



Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616

Festival of Trees Trip



Wednesday, Dec. 4, at 9:30 a.m. This is a one trip only. Please sign up at carringtoncourtal.com.



"Breakfast With Santa"!!

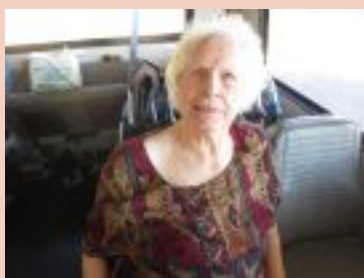
Saturday, Dec. 14, at 11 a.m. Please RSVP at carringtoncourtal.com.

December 2013


Ador Mulinyawe

Ador is our spotlight for December. He was born in Alaminos Laguna Philippines. He worked as an accounting clerk/sales. He loves business and likes to meet and serve others. His favorite holiday was Hometown Fiesta, because of the good food and meeting friends. Some of the fun traditions he had were Christmas and New Year's with family. Ador likes to cook, garden, indoor and outdoor decorating, and he loves to sing. A lesson he has lived by is to love and help others, and then continue to help when needed. We appreciate your love and example in our lives. Thanks for being a great friend to us. We love you!





Sunday	Monday	Tuesday
<p style="text-align: right;">1</p> <p>9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Arts & Crafts 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p style="text-align: right;">2</p> <p>9:00 Rejuvenation 10:00 Kickball 11:00 Magazines 12:00 Lunch 2:00 Van Ride 3:00 Snack Time 4:00 1:1 Activities 5:00 Dinner</p>	<p style="text-align: right;">3</p> <p>9:00 Rejuvenation 10:00 Badminton Balloon 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 4:00 Pet Therapy 5:00 Dinner 6:30 Young Women's Group</p>
<p style="text-align: right;">8</p> <p>9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Arts & Crafts 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p style="text-align: right;">9</p> <p>9:00 Rejuvenation 10:00 Kickball 11:00 Magazines 12:00 Lunch 2:00 Van Ride 3:00 Snack Time 4:00 Riverton Children's Choir 5:00 Dinner</p>	<p style="text-align: right;">10</p> <p>9:00 Rejuvenation 10:00 Badminton Balloon 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 4:00 Pet Therapy 5:00 Dinner 6:45 Young Men's/Young Women's Group Night</p>
<p style="text-align: right;">15</p> <p>9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Arts & Crafts 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p style="text-align: right;">16</p> <p>9:00 Rejuvenation 10:00 Kickball 11:00 Magazines 12:00 Lunch 2:00 Van Ride 3:00 Snack Time 4:30 Piano Recital 5:00 Dinner</p>	<p style="text-align: right;">17</p> <p>9:00 Rejuvenation 10:00 Badminton Balloon 11:00 Reminiscing/Make Cupcakes! 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 3:00 Cake & Ice Cream 4:00 Pet Therapy 5:00 Dinner Happy Birthday Jennie Shaffer!</p>
<p style="text-align: right;">22</p> <p>9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Arts & Crafts 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p style="text-align: right;">23</p> <p>9:00 Rejuvenation 10:00 Kickball/Foot Doctor 11:00 Magazines 12:00 Lunch 2:00 Van Ride 3:00 Snack Time 4:00 1:1 Activities 5:00 Dinner 6:15 South Valley Symphony</p>	<p style="text-align: right;">24</p> <p>9:00 Rejuvenation 10:00 Badminton Balloon 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 4:00 Pet Therapy 5:00 Dinner</p>
<p style="text-align: right;">29</p> <p>9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Arts & Crafts 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p style="text-align: right;">30</p> <p>9:00 Rejuvenation 10:00 Kickball 11:00 Magazines/Cake & Ice Cream! 12:00 Lunch/Cake & Ice Cream 2:00 Van Ride 3:00 Snack Time 4:00 1:1 Activities 5:00 Dinner Happy Birthday Helen Eklund!</p>	<p style="text-align: right;">31</p> <p>9:00 Rejuvenation 10:00 Badminton Balloon 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 4:00 Pet Therapy 5:00 Dinner Happy New Year's Eve!!</p>

Wednesday	Thursday	Friday	Saturday
<p>4</p> <p>9:00 Rejuvenation 9:30 Festival of Trees Trip!! 12:00 Lunch 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner 7:00 Young Women Group!</p> <p>Beautician Day!</p>	<p>5</p> <p>9:00 Rejuvenation 10:00 Noodle Balloon 11:00 Book Club 12:00 Lunch 1:30 Massages 3:00 Snack Time 4:00 Scrapbooking 5:00 Dinner</p>	<p>6</p> <p>9:00 Rejuvenation 10:00 Exercise Time 11:00 Nursing Rhymes 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 X-mas Music With Terry!! 5:00 Dinner</p>	<p>7</p> <p>9:00 Rejuvenation 10:00 "Sit N' Be Fit" 11:00 Piano Recital X-mas Music 12:00 Lunch 1:00 Coloring 3:30 Movie & Popcorn 5:00 Dinner</p>
<p>11</p> <p>9:00 Rejuvenation 10:00 Parachute 11:00 "Sing Me a Song" 12:00 Lunch 2:00 VAN RIDE 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner</p> <p>Beautician Day!</p>	<p>12</p> <p>9:00 Rejuvenation 10:00 Noodle Balloon 11:00 Book Club 12:00 Lunch 1:30 Massages 3:00 Snack Time 4:00 Scrapbooking 5:00 Dinner</p>	<p>13</p> <p>9:00 Rejuvenation 10:00 Exercise Time 11:00 Nursing Rhymes 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures 5:00 Dinner</p>	<p>14</p> <p>9:00 Rejuvenation 11:00 "Breakfast With Santa" Families & Friends Welcome!! 1:00 Coloring 3:30 Movie & Popcorn 5:00 Dinner</p>
<p>18</p> <p>9:00 Rejuvenation 10:00 Parachute 11:00 "Sing Me a Song" 12:00 Lunch 2:00 Van Ride Canceled 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner</p> <p>Beautician Day!</p>	<p>19</p> <p>9:00 Rejuvenation 10:00 Noodle Balloon 11:00 Book Club 12:00 Lunch 1:30 Massages 3:00 Snack Time 4:00 Scrapbooking 5:00 Dinner 6:30 Alzheimer's/Dementia Support Group on the Assisted Living Side</p>	<p>20</p> <p>9:00 Rejuvenation 10:00 Exercise Time 11:00 Nursing Rhymes 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures 5:00 Dinner</p>	<p>21</p> <p>9:00 Rejuvenation 10:00 "Sit & Be Fit" 11:00 "Sing Along" 12:00 Lunch 1:00 Coloring 3:30 Movie & Popcorn 5:00 Dinner</p>
<p>Christmas 25</p> <p>9:00 Rejuvenation 10:00 Open Gifts 11:00 Christmas Stories/Make Cupcakes 12:00 Lunch 3:00 Cake & Ice Cream 4:00 Christmas Movie 5:00 Dinner Merry Christmas!! Happy Birthday Sally Behunin!!</p>	<p>26</p> <p>9:00 Rejuvenation 10:00 Noodle Balloon 11:00 Book Club 12:00 Lunch 1:30 Massages/Millcreek Vitals 3:00 Snack Time 4:00 Scrapbooking 5:00 Dinner</p>	<p>27</p> <p>9:00 Rejuvenation 10:00 Exercise Time 11:00 Nursing Rhymes 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures 5:00 Dinner</p>	<p>28</p> <p>9:00 Rejuvenation 10:00 "Sit & Be Fit" 11:00 "Sing Along"/Make Cupcakes 12:00 Lunch 1:00 Coloring 3:30 Cake & Ice Cream 5:00 Dinner Happy Birthday Oliver McPherson!</p>
			

December 2013

Karen & Hamer



Karen is our staff spotlight for December. She was born in Bountiful, UT. She worked as an assistant buyer at the U of U, and then she became a mom of three kids. She loves Halloween, because it's her children's favorite holiday. She likes to run. Her favorite foods are peaches, strawberries and fruit smoothies. She likes historical fiction books. She has traveled to Scotland, London, Paris, and Cancun. She admires her dad, because of his kindness to everyone and his desire to learn more. Karen loves working here at Carrington Court! She loves the residents and staff. She feels so blessed to be here. We appreciate all that you do, Karen!!

"This Month In History" DECEMBER

1732: Benjamin Franklin first publishes "Poor Richard's Almanac."

1776: George Washington and his Continental Army cross the Delaware River to attack British troops.

1884: Construction of the Washington Monument is completed. The 555-foot marble obelisk honors the nation's founding father.

1891: Using peach baskets and soccer balls, physical education teacher James Naismith creates an indoor sport called basketball.

1903: The Wright Brothers pilot the first successful powered and controlled airplane flight.

1946: The United Nations International Children's Emergency Fund (UNICEF) is founded.

1947: Tennessee Williams' "A Streetcar Named Desire" opens on Broadway.

1956: The first gorilla born in captivity arrives at the Columbus, Ohio, zoo. Colo went on to become a mother, grandmother and great-grandmother herself.

1962: Arizona's Petrified Forest is established as a national park. The petrified wood comes from tall conifers that grew more than 200 million years ago.

1973: Following the resignation of Spiro Agnew, Gerald Ford is sworn in as vice president of the United States.

1982: Barney Clark becomes the first recipient of a permanent artificial heart.

2008: Bernie Madoff is arrested for securities fraud and is eventually sentenced to 150 years in prison.