



30
 9:00 Rejuvenation
 9:30 LDS Sacrament Meeting
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 5:00 Dinner

31
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Circle Games/Parachute Fun
 10:30 Art Appreciation
 12:00 Lunch
 2:00 Puzzles
 3:30 B-I-N-G-O
 3:30 Snack Time
 5:00 Dinner



9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Arts & Crafts
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Fun & Games
 3:30 Snack Time
 5:00 Dinner



2
 9:00 Rejuvenation
 9:30 LDS Sacrament Meeting
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 5:00 Dinner

3
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Mind Joggers
 10:30 Young At Heart Dancers
 11:00 Old Time Radio/Singing
 12:00 Lunch
 2:00 "Out on the Town" Van Ride/One-on-One Activities
 3:30 Snack Time
 5:00 Dinner

4
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Indoor Sports/Target Practice
 11:30 Bean Bag & Noodle Fun
 12:00 Lunch
 1:30 Book Club/ Visits with Residents
 1:30 Gospel Doctrine (AL Side)
 2:30 Balloon Badminton
 3:30 Snack Time
 4:00 B-I-N-G-O
 5:00 Dinner

5
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Circle Games/Parachute Fitness
 10:30 Art Appreciation
 12:00 Lunch
 2:00 "Out on the Town" Van Ride/One-on-One Activities
 3:30 Snack Time
 5:00 Dinner

6
Salon Day!
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Carrington Court Bowling
 12:00 Lunch
 1:30 Creative Craft
 3:30 Music/John Green
 3:30 Snack Time
 5:00 Dinner

7
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check it out! Activities with the White Board
 12:00 Lunch
 1:30 Memorable Movie/Tasty Treat
 3:30 B-I-N-G-O
 5:00 Dinner

8
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Arts & Crafts
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Fun & Games
 3:30 Snack Time
 5:00 Dinner



9
 9:00 Rejuvenation
 9:30 LDS Sacrament Meeting
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 5:00 Dinner

10
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Mind Joggers
 10:30 Time for Learning
 11:00 Old Time Radio/Singing
 12:00 Lunch
 2:00 "Out on the Town" Van Ride/One-on-One Activities
 3:30 Snack Time
 5:00 Dinner

11
 9:00 Rejuvenation
 9:30 Becky with Sit-n-Dance
 9:30 Music & Memory Therapy
 10:30 Indoor Sports/Target Practice
 11:30 Beanbag & Noodle Fun
 12:00 Lunch
 1:30 Book Club/ Visits with Residents
 1:30 Gospel Doctrine (AL Side)
 2:30 Balloon Badminton
 3:30 Music/Terry Spencer
 5:00 Dinner

12
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Circle Games/Parachute Fitness
 11:00 Music/Taylorville Senior Band
 12:00 Lunch
 3:30 Snack Time
 5:00 Dinner

13
Salon Day!
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Carrington Court Bowling
 12:00 Lunch
 1:30 Get Ready for Party
 3:30 Snack Time
 5:00 Christmas Dinner

14
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check it out! Activities with the White Board
 12:00 Lunch
 1:30 Memorable Movie/Tasty Treat
 3:30 B-I-N-G-O
 5:00 Dinner

15
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Music/Piano Recital
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Fun & Games
 3:30 Snack Time
 5:00 Dinner



16
 9:00 Rejuvenation
 9:30 LDS Sacrament Meeting
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 5:00 Dinner

17
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Mind Joggers
 10:30 Time for Learning
 11:00 Old Time Radio/Singing
 12:00 Lunch
 2:00 "Out on the town" Van Ride/One-on-One Activities
 3:30 Snack Time
 5:00 Dinner

18
PAJAMA DAY!
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Indoor Sports/Target Practice
 11:30 Beanbag & Noodle Fun
 12:00 Lunch
 1:30 Book Club/ Visits with Residents
 1:30 Gospel Doctrine (AL Side)
 2:30 Balloon Badminton
 3:30 Snack Time
 4:00 B-I-N-G-O
 5:00 Dinner

19
 9:00 Rejuvenation
 9:30 "Out on the Town" Van Ride/One-on-One Activities
 9:30 Music & Memory Therapy
 12:00 Lunch
 1:30 One-on-One Activities
 3:30 Snack Time
 3:30 B-I-N-G-O
 5:00 Dinner

20
Salon Day!
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Carrington Court Bowling
 12:00 Lunch
 1:30 Creative Craft Class
 3:30 Music/Debra Bowers
 3:30 Snack Time
 5:00 Dinner

21
CRAZY CHRISTMAS SWEATER & SOCK DAY!
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check it out! Activities with the White Board
 12:00 Lunch
 1:30 Memorable Movie/Tasty Treat
 3:30 B-I-N-G-O
 5:00 Dinner

22
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Arts & Crafts
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Fun & Games
 3:30 Snack Time
 5:00 Dinner



23
 9:00 Rejuvenation
 9:30 LDS Sacrament Meeting
 10:30 Music & Memory Therapy
 10:30 Ladies' Spa Day
 12:00 Lunch
 1:30 Afternoon Movie
 5:00 Dinner

24
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Mind Joggers
 10:30 Time for Learning
 11:00 Old Time Radio/Singing
 12:00 Lunch
 2:00 Puzzles
 3:30 B-I-N-G-O
 3:30 Snack Time
 5:00 Dinner



25
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:00 Circle Games/Parachute Fun
 10:30 Music/Heart & Soul
 12:00 Lunch
 2:00 "Out on the town" Van Ride/One-on-One Activities/
 3:30 Snack Time
 5:00 Dinner

26
Salon Day!
 9:00 Rejuvenation
 9:30 Music'n Movement/Singing
 9:30 Music & Memory Therapy
 10:30 Carrington Court Bowling
 12:00 Lunch
 1:30 Creative Craft Class
 3:30 B-I-N-G-O
 5:00 Dinner

27
 9:00 Rejuvenation
 9:30 Becky with Sit-n-Dance
 9:30 Music & Memory Therapy
 10:00 What's Cookin'??
 11:00 Check it out! Activities with the White Board
 12:00 Lunch
 1:30 Memorable Movie/Tasty Treat
 3:30 B-I-N-G-O
 5:00 Dinner

28
 9:00 Rejuvenation
 9:30 Groove'n & Move'n
 9:30 Music & Memory Therapy
 10:30 Arts & Crafts
 12:00 Lunch
 1:30 B-I-N-G-O
 3:30 Fun & Games
 3:30 Snack Time
 5:00 Dinner



Christmas Long Ago
by Jo Geis

Frosty days and ice-still nights,
Fir trees trimmed with tiny lights,
Sound of sleigh bells in the snow,
That was Christmas long ago.

Tykes on sleds and shouts of glee,
Icy-window filigree,
Sugarplums and candle glow,
Part of Christmas long ago.

Footsteps stealthy on the stair,
Sweet-voiced carols in the air,
Stocking hanging in a row,
Tell of Christmas long ago.

Starry nights so still and blue,
Good friends calling out to you,
Life, so fast, will always slow...
For dreams of Christmas long ago.

CHRISTMAS.365GREETINGS.COM



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December 2018



CHRISTMAS DINNER WITH SANTA!

Thursday, December 13, we will be celebrating an early Christmas dinner at Carrington Court, it will begin at 5:00 p.m. Every resident is asked to invite two guests to join them for a wonderful dinner. There will be a surprise visit from Santa. Please RSVP at carringtoncourtal.com or sign-up at the front desk.



Santa Claus Is Coming to Town!!



'Twas the night before Christmas and all through the house
Not a creature was stirring, not even a mouse.
All the stockings were hung by the chimney with care
In hope that Saint Nicholas soon would be there.
Then, what to my wondering eyes should appear,
A miniature sleigh and eight tiny reindeer,
A little old driver so lively and quick,
I knew in a moment it must be Saint Nick.

Happy Birthday!

Frances G. - 27th
Joyce D. - 28th