



# Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616



## LOVE DEFINED

Love is a fragile butterfly soaring on gossamer wings,  
lifting the soul with beauty far above everyday things.

Love is a towering mountain,  
strong, constant and true.

Lending its strength to the weakest, giving them courage anew.

Love is a tender fledgling  
needing handling with care. Growing with tender devotion into full grown beauty rare.  
Love is a mighty whirlwind, tearing obstacles apart.

Yet love comes as a gentle breeze and settles in the heart.

"How can this be?" you ask me.  
The answer is short and concise.

Love is simply everything—  
its value beyond price.

## February 2016

### FEBRUARY FIELD TRIP TO MRS. CAVANAUGH'S FACTORY

Monday, Feb. 8, or Wednesday, Feb. 10, we will be going to tour the candy factory. We will leave Carrington Court at 1:30 p.m.; our tour is at 2:30 p.m. Please sign up at the front desk.



### VALENTINE'S DINNER AND DESSERT

Please come enjoy a great dinner and desserts with your loved one and listen to some wonderful songs on the piano. Thursday, February 11, at 5:00 p.m. Please go to [carringtoncourtal.com](http://carringtoncourtal.com) to sign up!

### HAPPY BIRTHDAY!

Valeea Crowther

February 14





# February 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>BE MY VALENTINE</b> "THE RECOMMENDED DAILY REQUIREMENT FOR HUGS IS FOUR PER DAY FOR SURVIVAL, EIGHT PER DAY FOR MAINTENANCE, AND TWELVE PER DAY FOR GROWTH" -VIRGINIA SATIR-	<b>1</b> 9:00 Rejuvenation 9:30 Fun With Words 10:00 Groove'N & Move'N 11:00 Time For Learning 12:00 Lunch <b>1:30 Van Ride/Skills Practice</b> 3:30 Snack Time 4:00 "Can You List This" 5:00 Dinner	<b>2</b> 9:00 Rejuvenation 9:30 Trivia 10:00 Groove'N & Move'N 11:00 Sing-A-Long 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side)</b> 2:00 Story Time 2:30 Balloon Badminton/Games 3:30 Snack Time 4:00 Comedy Hour 5:00 Dinner	<b>3</b> 9:00 Rejuvenation 9:30 Fun With Art 11:00 Crossword Puzzles 12:00 Lunch <b>1:30 Van Ride/Skills Practice</b> 3:30 Snack Time 4:00 Bowling 5:00 Dinner	<b>4</b> <b>BEAUTICIAN DAY!</b> 9:00 Rejuvenation 9:30 Nursery Rhymes 10:00 Groove'N & Move'N 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Craft Class 3:30 Snack Time <b>4:00 Music/Rosie &amp; Sheri</b> 5:00 Dinner	<b>5</b> 9:00 Rejuvenation 9:30 What's Cook'n? 11:00 Wheel of Fortune 12:00 Lunch 1:30 B-I-N-G-O 3:30 Movie/Tasty Treat 5:00 Dinner	<b>6</b> 9:00 Rejuvenation 9:30 Coloring/Art/Activity 11:00 Parachute/Beach Ball 12:00 Lunch 1:30 Fun & Games 3:30 Snack Time 4:00 Dean Martin/I Love Lucy 5:00 Dinner
<b>7</b> 9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> 10:30 Coloring 12:00 Lunch 1:30 Sort & Match 3:00 Ladies' Spa Day 4:00 Lawrence Welk/Quiet Show 5:00 Dinner	<b>8</b> 9:00 Rejuvenation 9:30 Fun With Words 10:00 Groove'N & Move'N <b>10:30 Music/Oysmidt Band</b> 12:00 Lunch <b>1:30 Field Trip to Mrs. Cavanaugh's</b> 3:30 Snack Time 4:00 "Can You List This" 5:00 Dinner	<b>9</b> 9:00 Rejuvenation 9:30 Trivia 10:00 Groove'N & Move'N 11:00 Sing-A-Long 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side)</b> 2:00 Story Time 2:30 Balloon Badminton/Games 3:30 Snack Time <b>4:00 Music/Debra Bowers</b> 5:00 Dinner	<b>10</b> 9:00 Rejuvenation 9:30 Fun With Art 11:00 Crossword Puzzles 12:00 Lunch <b>1:30 Field Trip to Mrs. Cavanaugh's</b> 3:30 Snack Time 4:00 Bowling 5:00 Dinner	<b>11</b> <b>BEAUTICIAN DAY!</b> 9:00 Rejuvenation 9:30 Nursery Rhymes 10:00 Groove'N & Move'N 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Craft Class 3:30 Snack Time <b>5:00 Valentine's Dinner</b> <b>5:30 Music/Jimmy Reed</b>	<b>12</b> 9:00 Rejuvenation 9:30 What's Cook'n? 11:00 Concentration - Valentine Theme 12:00 Lunch 1:30 B-I-N-G-O 3:30 Movie/Tasty Treat 5:00 Dinner	<b>13</b> 9:00 Rejuvenation 9:30 Coloring/Art/Activity 11:00 Parachute/Beach Ball 12:00 Lunch 1:30 Fun & Games 3:30 Snack Time 4:00 Dean Martin/I Love Lucy 5:00 Dinner
<b>14</b> 9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> 10:30 Coloring 12:00 Lunch 1:30 Sort & Match 3:00 Ladies' Spa Day 4:00 Lawrence Welk/Quiet Show 5:00 Dinner	<b>15</b> <b>Presidents Day</b> 9:00 Rejuvenation 9:30 Fun With Past Presidents 10:00 Groove'N & Move'N 11:00 Time For Learning 12:00 Lunch <b>1:30 Van Ride/Skills Practice</b> 3:30 Snack Time 4:00 "Can You List This" 5:00 Dinner	<b>16</b> 9:00 Rejuvenation 9:30 Trivia 10:00 Groove'N & Move'N 11:00 Sing-A-Long 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side)</b> 2:00 Story Time 2:30 Balloon Badminton/Games 3:30 Snack Time 4:00 Comedy Hour 5:00 Dinner	<b>17</b> 9:00 Rejuvenation 9:30 Fun With Art 11:00 Crossword Puzzles 12:00 Lunch <b>1:30 Van Ride/Skills Practice</b> 3:30 Snack Time 4:00 Bowling 5:00 Dinner	<b>18</b> <b>BEAUTICIAN DAY</b> 9:00 Rejuvenation 9:30 Nursery Rhymes 10:00 Groove'N & Move'N 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Craft Class 3:30 Snack Time <b>4:00 Music/BD Howes Band</b> 5:00 Dinner	<b>19</b> 9:00 Rejuvenation 9:30 What's Cook'n? 11:00 Wheel of Fortune 12:00 Lunch 1:30 B-I-N-G-O 3:30 Movie/Tasty Treat 5:00 Dinner	<b>20</b> 9:00 Rejuvenation 9:30 Coloring/Art/Activity 11:00 Parachute/Beach Ball 12:00 Lunch 1:30 Fun & Games 3:30 Snack Time 4:00 Dean Martin/I Love Lucy 5:00 Dinner
<b>21</b> 9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> 10:30 Coloring 12:00 Lunch 1:30 Sort & Match 3:00 Ladies' Spa Day 4:00 Lawrence Welk/Quiet Show 5:00 Dinner	<b>22</b> 9:00 Rejuvenation 9:30 Fun With Words 10:00 Groove'N & Move'N 11:00 Time For Learning 12:00 Lunch <b>1:30 Van Ride/Skills Practice</b> 3:30 Snack Time 4:00 "Can You List This" 5:00 Dinner	<b>23</b> <b>Birthday Bash!</b> 9:00 Rejuvenation 9:30 Trivia 10:00 Groove'N & Move'N 11:00 Sing-A-Long 12:00 Lunch <b>1:30 Gospel Doctrine Lesson (AL Side)</b> 2:00 Story Time 2:30 Balloon Badminton/Games 3:30 Snack Time 4:00 Comedy Hour 5:00 Dinner	<b>24</b> <b>IN-SERVICE MEETING 2:30</b> 9:00 Rejuvenation <b>9:30 Van Ride/Skills Practice</b> 11:00 Crossword Puzzles 12:00 Lunch 1:30 One-on-One Activities 3:30 Snack Time 4:00 Bowling 5:00 Dinner	<b>25</b> <b>BEAUTICIAN DAY!</b> 9:00 Rejuvenation 9:30 Nursery Rhymes 10:00 Groove'N & Move'N 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Craft Class 3:30 Snack Time <b>3:30 Music/New Fiddlers</b> 5:00 Dinner	<b>26</b> 9:00 Rejuvenation 9:30 What's Cook'n? 11:00 Jeopardy 12:00 Lunch 1:30 B-I-N-G-O 3:30 Movie/Tasty Treat 5:00 Dinner	<b>27</b> 9:00 Rejuvenation 9:30 Coloring/Art/Activity 11:00 Parachute/Beach Ball 12:00 Lunch 1:30 Fun & Games 3:30 Snack Time 4:00 Dean Martin/I Love Lucy 5:00 Dinner
<b>28</b> 9:00 Rejuvenation <b>9:30 LDS Sacrament Meeting</b> 10:30 Coloring 12:00 Lunch 1:30 Sort & Match 3:00 Ladies' Spa Day 4:00 Lawrence Welk/Quiet Show 5:00 Dinner	<b>29</b> 9:00 Rejuvenation 9:30 Fun With Words 10:00 Groove'N & Move'N 11:00 Time For Learning 12:00 Lunch <b>1:30 Van Ride/Skills Practice</b> 3:30 Snack Time 4:00 "Can You List This" 5:00 Dinner					



# February 2016

## EMPLOYEE SPOTLIGHT FOR FEBRUARY



Kenn is always willing to lend a helping hand!

Kenn is our Maintenance Manager, and is doing a tremendous job. He was born in Salt Lake City, but raised in Draper, Utah. He is number eight out of nine children, so he grew up in a large family. What is most important to Kenn is his family of six children, and his church membership. He has been to Hawaii, Canada, and the surrounding states of Utah. He hopes to visit Alaska, Japan, and Vermont in the fall someday. Kenn's biggest accomplishments are his children, and owning his own general contracting company. He has many hobbies and things he likes to do, which include movies, skiing, golfing, hiking, four-wheeling, building and drawing. His favorite food is a scoop of vanilla ice cream on a warm slice of rhubarb pie. Something very unique about Kenn is that he appeared on a television show on channel 2 doing a home improvement show demonstration. He was also a cheerleader in high school. Kenn is a great addition to the team!

Happy  
Valentine's  
Day