



Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616



Glenna Meadows is our focus resident. She was born and raised in the Richfield, Utah area. Later she moved to Uinta county, where she was crowned Miss Uinta and met Elmer. They were married in Aug. 1947, then sealed in the temple in May 1953. They lived in the Salt Lake City area and raised 8 children; she has 26 grandchildren, 33 great, & 2 on the way. Glenna held several positions in the LDS church and she was a member of the Daughters of the Utah Pioneers. She enjoyed sewing, gardening and Christmas. She is remembered for her pickled beets, butter mints and loving ways. Love her!

Positive Thought

"Happiness often sneaks in through a door you didn't know you left open."

—John Barrymore

June 2014



Father's Day BBQ June 12, Thurs., at 5 p.m. A special day for dad & 2 guests. Please RSVP. Thanks.



Field trip to International Peace Gardens Wed., June 18, at 2 p.m. Bus will load at 1 p.m. Please RSVP at carringtoncourtal.com. Thanks!



Sunday	Monday	Tuesday
<p>9:00 Rejuvenation 1</p> <p>9:30 LDS Sacrament Meeting</p> <p>10:30 Getting to Know You Visits With Our Residents</p> <p>12:30 Lunch</p> <p>1:00 Lawrence Welk Show</p> <p>2:00 Table Games</p> <p>3:00 Ice Cream Social</p> <p>4:00 Quiet Movie</p> <p>5:00 Dinner</p>	<p>9:00 Rejuvenation 2</p> <p>10:00 Van Ride / Kickball Circle / Walk About</p> <p>11:00 Magazines/Current Events</p> <p>12:00 Lunch</p> <p>1:00 1:1 Activities</p> <p>2:30 Music Harmony South</p> <p>3:00 Snack Time</p> <p>4:00 Puzzles</p> <p>5:00 Dinner</p>	<p>9:00 Rejuvenation 3</p> <p>10:00 Bend & Stretch</p> <p>11:00 Reminiscing</p> <p>12:00 Lunch</p> <p>1:30 Gospel Doctrine Lesson (AL Side) / Target Practice Beanbags</p> <p>2:30 Check It Out! Activities at the Tables. Snacks</p> <p>4:00 Pet Therapy</p> <p>5:00 Dinner</p>
<p>9:00 Rejuvenation 8</p> <p>9:30 LDS Sacrament Meeting</p> <p>10:30 Getting to Know You Visits With Our Residents</p> <p>12:30 Lunch</p> <p>1:00 Lawrence Welk Show</p> <p>2:00 Table Games</p> <p>3:00 Ice Cream Social</p> <p>4:00 Quiet Movie</p> <p>5:00 Dinner</p>	<p>9:00 Rejuvenation 9</p> <p>10:00 Kickball Circle /Walk About</p> <p>11:00 Magazines/Current Events</p> <p>12:00 Lunch</p> <p>1:30 Van Ride/1:1 Activities</p> <p>3:00 Snack Time</p> <p>4:00 Puzzles</p> <p>5:00 Dinner</p>	<p>9:00 Rejuvenation 10</p> <p>10:00 Bend & Stretch</p> <p>11:00 Reminiscing</p> <p>12:00 Lunch</p> <p>1:30 Gospel Doctrine Lesson (AL Side) / Target Practice Beanbags</p> <p>2:30 Check It Out! Activities at the Tables. Snacks</p> <p>4:00 Pet Therapy</p> <p>5:00 Dinner</p>
<p>9:00 Rejuvenation 15</p> <p>9:30 LDS Sacrament Meeting</p> <p>10:30 Getting to Know You Visits With Our Residents</p> <p>12:30 Lunch</p> <p>1:00 Lawrence Welk Show</p> <p>2:00 Table Games</p> <p>3:00 Ice Cream Social</p> <p>4:00 Quiet Movie</p> <p>5:00 Dinner</p>	<p>9:00 Rejuvenation 16</p> <p>10:00 Kickball Circle /Walk About</p> <p>11:00 Magazines/Current Events</p> <p>12:00 Lunch</p> <p>1:30 Van Ride/1:1 Activities</p> <p>3:00 Snack Time</p> <p>4:00 Puzzles</p> <p>5:00 Dinner</p>	<p>9:00 Rejuvenation 17</p> <p>10:00 Bend & Stretch</p> <p>11:00 Reminiscing</p> <p>12:00 Lunch</p> <p>1:30 Gospel Doctrine Lesson (AL Side) / Target Practice Beanbags</p> <p>2:30 Check It Out! Activities at the Tables. Snacks</p> <p>4:00 Pet Therapy</p> <p>5:00 Dinner</p>
<p>9:00 Rejuvenation 22</p> <p>9:30 LDS Sacrament Meeting</p> <p>10:30 Getting to Know You Visits With Our Residents</p> <p>12:30 Lunch</p> <p>1:00 Lawrence Welk Show</p> <p>2:00 Table Games</p> <p>3:00 Ice Cream Social</p> <p>4:00 Quiet Movie</p> <p>5:00 Dinner</p>	<p>9:00 Rejuvenation 23</p> <p>10:00 Kickball Circle / Walk About</p> <p>11:00 Magazines/Current Events</p> <p>12:00 Lunch</p> <p>1:30 Van Ride/1:1 Activities</p> <p>3:00 Snack Time</p> <p>4:00 Puzzles</p> <p>5:00 Dinner</p>	<p>9:00 Rejuvenation 24</p> <p>10:00 Bend & Stretch</p> <p>11:00 Reminiscing</p> <p>12:00 Lunch</p> <p>1:30 Gospel Doctrine Lesson (AL Side) / Target Practice Beanbags</p> <p>2:30 Check It Out! Activities at the Tables. Snacks</p> <p>4:00 Pet Therapy</p> <p>5:00 Dinner</p>
<p>9:00 Rejuvenation 29</p> <p>9:30 LDS Sacrament Meeting</p> <p>10:30 Getting to Know You Visits With Our Residents</p> <p>12:30 Lunch</p> <p>1:00 Lawrence Welk Show</p> <p>2:00 Table Games</p> <p>3:00 Ice Cream Social</p> <p>4:00 Quiet Movie</p> <p>5:00 Dinner</p> <p>6:15 <i>South Valley Service Symphony</i></p>	<p>9:00 Rejuvenation 30</p> <p>10:00 Kickball Circle / Walk About</p> <p>11:00 Magazines/Current Events</p> <p>12:00 Lunch</p> <p>1:30 Van Ride/1:1 Activities</p> <p>3:00 Snack Time</p> <p>4:00 Puzzles</p> <p>5:00 Dinner</p>	<p>We have a Eucharistic Minister available for our Catholic residents on Wednesday afternoon. Contact Shana if a visit is requested and it will be arranged.</p>

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">4</p> <p>9:00 Rejuvenation 10:00 Chair Dancing/ Parachute Circle 11:00 "Sing Me a Song" 12:00 Lunch 1:30 VAN RIDE/Skills Practice 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner</p> <p>Beautician Day!</p>	<p style="text-align: right;">5</p> <p>9:00 Rejuvenation 10:00 Play Ball/ Cheerleading 11:00 Accordion With Jim Reilly 12:00 Lunch 1:30 Cut & Paste Journals 3:00 Snack Time 4:00 Massages 5:00 Dinner</p>	<p style="text-align: right;">6</p> <p>9:00 Rejuvenation 10:00 Sit N' Be Fit / Ring Toss 11:00 "Sing Along" Karaoke 12:00 Lunch 1:00 Coloring/Bowling 3:00 Snack/Bingo 5:00 Dinner</p>	<p style="text-align: right;">7</p> <p>9:00 Rejuvenation 10:00 Rhythm Band/ Exercise 11:00 Time for School 12:00 Lunch 1:30 Golf/Crafts 3:00 Snack Time 4:00 Manicures 5:00 Dinner</p>
<p style="text-align: right;">11</p> <p>9:00 Rejuvenation 10:00 Chair Dancing/ Parachute Circle 11:00 "Sing Me a Song" 12:00 Lunch 1:30 VAN RIDE/Skills Practice 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner</p> <p>Beautician Day!</p>	<p style="text-align: right;">12</p> <p>9:00 Rejuvenation 10:00 Play Ball/ Cheerleading 11:00 Book Club/Stories 12:00 Lunch 1:30 Cut & Paste Journals 3:00 Snack Time 4:00 Massages 5:00 FATHER'S DAY BBQ LOVE OUR FATHERS</p>	<p style="text-align: right;">13</p> <p>9:00 Rejuvenation 10:00 Sit N' Be Fit / Ring Toss 11:00 "Sing Along" Karaoke 12:00 Lunch 1:00 Coloring/Bowling 3:00 Snack/Bingo 5:00 Dinner</p>	<p style="text-align: right;">14</p> <p>9:00 Rejuvenation 10:00 Rhythm Band/ Exercise 11:00 Time for School 12:00 Lunch 1:30 Golf/Crafts 3:00 Snack Time 4:00 Manicures 5:00 Dinner</p>
<p style="text-align: right;">18</p> <p>9:00 Rejuvenation 10:00 Chair Dancing/ Parachute Circle 11:00 "Sing Me a Song" 12:00 Lunch 1:00 Field Trip to International Peace Gardens Arriving 2:00 2:00 Skills Practice 3:00 Snack Time / Movie 5:00 Dinner</p> <p>Beautician Day!</p>	<p style="text-align: right;">19</p> <p>9:00 Rejuvenation 10:00 Play Ball/ Cheerleading 11:00 Book Club/Stories 12:00 Lunch 1:30 Cut & Paste Journals 3:00 Snack Time 4:00 Massages 5:00 Dinner</p> <p>HAPPY BIRTHDAY GRACE SHELDON</p>	<p style="text-align: right;">20</p> <p>9:00 Rejuvenation 10:00 Sit N' Be Fit / Ring Toss 11:00 Music With Karalyn Roundy 12:00 Lunch 1:00 Coloring/Bowling 3:00 Snack/Bingo 5:00 Dinner</p>	<p style="text-align: right;">21</p> <p>9:00 Rejuvenation 10:00 Rhythm Band/ Exercise 11:00 Time for School 12:00 Lunch 1:30 Golf/Crafts 3:00 Snack Time 4:00 Manicures 5:00 Dinner</p>
<p style="text-align: right;">25</p> <p>9:00 Rejuvenation 10:00 Chair Dancing/ Parachute Circle 11:00 "Sing Me a Song" 12:00 Lunch 1:30 VAN RIDE/Skills Practice 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner</p> <p>Beautician Day!</p>	<p style="text-align: right;">26</p> <p>9:00 Rejuvenation 10:00 Play Ball/ Cheerleading 11:00 Book Club/Stories 12:00 Lunch 1:30 Cut & Paste Journals 3:00 Snack Time 4:00 Massages / Music With Sue Talmage 5:00 Dinner Millcreek Vitals</p>	<p style="text-align: right;">27</p> <p>9:00 Rejuvenation 10:00 Sit N' Be Fit / Ring Toss 11:00 "Sing Along" Karaoke 12:00 Lunch 1:00 Coloring/Bowling 3:00 Snack/Bingo 4:00 Music Paul Kramer 5:00 Dinner</p>	<p style="text-align: right;">28</p> <p>9:00 Rejuvenation 10:00 Rhythm Band/ Exercise 11:00 Time for School 12:00 Lunch 1:30 Golf/Crafts 3:00 Snack Time 4:00 Manicures 5:00 Dinner</p>
<p>Skills Practice: Coupon Cutting Follow a Pattern /Dot to Dot Reading Stories Building Blocks Sorting / Folding Making a Sentence / Poems Problem Solving / Remember Counting and Shapes</p>	<p>One-On-One Activities: Time to engage one resident at a time in appropriate exercise or movements. Focus on who they are and what may interest them. Communicate. Talk and walk. See them smile.</p>	<p><i>Appreciate each other and our journey in this life. Smile and make a friend every day. We all can make a difference in someone's life. We appreciate you!</i></p>	<p>HAPPY FATHER'S DAY!!!</p>

June 2014



Our spotlight CNA is Carolyn Kills In Sight. She is from Blanding, Utah. She has lived in South Jordan for 9 yrs. She has 3 beautiful children, 2 girls and 1 boy, ages 18, 15 and 8. She enjoys going shopping, the movies and going on road trips. She has traveled to California; Canada; Seattle, Washington; South Dakota and plans to see North Dakota this summer. Carolyn enjoys her coworkers at Carrington Court and admires the residents. We appreciate you!!



We enjoyed our field trip to the University of Utah Museum of Fine Arts in April. It's nice to get out and see different things around town. Thanks to all of you who participated. More good times coming next month. Keep smiling!