



Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616

August 2015

AUGUST FIELD TRIP TO THE NATURAL HISTORY MUSEUM

Monday, August 17, or Wednesday August 19; choose a day and RSVP at carringtoncourtal.com for an interesting and fun day at the museum. We'll load the bus at 1 p.m.



Carolyn Kemp was born on April 26, 1944 and grew up in Cottonwood Heights, Utah. She married the love of her life, Larry. They met in middle-school, and she knew right away that he was the man she wanted to spend the rest of her life with. He was a firefighter and a well-respected humanitarian in the community. They have three children, seven grandchildren, and four great grandchildren. She began working at Jordan Valley School, where she worked with students who had severe multiple disabilities. Carolyn enjoyed crocheting and hemstitching baby blankets. Every child in the family had the pleasure of snuggling in one of her blankets. Carolyn's most favorite vacations were the annual trips to Jackson Hole, Disneyland and San Diego. She loved the ocean and collecting as many seashells as her bucket would allow. Carolyn loves to laugh and she loves long, big hugs.



Man's Best Friend

You've probably heard the saying "Every dog has its day," and that is indeed the case on Aug. 26, National Dog Day. Celebrate man's best friend by giving your pooch a special treat and belly rub. Don't have a dog? Those in local animal shelters would love a visit and a scratch behind the ears!



Father's Day Dinner Celebration



Nolan with his wife and daughter



Mr. Cope enjoying the barbeque



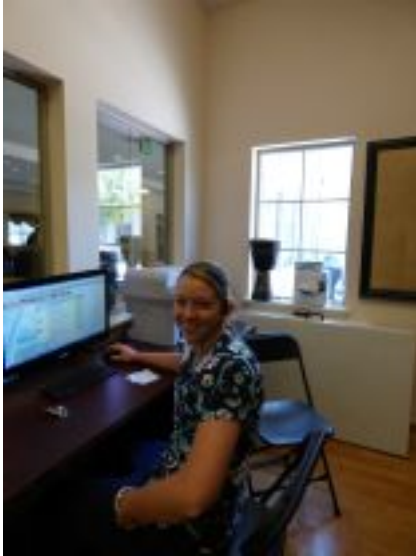
Great Memories

Sunday	Monday	Tuesday
<p>One-on-One Activities: Time to engage one resident at a time in appropriate exercise or movements. Focus on who they are and what may interest them. Communicate. Talk and walk. See them smile.</p>		
2	3	4
<p>9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Time for Learning 11:00 Chair Dancing & Singing 12:00 Lunch 1:30 Van Ride / Skills Practice 3:00 Snacks 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:30 Music/Wildwood 11:00 Book Club/Stories 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 2:00 Sports/Games/Puzzles 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner</p>
9	10	11
<p>9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Time for Learning 11:00 Chair Dancing & Singing 12:00 Lunch 1:30 Van Ride / Skills Practice 3:00 Snacks 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Exercise Time 11:00 Book Club/Stories 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 2:00 Sports/Games/Puzzles 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner</p>
16	17	18
<p>9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents 12:30 Lunch 1:00 Lawrence Welk Show 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Time for Learning 11:00 Chair Dancing & Singing 12:00 Lunch 1:30 Field Trip to Natural History Museum 3:00 Snacks 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Exercise Time 11:00 Book Club/Stories 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) 2:00 Sports/Games/Puzzles 3:00 Snacks 4:00 Pet Therapy 5:00 Dinner</p>
23/30	24/31	25
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Wednesday	Thursday	Friday	Saturday
<p><i>Appreciate each other and our journey in this life. Smile and make a friend every day. We all can make a difference in someone's life. We appreciate you!</i></p>	<p>We have a Eucharistic Minister available for our Catholic residents on Wednesday afternoon. Contact Debby if a visit is requested and it will be arranged.</p>	<p>9:00 Rejuvenation 10:00 Baking 11:00 Bingo 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner</p>	<p style="text-align: right;">1</p> <p>9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
5	6	7	8
<p>9:00 Rejuvenation 10:00 Sittercise 11:00 Sing-A-Long 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snack Time / Walk About 3:30 Memorable Movie 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Crafts 3:00 Snack Time 4:00 Music W/Rosie & Sheri 5:00 Dinner Beautician Day!</p>	<p>9:00 Rejuvenation 10:00 Baking 11:00 Bingo 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
12	13	14	15
<p>9:00 Rejuvenation 10:00 Sittercise 11:00 Sing-A-Long 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snack Time / Walk About 3:30 Memorable Movie 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Crafts 3:00 Snack Time 4:00 Music W/Debra Bowers 5:00 Dinner Beautician Day!</p>	<p>9:00 Rejuvenation 10:00 Baking 11:00 Bingo 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
19	20	21	22
<p>9:00 Rejuvenation 10:00 Sittercise 11:00 Sing-A-Long 12:00 Lunch 1:30 Field Trip to Natural History Museum 3:00 Snack Time / Walk About 3:30 Memorable Movie 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Crafts 3:00 Snack Time 4:00 Music/Hand Massage 5:00 Dinner Beautician Day!</p>	<p>9:00 Rejuvenation 10:00 Baking 11:00 Bingo 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>
26	27	28	29
<p>9:00 Rejuvenation 10:00 Van Ride/1:1 Activities 11:00 Sing-A-Long 12:00 Lunch 3:00 Snack Time / Walk About 3:30 Memorable Movie 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Rhythm Band & Singing 12:00 Lunch 1:30 Crafts 3:00 Snack Time 4:00 Music W/Bob Shorten 5:00 Dinner Beautician Day!</p>	<p>9:00 Rejuvenation 10:00 Baking 11:00 Bingo 12:00 Lunch 1:30 Table Games 3:00 Snack Time 4:00 Manicures and Melodies 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Parachute/Beach Ball 11:00 Sorting 12:00 Lunch 1:00 Coloring / Building 3:00 Snack 4:00 Dean Martin/I Love Lucy 5:00 Dinner</p>

August 2015

KRISTINE BROOME, OUR SPOTLIGHT FOR AUGUST



Kristine is a great basketball player!

Our CNA of the month for August is Kristine Broome. She was born in Salt Lake City, but was raised in North Ogden. She has three older brothers and one older sister. The things that are most important to Kristine are her family and friends, church, and maintaining good relationships. She has been a CNA for five years, and is attending college at Southern Utah University. She is about to graduate with her bachelor's in Exercise Science. Kristine has traveled to Jamaica, Hawaii, Mexico, Grand Cayman, and all over the United States. She is currently engaged, and will be getting married on July 18, 2015. She loves anything outdoors and sports, but especially anything to do with basketball. Kristine is currently working on preparing to try out for Southern Utah University's basketball team. She will give it her all, just as she does everything in her life. We are all so happy she is a part of our team!

"This Month In History" AUGUST

1846: An act of Congress establishes the Smithsonian Institution. The museum and research complex was named for British scientist James Smithson, who bequeathed his \$500,000 estate to the U.S.

1902: Theodore Roosevelt becomes the first U.S. president to make a public appearance riding in a car.

1909: The Indianapolis Motor Speedway holds its first race. The track is home to the annual Indy 500, called the "Greatest Spectacle in Racing."

1926: At the age of 19, American Gertrude Ederle becomes the first woman to swim the 21 miles of the English Channel.

1932: Famed pilot Amelia Earhart flies from Los Angeles to Newark, N.J., making her the first woman to fly solo from coast to coast.

1959: President Dwight D. Eisenhower signs an executive order proclaiming Hawaii the 50th state of the union.

1961: Singer Patsy Cline records the ballad "Crazy" in Nashville.

1969: More than 500,000 people attend the three-day Woodstock Music and Art Fair at a farm near Bethel, N.Y. The Who, Jimi Hendrix and the Grateful Dead were among the festival's famous acts.

1996: Sprinter Michael Johnson breaks the world record in the men's 200-meter and wins a gold medal at the Summer Olympic Games in Atlanta.

2009: The U.S. Senate confirms Sonia Sotomayor as the nation's first Hispanic Supreme Court justice.