

January



30
 ENJOY YOUR SUNDAY!
 8:00 Breakfast
 9:30 Sacrament
 12:00 Lunch
 5:00 Dinner

31
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Bible Stories with Mike
 12:00 Lunch
 2:00 "Adventure Awaits" Van Ride
 5:00 Dinner

1
Happy New Year's Day!!
 8:00 Breakfast
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

2
 ENJOY YOUR SUNDAY!
 8:00 Breakfast
 9:30 Sacrament
 12:00 Lunch
 5:00 Dinner

3
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Balloon Noodle
 12:00 Lunch
 2:00 "Adventure Awaits" Van Ride
 5:00 Dinner

4
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Parachute Fun
 12:00 Lunch
 2:00 Ice Cream Social
 2:45 Magnificent Manicures/Creative Crafts
 5:00 Dinner

5
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Balloon Noodle
 12:00 Lunch
 2:00 "Adventure Awaits" Van Ride
 5:00 Dinner

6
Salon Day!
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Carrington Court Bowling
 12:00 Lunch
 2:00 Creative Crafts
 3:30 B-I-N-G-O
 5:00 Dinner

7
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory/Instruments
 12:00 Lunch
 2:00 What's Cookin'??
 2:30 Movie Matinee- Tasty Treat
 5:00 Dinner

8
 8:00 Breakfast
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

9
 ENJOY YOUR SUNDAY!
 8:00 Breakfast
 9:30 Sacrament
 12:00 Lunch
 5:00 Dinner

10
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Bible Stories with Mike
 12:00 Lunch
 2:00 "Adventure Awaits" Van Ride
 5:00 Dinner

11
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Parachute Fun
 12:00 Lunch
 2:00 Ice Cream Social
 2:45 Magnificent Manicures/Creative Crafts
 5:00 Dinner

12
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Balloon Noodle
 12:00 Lunch
 2:00 "Adventure Awaits" Van Ride
 5:00 Dinner

13
Salon Day!
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Carrington Court Bowling
 12:00 Lunch
 2:00 Creative Crafts
 3:30 B-I-N-G-O
 5:00 Dinner

14
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory/Instruments
 12:00 Lunch
 2:00 What's Cookin'??
 2:30 Movie Matinee- Tasty Treat
 5:00 Dinner

15
 8:00 Breakfast
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

16
 ENJOY YOUR SUNDAY!
 8:00 Breakfast
 9:30 Sacrament
 12:00 Lunch
 5:00 Dinner

17
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Balloon Noodle
 12:00 Lunch
 2:00 "Adventure Awaits" Van Ride
 5:00 Dinner

18
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Parachute Fun
 12:00 Lunch
 2:00 Ice Cream Social
 2:45 Magnificent Manicures/Creative Crafts
 5:00 Dinner

19
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Balloon Noodle
 12:00 Lunch
 2:00 "Adventure Awaits" Van Ride
 5:00 Dinner

20
Salon Day!
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Carrington Court Bowling
 12:00 Lunch
 2:00 Creative Crafts
 3:30 B-I-N-G-O
 5:00 Dinner

21
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory/Instruments
 12:00 Lunch
 2:00 What's Cookin'??
 2:30 Movie Matinee- Tasty Treat
 5:00 Dinner

22
 8:00 Breakfast
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

23
 ENJOY YOUR SUNDAY!
 8:00 Breakfast
 9:30 Sacrament
 12:00 Lunch
 5:00 Dinner

24
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Bible Stories with Mike
 12:00 Lunch
 2:00 "Adventure Awaits" Van Ride
 5:00 Dinner

25
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Parachute Fun
 12:00 Lunch
 2:00 Ice Cream Social
 2:45 Magnificent Manicures/Creative Crafts
 5:00 Dinner

26
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Balloon Noodle
 12:00 Lunch
 2:00 "Adventure Awaits" Van Ride
 5:00 Dinner

27
Salon Day!
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory
 11:00 Carrington Court Bowling
 12:00 Lunch
 2:00 Creative Crafts
 3:30 B-I-N-G-O
 5:00 Dinner

28
 10:00 Groove'n & Move'n Exercise
 10:30 Music & Memory/Instruments
 12:00 Lunch
 2:00 What's Cookin'??
 2:30 Movie Matinee- Tasty Treat
 5:00 Dinner

29
 8:00 Breakfast
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner





Carrington Court

1928 W 9800 S

South Jordan, UT 84095

801-676-8787

HAPPY NEW YEAR TO ALL OUR RESIDENTS!!

Looking back on months gone by, as a New Year starts and an old one ends. We recall all the wonderful moments and the happy times here at Carrington Court. Remembering all the special people we have come to know, and how much they have enriched our lives. We reflect on what really counts, and this is to do everything we can to have our residents feel loved and at home. As the fresh and bright New Year arrives, we hope this year brings good health, happiness, the Love of family, peace and a year full of joy!

January 2022

Happy New Year!!
Welcome 2022!!!



Happy Birthday!

Minnie S. - 12th

