

August 2021

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1  
ENJOY YOUR SUNDAY!  
8:00 Breakfast  
9:30 Sacrament Meeting  
12:00 Lunch  
5:00 Dinner

2  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 Balloon Noodle  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

3  
9:30 "Drumtastic Fun" Exercise  
10:00 Music & Memory  
10:30 Parachute Fun  
12:00 Lunch  
1:30 Creative Crafts  
3:00 Magnificent Manicures/  
Ice Cream Social  
5:00 Dinner

4  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 Balloon Noodle  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

5  
Salon Day!  
9:30 "Drumtastic Fun" Exercise  
10:00 Music & Memory  
10:30 Carrington Court Bowling  
12:00 Lunch  
1:30 Creative Crafts  
3:30 B-I-N-G-O  
5:00 Dinner

6  
9:30 Groove'n & Move'n Exercise  
10:00 What's Cookin'??  
12:00 Lunch  
1:30 Movie Matinee-Tasty Treat  
5:00 Dinner

7  
8:00 Breakfast  
12:00 Lunch  
3:00 B-I-N-G-O  
5:00 Dinner



8  
ENJOY YOUR SUNDAY!  
8:00 Breakfast  
9:30 Sacrament Meeting  
12:00 Lunch  
5:00 Dinner

9  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
11:00 Mike/Exercise  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

10  
9:30 "Drumtastic Fun" Exercise  
10:00 Music & Memory  
10:30 Parachute Fun  
12:00 Lunch  
1:30 Creative Crafts  
3:00 Magnificent Manicures/  
Ice Cream Social  
5:00 Dinner

11  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 Balloon Noodle  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

12  
Salon Day!  
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10:00 Music & Memory  
10:30 Carrington Court Bowling  
12:00 Lunch  
1:30 Creative Crafts  
3:30 B-I-N-G-O  
5:00 Dinner

13  
9:30 Groove'n & Move'n Exercise  
10:00 What's Cookin'??  
12:00 Lunch  
1:30 Movie Matinee/Tasty Treat  
5:00 Dinner

14  
8:00 Breakfast  
12:00 Lunch  
3:00 B-I-N-G-O  
5:00 Dinner



15  
ENJOY YOUR SUNDAY!  
8:00 Breakfast  
9:30 Sacrament Meeting  
12:00 Lunch  
5:00 Dinner

16  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
11:00 Mike/Bible Story  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

17  
9:30 "Drumtastic Fun" Exercise  
10:00 Music & Memory  
10:30 Parachute Fun  
12:00 Lunch  
1:30 Creative Crafts  
3:00 Magnificent Manicures/  
Ice Cream Social  
5:00 Dinner

18  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
10:30 Balloon Noodle  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

19  
Salon Day!  
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5:00 Dinner

20  
9:30 Groove'n & Move'n Exercise  
10:00 What's Cookin'??  
12:00 Lunch  
1:30 Movie Matinee/Tasty Treat  
5:00 Dinner

21  
8:00 Breakfast  
12:00 Lunch  
3:00 B-I-N-G-O  
5:00 Dinner



22  
ENJOY YOUR SUNDAY!  
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9:30 Sacrament Meeting  
12:00 Lunch  
5:00 Dinner

23  
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10:00 Music & Memory  
10:30 Mike/Exercise  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

24  
9:30 "Drumtastic Fun" Exercise  
10:00 Music & Memory  
10:30 Parachute Fun  
12:00 Lunch  
1:30 Creative Crafts  
3:00 Magnificent Manicures/  
Ice Cream Social  
5:00 Dinner

25  
9:30 Groove'n & Move'n Exercise  
10:00 Music & Memory  
11:00 Balloon Noodle  
12:00 Lunch  
2:00 "Adventure Awaits"  
Van Ride  
5:00 Dinner

26  
Salon Day!  
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10:00 Music & Memory  
10:30 Carrington Court Bowling  
12:00 Lunch  
1:30 Creative Crafts  
3:30 B-I-N-G-O  
5:00 Dinner

27  
9:30 Groove'n & Move'n Exercise  
10:00 What's Cookin'??  
12:00 Lunch  
1:30 Movie Matinee/Tasty Treat  
5:00 Dinner

28  
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12:00 Lunch  
3:00 B-I-N-G-O  
5:00 Dinner

29  
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11:00 Mike/Bible Story  
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5:00 Dinner

31  
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12:00 Lunch  
1:30 Creative Crafts  
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Ice Cream Social  
5:00 Dinner



August





# Carrington Court Friends



1928 W 9800 S

South Jordan, UT 84095

801-676-8787

## Friends are Family!

## August 2021

### August in History

- 1790: The first U.S. Census is completed and records a population of 4 million people in America.
- 1909: A penny for your thoughts! The Lincoln 1 -cent coin is issued and goes into circulation.
- 1914: The Panama Canal officially opens. The 50-mile-long waterway is a vital shipping shortcut, connection the Atlantic and Pacific oceans.
- 1924: "Little Orphan Annie," a daily comic strip by Harold Gray, debuts.
- 1930: Clarence Birdseye is granted a patent for his quick-freeze method of packaging frozen foods.
- 1942: Walt Disney's animated film "Bambi" premieres in New York City.
- 1954: The first issue of Sports Illustrated is published.
- 1963: On the steps of the Lincoln Memorial, Martin Luther King Jr. delivers his stirring "I Have a Dream" speech to thousands of civil rights supporters in Washington, D.C.
- 1974: French aerialist Philippe Petit gains fame for his high-wire walk between the Twin Towers of New York City's World Trade Center.
- 1992: The Largest Shopping mall in the country, the Mall of America, opens in Bloomington, Minn.

