



# Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616

## The Living Planet Aquarium



Please join us Monday, Jan. 13, or Jan. 15, 2014.  
Loading bus at 1:30 p.m. Please go to  
[carringtoncourtal.com](http://carringtoncourtal.com) to sign up!



**Happy New Year!!**

## January 2014



### **Alicia Mendez**

*Alicia is from Mexico. She married Salvador. Together, they have four children, eight grandchildren and 10 great-grandchildren. She worked in the poultry business. Her favorite holiday is Christmas. She likes books, magazines, dolls and the newspaper.*



**Having Too Much Fun!!**

Sunday	Monday	Tuesday
<i>Happy New Year</i>		
5	6	7
9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> 10:30 Arts & Crafts 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Kickball</b> 11:00 Magazines 12:00 Lunch <b>2:00 Van Ride</b> 3:00 Snack Time <b>4:00 1:1 Activities</b> 5:00 Dinner	9:00 Rejuvenation <b>10:00 Badminton Balloon</b> 11:00 Reminiscing 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side)</b> 4:00 Pet Therapy 5:00 Dinner
12	13	14
9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> 10:30 Arts & Crafts 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Kickball</b> 11:00 Magazines 12:00 Lunch <b>1:30 LIVING PLANET AQUARIUM TRIP!</b> 3:00 Snack Time <b>4:00 Singing W/Linda Davidson!??</b> 5:00 Dinner	9:00 Rejuvenation <b>10:00 Badminton Balloon</b> 11:00 Reminiscing 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side)</b> 4:00 Pet Therapy 5:00 Dinner
19	<b>Martin Luther King Jr. Day</b> 20	21
9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> 10:30 Arts & Crafts <b>11:00 Make Cupcakes</b> 12:30 Lunch 2:00 Table Games <b>3:00 Ice Cream &amp; Cake!</b> 4:00 Quiet Movie 5:00 Dinner <b>Happy Birthday Carol Thomas!</b>	9:00 Rejuvenation 10:00 <b>Kickball</b> 11:00 Magazines 12:00 Lunch <b>2:00 Van Ride</b> 3:00 Snack Time <b>4:00 1:1 Activities</b> 5:00 Dinner	9:00 Rejuvenation <b>10:00 Badminton Balloon</b> 11:00 Reminiscing 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side)</b> 4:00 Pet Therapy 5:00 Dinner
26	27	28
9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> 10:30 Arts & Crafts 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Kickball</b> 11:00 Magazines 12:00 Lunch <b>2:00 Van Ride</b> 3:00 Snack Time <b>4:00 1:1 Activities</b> 5:00 Dinner	9:00 Rejuvenation <b>10:00 Badminton Balloon</b> 11:00 Reminiscing 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side)</b> 4:00 Pet Therapy 5:00 Dinner



Wednesday	Thursday	Friday	Saturday
<p><b>New Year's Day</b> 1</p> <p><b>HAPPY NEW YEAR!!</b>            9:00 Rejuvenation  <b>10:00 Parachute</b>            11:00 "Sing Me a Song"            12:00 Lunch  <b>2:00 VAN RIDE</b>            3:00 Snack Time            4:00 Quiet Movie            5:00 Dinner</p> <p><i>Beautician Day!</i></p>	<p>2</p> <p>9:00 Rejuvenation  <b>10:00 Noodle Balloon</b>            11:00 Book Club            12:00 Lunch  <b>1:30 Massages</b>            3:00 Snack Time  <b>4:00 Scrapbooking</b>            5:00 Dinner</p>	<p>3</p> <p>9:00 Rejuvenation            10:00 Exercise Time            11:00 Nursing Rhymes            12:00 Lunch            1:30 Table Games            3:00 Snack Time  <b>4:00 Manicures</b>            5:00 Dinner</p>	<p>4</p> <p>9:00 Rejuvenation  <b>10:00 Parachute</b>  <b>11:00 "Sing Along"</b>            12:00 Lunch            1:00 Coloring  <b>3:30 Movie &amp; Popcorn</b>            5:00 Dinner</p>
<p>8</p> <p>9:00 Rejuvenation  <b>10:00 Parachute</b>            11:00 "Sing Me a Song"            12:00 Lunch  <b>2:00 VAN RIDE</b>            3:00 Snack Time  <b>4:15 Singing W/Cindy Tiedi!</b>            5:00 Dinner</p> <p><i>Beautician Day!</i></p>	<p>9</p> <p>9:00 Rejuvenation  <b>10:00 Noodle Balloon</b>            11:00 Book Club            12:00 Lunch  <b>1:30 Massages</b>            3:00 Snack Time  <b>4:00 Scrapbooking</b>            5:00 Dinner</p>	<p>10</p> <p>9:00 Rejuvenation            10:00 Exercise Time            11:00 Nursing Rhymes            12:00 Lunch            1:30 Table Games            3:00 Snack Time  <b>4:00 Manicures</b>            5:00 Dinner</p>	<p>11</p> <p>9:00 Rejuvenation  <b>10:00 Parachute</b>  <b>11:00 "Sing Along"</b>            12:00 Lunch            1:00 Coloring  <b>3:30 Movie &amp; Popcorn</b>            5:00 Dinner</p>
<p>15</p> <p>9:00 Rejuvenation  <b>10:00 Parachute</b>            11:00 "Sing Me a Song"            12:00 Lunch  <b>2:00 LIVING PLANET</b>  <b>AQUARIUM TRIP!</b>            3:00 Snack Time            4:00 Quiet Movie            5:00 Dinner</p> <p><i>Beautician Day!</i></p>	<p>16</p> <p>9:00 Rejuvenation  <b>10:00 Noodle Balloon</b>            11:00 Book Club            12:00 Lunch  <b>1:30 Massages</b>            3:00 Snack Time  <b>4:00 Singing W/Debbie Bowers!!</b>            5:00 Dinner</p>	<p>17</p> <p>9:00 Rejuvenation            10:00 Exercise Time            11:00 Nursing Rhymes            12:00 Lunch            1:30 Table Games            3:00 Snack Time  <b>4:00 Manicures</b>            5:00 Dinner</p>	<p>18</p> <p>9:00 Rejuvenation  <b>10:00 Parachute</b>  <b>11:00 "Sing Along"</b>            12:00 Lunch            1:00 Coloring  <b>3:30 Movie &amp; Popcorn</b>            5:00 Dinner</p>
<p>22</p> <p>9:00 Rejuvenation  <b>10:00 Parachute</b>            11:00 "Sing Me a Song"            12:00 Lunch  <b>2:00 VAN RIDE</b>            3:00 Snack Time            4:00 Quiet Movie            5:00 Dinner</p> <p><i>Beautician Day!</i></p>	<p>23</p> <p>9:00 Rejuvenation  <b>10:00 Noodle Balloon</b>            11:00 Book Club            12:00 Lunch  <b>1:30 Massages/Millcreek Vitals</b>            3:00 Snack Time  <b>4:00 Scrapbooking</b>            5:00 Dinner</p>	<p>24</p> <p>9:00 Rejuvenation            10:00 Exercise Time            11:00 Nursing Rhymes            12:00 Lunch            1:30 Table Games            3:00 Snack Time  <b>4:00 Manicures</b>            5:00 Dinner</p>	<p>25</p> <p>9:00 Rejuvenation  <b>10:00 Parachute</b>  <b>11:00 "Sing Along"</b>            12:00 Lunch            1:00 Coloring  <b>3:30 Movie &amp; Popcorn</b>            5:00 Dinner</p>
<p>29</p> <p>9:00 Rejuvenation  <b>10:00 Parachute</b>            11:00 "Sing Me a Song"            12:00 Lunch  <b>2:00 VAN RIDE</b>            3:00 Snack Time            4:00 Quiet Movie            5:00 Dinner</p> <p><i>Beautician Day!</i></p>	<p>30</p> <p>9:00 Rejuvenation  <b>10:00 Noodle Balloon</b>            11:00 Book Club            12:00 Lunch  <b>1:30 Massages</b>            3:00 Snack Time  <b>4:00 Scrapbooking</b>            5:00 Dinner</p>	<p>31</p> <p>9:00 Rejuvenation            10:00 Exercise Time            11:00 Nursing Rhymes            12:00 Lunch            1:30 Table Games            3:00 Snack Time  <b>4:00 Manicures</b>            5:00 Dinner</p>	

# January 2014

## Carol and Jill



Jill is from Provo, Utah. She married Jim and has three sons and five grandchildren. She worked as a massage therapist. She loves dogs. Her favorite holiday is Christmas, because she has brunch with her family. She likes to sew, knit, crochet and do crafts. She likes Mexican food. Jill loves working as a CNA and loves the residents. Thanks, Jill, for all you do!

## "This Month In History" JANUARY

**1789:** The very first U.S. presidential election is held, with George Washington proclaimed the winner.

**1845:** Edgar Allen Poe's famous poem "The Raven" is published in the New York Evening Mirror.

**1904:** At 91.37 miles per hour, Henry Ford breaks a land-speed record in Michigan.

**1908:** At midnight on New Year's Day, the first ball is dropped in Times Square in New York City, the beginning of a yearly tradition.

**1924:** The first Winter Olympic Games are held in Chamonix, France. They will continue every four years.

**1933:** On a Detroit radio station, "The Lone Ranger" premieres, sporting the sounds of the "William Tell" Overture.

**1945:** President Franklin Roosevelt is inaugurated for his unprecedented fourth and final term of office.

**1958:** Actors Paul Newman and Joanne Woodward marry and become a model for successful Hollywood marriages.

**1964:** The Peter Sellers dark comedy vehicle "Dr. Strangelove" is released to great acclaim.

**1984:** The Supreme Court rules that VCRs do not violate copyright laws.

**2008:** Due to a strike in the Writers Guild of America, the Golden Globe awards are not held formally; winners are announced at a news conference instead.