



Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616



Carol Thomas is our focus resident. She was born on Jan. 19, 1932. She had five siblings and one stepsister. She grew up in Pleasant Grove, UT, where she fell in love with her sweetheart in high school. They married after he returned from an LDS mission. They had 5 children, 3 grand- and 9 great-grandchildren. They moved to Provo, where she worked at Mountain Fuel as the home economist, doing cooking demonstrations, making cookbooks. She later became the district secretary working on one of the first computers. She also worked at the MTC and the Am. Fork hospital in the newborn unit. She sang with the Sweet Adelines group. Carol is a wonderful lady. We appreciate and love her.



JULY FIELD TRIP DAYS OF '47 PARADE OF FLOATS

Tuesday, July 22, AT 2:30 (loading at 1:00)
SOUTH VALLEY EXPO CENTER
RSVP AT CARRINGTONCOURTAL.COM

July 2014



If you spend time outside in the summer heat, remember to take frequent breaks in a cool place.



Dakota McNicol is our CNA spotlight. She was born on the 4th of July. She enjoys traveling and has been to several states and the Dominican Republic. She is going to Cabo, Mexico, for her senior trip. She loves Mexican food and spending time camping and boating with her family and friends. She will be going to Westminster College in the nursing program. Dakota is a good worker. She loves to interact with our residents and see them smile. Thank you, Dakota! Best wishes for your future.



Sunday	Monday	Tuesday
<p><i>Appreciate each other and our journey in this life. Smile and make a friend every day. We all can make a difference in someone's life. We appreciate you!</i></p>		<p>9:00 Rejuvenation 1 10:00 Bend & Stretch 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) / Target Practice Beanbags 2:30 Check It Out! Activities at the Tables 3:00 Snacks / Pet Therapy 4:00 Music / Terry Spencer 5:00 Dinner</p>
<p>9:00 Rejuvenation 6 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p>9:00 Rejuvenation 7 10:00 Kickball Circle /Walk About / Ring Toss 11:00 Magazines/Current Events 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snack Time 4:00 Puzzles 5:00 Dinner HAPPY BIRTHDAY KAREN NELSON</p>	<p>9:00 Rejuvenation 8 10:00 Bend & Stretch 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) / Target Practice Beanbags 2:30 Check It Out! Activities at the Tables 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner</p>
<p>9:00 Rejuvenation 13 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p>9:00 Rejuvenation 14 10:00 Kickball Circle /Walk About / Ring Toss 11:00 Magazines/Current Events 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snack Time 4:00 Puzzles 5:00 Dinner</p>	<p>9:00 Rejuvenation 15 10:00 Bend & Stretch 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) / Target Practice Beanbags 2:30 Check It Out! Activities at the Tables 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner</p>
<p>9:00 Rejuvenation 20 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p>9:00 Rejuvenation 21 10:00 Kickball Circle /Walk About / Ring Toss 11:00 Magazines/Current Events 12:00 Lunch 1:00 Sort and Match 3:00 Snack Time 4:00 Puzzles 5:00 Dinner</p>	<p>9:00 Rejuvenation 22 10:00 Bend & Stretch 11:00 Reminiscing 12:00 Lunch 1:00 Parade of Floats Trip 1:30 Gospel Doctrine Lesson (AL Side) 2:30 Check It Out! Activities at the Tables 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner</p>
<p>9:00 Rejuvenation 27 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p>9:00 Rejuvenation 28 10:00 Kickball Circle /Walk About / Ring Toss 11:00 Magazines/Current Events 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snack Time 4:00 Puzzles 5:00 Dinner</p>	<p>9:00 Rejuvenation 29 10:00 Bend & Stretch 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) / Target Practice Beanbags 2:30 Check It Out! Activities at the Tables 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner</p>

Mother's Day pictures!
 You can view more event pictures at carrintoncourtal.com; under the news category is the blog. Enjoy them.

July 2014



We enjoyed our May field trip to the Hoogle Zoo. It was fun seeing the animals and watching all the children at the zoo. We had a good turnout with our residents' families. It's important to have an opportunity to interact with each other as we journey through this experience as our families age. Memories are important.



Thank you for sharing your time with us. Let us know if you have any ideas for future field trips. We will be going to the Days of '47 Parade of Floats this month—Tuesday, July 22. Meet us at the South Town Expo Center at 2:30 (bus loads at 1:00). It would be nice to see you. Be happy and have a wonderful summer.