



# February



1  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:30 What's Cookin'??  
11:00 Check it out! Activities with the White Board  
12:00 Lunch  
1:30 Memorable Movie/Tasty Treat  
3:30 B-I-N-G-O  
5:00 Dinner

2  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:30 Ground Hog Day Craft  
12:00 Lunch  
1:30 B-I-N-G-O  
3:30 Fun & Games  
3:30 Snack Time  
5:00 Dinner



3  
9:00 Rejuvenation  
9:30 LDS Sacrament Meeting  
10:30 Music & Memory Therapy  
10:30 Ladies' Spa Day  
12:00 Lunch  
1:30 Afternoon Movie  
5:00 Dinner

4  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 Mind Joggers  
10:30 Time for Learning  
11:00 Old Time Radio/Singing  
12:00 Lunch  
2:00 "Out on the town" Van Ride/One-on-One Activities  
3:30 Snack Time  
5:00 Dinner

5  
9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 Indoor Sports/Target Practice  
11:00 Celebrate Chinese New Year  
12:00 Lunch  
1:30 Book Club/ Visits with Residents  
1:30 Gospel Doctrine (AL Side)  
2:30 Balloon Badminton  
3:30 Snack Time  
4:00 B-I-N-G-O  
5:00 Dinner

6  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 Circle Games/Parachute Fitness  
10:30 Art Appreciation  
12:00 Lunch  
1:30 Music/Piano  
1:30 Field Trip Mrs. Cavanaugh's/One-on-One Activities  
3:30 Snack Time  
5:00 Dinner

7  
**Salon Day!**  
9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 Make Valentine Bracelets  
12:00 Lunch  
1:30 Get Ready For Party!  
3:30 Snack Time  
5:00 Valentine's Day Dinner

8  
9:00 Rejuvenation  
9:30 Music & Memory Therapy  
9:30 Music'n Movement/Singing  
10:30 What's Cookin'??  
11:00 Check it out! Activities with the White Board  
12:00 Lunch  
1:30 Memorable Movie/Tasty Treat  
3:30 Music/Bob Shorten  
5:00 Dinner

9  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:30 Arts & Crafts  
12:00 Lunch  
1:30 B-I-N-G-O  
3:30 Fun & Games  
3:30 Snack Time  
5:00 Dinner



10  
9:00 Rejuvenation  
9:30 LDS Sacrament Meeting  
10:30 Music & Memory Therapy  
10:30 Ladies' Spa Day  
12:00 Lunch  
1:30 Afternoon Movie  
5:00 Dinner

11  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 Mind Joggers  
10:30 Time for Learning  
11:00 Old Time Radio/Singing  
12:00 Lunch  
2:00 "Out on the town" Van Ride/One-on-One Activities  
3:30 Snack Time  
5:00 Dinner

12  
9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:00 Becky With Sit & Dance  
11:00 Celebrate Abe Lincoln  
12:00 Lunch  
1:30 Book Club/ Visits with Residents  
1:30 Gospel Doctrine (AL Side)  
2:30 Balloon Badminton  
3:30 Music/Heidi Lawlor  
3:30 Snack Time  
5:00 Dinner

13  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 Circle Games/Parachute Fitness  
10:30 Art Appreciation  
12:00 Lunch  
2:00 "Out on the Town" Van Ride/One-on-One Activities  
3:30 Snack Time  
5:00 Dinner

14  
**Salon Day!**  
9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 This or That Game  
11:00 Carrington Court Bowling  
12:00 Lunch  
1:30 Creative Craft Class  
3:30 Valentine Day B-I-N-G-O "Prizes"  
3:30 Snack Time  
5:00 Dinner

15  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 What's Cookin'??  
11:00 Check it out! Activities with the White Board  
12:00 Lunch  
1:30 Memorable Movie/Tasty Treat  
3:30 B-I-N-G-O  
5:00 Dinner

16  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:30 Arts & Crafts  
12:00 Lunch  
1:30 B-I-N-G-O  
3:30 Fun & Games  
3:30 Snack Time  
5:00 Dinner



17  
9:00 Rejuvenation  
9:30 LDS Sacrament Meeting  
10:30 Music & Memory Therapy  
10:30 Ladies' Spa Day  
12:00 Lunch  
1:30 Afternoon Movie  
5:00 Dinner

18  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 Mind Joggers  
10:30 Time for Learning  
11:00 Old Time Radio Singing  
12:00 Lunch  
2:00 "Out on the Town" Van Ride/One-on-One Activities  
3:30 Snack Time  
5:00 Dinner

19  
9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 Indoor Sports/Target Practice  
11:30 Beanbag & Noodle Fun  
12:00 Lunch  
1:30 Book Club/ Visits with Residents  
1:30 Gospel Doctrine (AL Side)  
2:30 Balloon Badminton  
3:30 Snack Time  
4:00 B-I-N-G-O  
5:00 Dinner

20  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:30 Music/Taylorville Senior Band  
12:00 Lunch  
2:00 "Out on the town" Van Ride/One-on-One Activities  
3:30 Snack Time  
5:00 Dinner

21  
**Salon Day!**  
9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 ABC Game  
11:00 Carrington Court Bowling  
12:00 Lunch  
1:30 Creative Craft Class  
3:00 Music/Mixed Nuts  
5:00 Dinner

22  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:30 What's Cookin'??  
11:00 Check it out! Activities with the White Board  
12:00 Lunch  
1:30 Memorable Movie/Tasty Treat  
3:30 B-I-N-G-O  
5:00 Dinner

23  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:30 Arts & Crafts  
12:00 Lunch  
1:30 B-I-N-G-O  
3:30 Fun & Games  
3:30 Snack Time  
5:00 Dinner



24  
9:00 Rejuvenation  
9:30 LDS Sacrament Meeting  
10:30 Music & Memory Therapy  
10:30 Ladies' Spa Day  
12:00 Lunch  
1:30 Afternoon Movie  
5:00 Dinner

25  
9:00 Rejuvenation  
9:30 Groove'n & Move'n  
9:30 Music & Memory Therapy  
10:00 Mind Joggers  
10:30 Time for Learning  
11:00 Old Time Radio/Singing  
12:00 Lunch  
2:00 "Out on the Town" Van Ride/One-on-One Activities  
3:30 Snack Time  
5:00 Dinner

26  
**BIRTHDAY BASH!**  
9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:00 Becky With Sit & Dance  
10:30 Indoor Sports/Target Practice  
11:30 Beanbag & Noodle Fun  
12:00 Lunch  
1:30 Book Club/ Visits with Residents  
1:30 Gospel Doctrine (AL Side)  
2:30 Balloon Badminton  
3:30 Snack Time  
4:00 B-I-N-G-O  
5:00 Dinner

27  
9:00 Rejuvenation  
9:30 Music & Memory Therapy  
9:30 "Out on the Town" Van Ride/One-on-One Activities  
1:30 One-on-One Activities  
3:30 B-I-N-G-O  
5:00 Dinner

28  
**Salon Day!**  
9:00 Rejuvenation  
9:30 Music'n Movement/Singing  
9:30 Music & Memory Therapy  
10:30 Celebrity Guessing Game  
11:00 Carrington Court Bowling  
12:00 Lunch  
1:30 Creative Craft Class  
3:30 Music/Mike Westberg  
5:00 Dinner





### Valentine's Day Word Search



- Candy
- Cards
- Cupid
- Dear
- Doves
- February
- Flowers
- Friends
- Heart
- Hug
- Kiss
- Love
- Pink
- Red
- Sweetheart
- Treats
- Valentine



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## February 2019

### CELEBRATING VALENTINE'S DAY



Please come and enjoy a great dinner and a fabulous chocolate fountain for dessert on Thursday, February 7, at 5:00 p.m. We would like each resident to invite two guests to dine with them. Guests need to RSVP as soon as possible, or sign-up at the front desk.

*Happy Birthday!*

Sterla H. - 18th  
Dorothy K. - 23rd

### FEBRUARY FIELD TRIP TO MRS. CAVANAUGH'S CHOCOLATE FACTORY



Wednesday, February 6, we will be going to tour Mrs. Cavanaugh's Chocolate Factory. We will leave by 1:45 p.m., our tour at the factory is at 2:30 p.m. Please sign-up at the front desk as soon as possible, there is limited space available.

## Resident



## Spotlight

Larene was born March 20, 1925, in Morgan, Utah; the daughter of Roy and Cora Coolbear Jones. She had three older brothers, Leslie, Raymond, and Maxwell. When Larene was just thirteen years old, while she was at church, she had a cerebral hemorrhage, which left her right side paralyzed. Larene struggled to learn to do everything with her left hand, and she walked with a limp the rest of her life. Through a mutual friend, she was introduced to the love of her life, Jack. It so happened that Jack had scar tissue build up on his brain when he was a teenager, which left his right side paralyzed. They were able to understand each other's limitations and feelings. They were married 54 years. Larene has enjoyed crocheting, ceramics, and reading. She is shy, but has a mischievous sense of humor. She has overcome many obstacles and has endured hardships and unkindness while still maintaining her sweet spirit. She is an example to everyone.