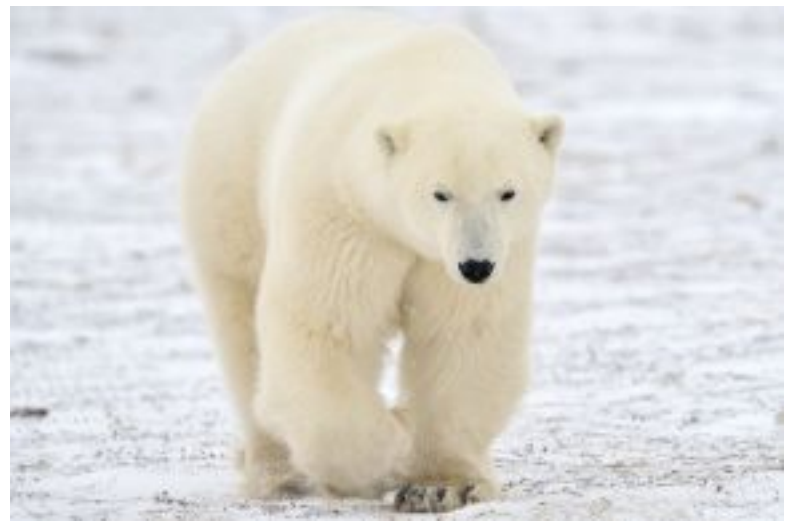
NOLAN ADAMS

Meet our resident Nolan Adams. Nolan was born on May 18, 1947. He was born in Provo, Utah, and raised in Pleasant Grove, Utah. He worked for the LDS church, while living in West Jordan, Utah. He was also employed by the Mountain Bell Company located in Denver, Colorado. Nolan has been married for 43 years, has four children, three sons, one daughter, and 10 grandchildren. The activities he enjoys the most are camping and fishing, yard work, serving the church, but most of all helping others. Some of his accomplishments were graduating from Weber State, and serving on a LDS mission to London, England. His favorite things that he enjoys are eating nuts and treats, exercising, and spending time on the computer doing genealogy. Nolan has many great qualities which include his amazing smile, and his friendly and loving nature. His fun loving spirit always shines through. We love having Nolan here with us, and appreciate his family as well.

June 2015




Father's Day BBQ on Thursday, June 18, at 5 p.m.
A special day for dad and two guests. Please RSVP at carringtoncoul.com. Thank you!



HOGLE ZOO FIELD TRIP!
Mon., June 8, and Wed., June 10; choose a day and RSVP at carringtoncoul.com for a fun day at the zoo. We'll load the bus at 1 p.m.



Sunday	Monday	Tuesday
	1	2
	9:00 Rejuvenation 10:00 Time for Learning 11:00 Chair Dancing & Singing 12:00 Lunch 1:30 Van Ride / Skills Practice 3:00 Snacks 4:00 Dean Martin/I Love Lucy 5:00 Dinner Mary Montano's Birthday!	9:00 Rejuvenation 10:00 Mindful Yoga 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 2:00 Sports/ Games/Puzzles 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner
7	8	9
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:00 Time for Learning 11:00 Chair Dancing & Singing 12:00 Lunch 1:30 Van Ride / Skills Practice 3:00 Snacks 4:00 Dean Martin/I Love Lucy 5:00 Dinner	9:00 Rejuvenation 10:00 Mindful Yoga 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 2:00 Sports/Games/Puzzles 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner
14	15	16
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21	22	23
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28	29	30
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Wednesday	Thursday	Friday	Saturday
<p>3</p> <p>9:00 Rejuvenation 10:00 Sittercise 11:00 Sing-A-Long 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snack Time / Walk About 3:30 Memorable Movie 5:00 Dinner</p>	<p>4</p> <p>9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Crafts 3:00 Snack Time 4:00 Music W/Rosie & Sheri 5:00 Dinner Beautician Day!</p>	<p>5</p> <p>9:00 Rejuvenation 10:00 Mindful Yoga 11:00 Book Club/Stories 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner</p>	<p>6</p> <p>9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
<p>10</p> <p>9:00 Rejuvenation 10:00 Sittercise 11:00 Sing-A-Long 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snack Time / Walk About 3:30 Memorable Movie 5:00 Dinner</p>	<p>11</p> <p>9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Crafts 3:00 Snack Time 4:00 Music W/Debra Bowers 5:00 Dinner Beautician Day!</p>	<p>12</p> <p>9:00 Rejuvenation 10:00 Mindful Yoga 11:00 Book Club/Stories 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner</p>	<p>13</p> <p>9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
<p>17</p> <p>9:00 Rejuvenation 10:00 Sittercise 11:00 Sing-A-Long 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snack Time / Walk About 3:30 Memorable Movie 5:00 Dinner</p>	<p>18</p> <p>9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Crafts 3:00 Snack Time 4:00 Hand Massage/Music 5:00 Dinner Beautician Day!</p>	<p>19</p> <p>9:00 Rejuvenation 10:00 Mindful Yoga 11:00 Book Club/Stories 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner Grace Sheldon's Birthday!</p>	<p>20</p> <p>9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
<p>24</p> <p>9:00 Rejuvenation 10:00 Van Ride/1:1 Activities 12:00 Lunch 1:30 Sing-A-Long 3:00 Snack Time / Walk About 4:00 Memorable Movie 5:00 Dinner</p>	<p>25</p> <p>9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Crafts 3:00 Snack Time 4:00 Music W/Bob Shorten 5:00 Dinner Beautician Day!</p>	<p>26</p> <p>9:00 Rejuvenation 10:00 Mindful Yoga 11:00 Book Club/Stories 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner</p>	<p>27</p> <p>9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
<p>One-on-One Activities: Time to engage one resident at a time in appropriate exercise or movements. Focus on who they are and what may interest them. Communicate. Talk and walk. See them smile.</p>	<p>Physical Activities Playing With Balls Chair Dancing Rhythm and Movement Target Practice Indoor Sports Parachute Bowling Basketball</p>	 <p>I  DAD Happy Father's Day</p>	<p><i>Appreciate each other and our journey in this life. Smile and make a friend every day. We all can make a difference in someone's life. We appreciate you!</i></p>

June 2015

CHRISTIAN WARD, OUR CNA FOR THE MONTH OF JUNE



CHRISTIAN'S HOBBIES ARE
FITNESS AND NUTRITION

Our spotlight CNA is Christian Ward. He was born in Murray, Utah, and was raised in West Valley City, Utah. He has two sisters, two dogs, a bunny, as well as his mom and stepfather in his family. The things that are most important to Christian are his family, friends and staying fit. He is currently attending the Salt Lake Community College in the hopes of finding a career in the medical field. He loves to travel, and has visited most of the western United States cities, as well as Michigan, Florida and Maine. One of his dreams is to visit and explore Europe first, and then one day travel around the world. Christian's favorite things are the color green, steak, the movie *Wedding Crashers*, and helping people. Everyone at Carrington Court appreciates his great attitude and the care he gives our residents!



All Grown Up

Ever wonder what became of those child stars of classic TV shows and movies? Take a look at what some of those famous kid actors are doing now that they're all grown up.

	Then	Now
Jerry Mathers	1957: Star of "Leave It to Beaver"	Actor and spokesperson
Ron Howard	1960: Opie on "The Andy Griffith Show"	Film director
Susan Olsen	1969: Cindy on "The Brady Bunch"	Artist, activist and radio host
Janet Jackson	1977: Penny on "Good Times"	Pop singer
Peter Billingsley	1983: Star of "A Christmas Story"	Film and TV producer
Jeff Cohen	1985: Chunk in "The Goonies"	Entertainment lawyer

"Then & Now"