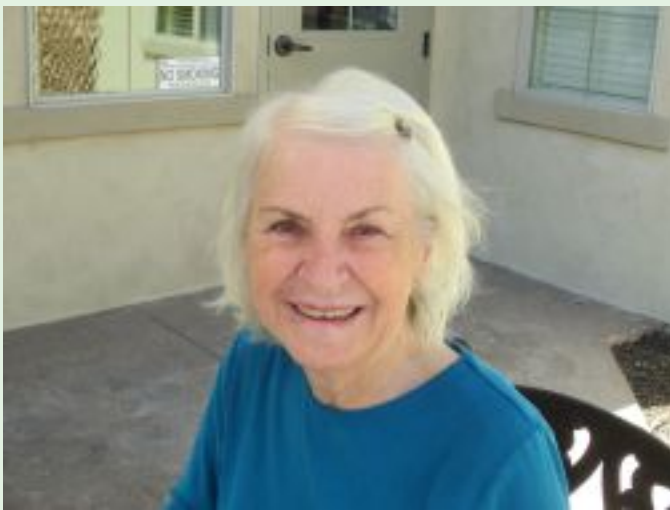




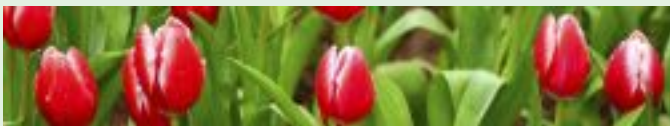
Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616

April 2014



Cecelia Mecham is our resident spotlight this April. She is a cheerful lady who brings a smile to our world. She was born and raised in Calif. She has been married 53 years to Denis. They have 4 daughters and 1 son, 17 grandchildren, and 4 great-grandchildren. She worked in sales and advertising. She likes Chinese food, camping with her family and music. She enjoyed her church calling—girls' camp director—for 39 years, Stake director for 5 years and Stake Relief Society President. Something unique—she likes to ride motorcycles. Denis said she has the Iron Butt award; that means she road 1,000 miles in 24 hours. Her favorite color is blue. We love our friend, Cecelia.



APRIL FIELD TRIP

Place: U of U Museum Of Fine Arts

Date: Wednesday, April 23

Time: 1:30

Please join us for a nice afternoon,
please RSVP.

Give Your Brain a Workout

Think of your memory as a muscle. The more you exercise your brain, the better you'll be able to process and remember information. Activities that require using your hands, such as playing a musical instrument, making pottery, knitting, painting or enjoying a game of ping pong, exercise the brain by challenging hand-eye coordination and creativity.



Happy Springtime! Please join us for a fun Easter Egg Hunt Party on **Saturday, April 12, at 10:30**. Bring your baskets for hunts by age group. We will have juice, doughnuts and fruit for refreshments. Easter Bunny will be here!





We had a fun trip to Mrs. Cavanaugh's Chocolate Factory. MMMM

Sunday	Monday	Tuesday
		1
6	7	8
9:00 Rejuvenation 9:30 General Conference LDS 10:30 Getting to Know You Visits With Our Residents. 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:00 Kickball Circle 11:00 Magazines/Current Events 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snack Time 4:00 Lynda Davidson Music 5:00 Dinner	9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Reminiscing 12:00 Lunch 1:30 No Sunday School / Target Practice Beanbags 2:30 Check It Out! Activities at the Tables. 4:00 Pet Therapy 5:00 Dinner
13	14	15
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents. 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:00 Kickball Circle 11:00 Magazines/Current Events 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snack Time 4:00 Riverton Children's Choir 5:00 Dinner	9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) Target Practice Beanbags 2:30 Check It Out! Activities at the Tables. 4:00 Pet Therapy 5:00 Dinner
20	21	22
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents. 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:00 Kickball Circle 11:00 Magazines/Current Events 12:00 Lunch 1:30 Field Trip Bus Ride 3:00 Snack Time 4:00 1:1 Activities 5:00 Dinner	9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side)/ Target Practice Beanbags 2:30 Check It Out! Activities at the Tables. 4:00 Pet Therapy 5:00 Dinner
27	28	29
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Getting to Know You Visits With Our Residents. 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:00 Kickball Circle 11:00 Magazines/Current Events 12:00 Lunch 1:30 Van Ride/1:1 Activities 3:00 Snack Time 4:00 Music David Fairbanks 5:00 Dinner Happy Birthday Darlene Kellet	9:00 Rejuvenation 10:00 Bend & Stretch 11:00 Reminiscing 12:00 Lunch 1:30 Gospel Doctrine Lesson (AL Side) Target Practice Beanbags 2:30 Check It Out! Activities at the Tables. 4:00 Pet Therapy 5:00 Dinner

Wednesday	Thursday	Friday	Saturday
<p>9:00 Rejuvenation 2 10:00 Chair Dancing/ Parachute Circle 11:00 "Sing Me a Song" 12:00 Lunch 1:30 VAN RIDE/Skills Practice 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner</p> <p>Beautician Day!</p>	<p>9:00 Rejuvenation 3 10:00 Basketball/ Cheerleading 11:00 Book Club/Stories 12:00 Lunch 1:30 Cut & Paste Journals 3:00 Snack Time 4:00 Massages 5:00 Dinner</p>	<p>9:00 Rejuvenation 4 10:00 Rhythm Band/ Exercise 11:00 Time for School 12:00 Lunch 1:30 Golf/Crafts 3:00 Snack Time 4:00 Manicures 5:00 Dinner</p>	<p>9:00 Rejuvenation 5 10:00 Sit N' Be Fit/ Parachute 11:00 "Sing Along" Karaoke 12:00 Lunch 1:00 Coloring/Bowling 3:30 Movie & Popcorn 5:00 Dinner General Conference LDS</p>
<p>9:00 Rejuvenation 9 10:00 Chair Dancing/ Parachute Circle 11:00 "Sing Me a Song" 12:00 Lunch 1:30 VAN RIDE/Skills Practice 3:00 Snack Time 4:15 Music Cindy Teidi 5:00 Dinner</p> <p>Beautician Day!</p>	<p>9:00 Rejuvenation 10 10:00 Basketball/ Cheerleading 11:00 Harmonia With Dean 12:00 Lunch 1:30 Cut & Paste Journals 3:00 Snack Time 4:00 Massages 5:00 Dinner</p>	<p>9:00 Rejuvenation 11 10:00 Rhythm Band/ Exercise 11:00 Time for School 12:00 Lunch 1:30 Golf/Crafts 3:00 Snack Time 4:00 Manicures 5:00 Dinner Happy Birthday Deloy Densley</p>	<p>9:00 Rejuvenation 12 10:30 Easter Egg Hunt /Donuts and Juice 12:00 Lunch 1:00 Coloring/Bowling 3:30 Movie & Popcorn 5:00 Dinner</p>
<p>9:00 Rejuvenation 16 10:00 Chair Dancing/ Parachute Circle 11:00 "Sing Me a Song" 12:00 Lunch 1:30 VAN RIDE/Skills Practice 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner</p> <p>Beautician Day!</p>	<p>9:00 Rejuvenation 17 10:00 Basketball/ Cheerleading 11:00 Book Club/Stories 12:00 Lunch 2:15 Act III Ladies' Choir 3:00 Snack Time 4:00 Massages 5:00 Dinner Happy Birthday Trudy Newman</p>	<p>9:00 Rejuvenation 18 10:00 Rhythm Band/ Exercise 11:00 Karalyn Roundy Music 12:00 Lunch 1:30 Golf/Crafts 3:00 Snack Time 4:00 Manicures 5:00 Dinner</p>	<p>9:00 Rejuvenation 19 10:00 Sit N' Be Fit/ Parachute 11:00 "Sing Along" Karaoke 12:00 Lunch 1:00 Coloring/Bowling 3:30 Movie & Popcorn 5:00 Dinner</p>
<p>9:00 Rejuvenation 23 10:00 Chair Dancing/ Parachute Circle 11:00 "Sing Me a Song" 12:00 Lunch 1:30 Field Trip Utah Museum of Fine Art U of U /Skill Practice 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner Beautician Day!</p>	<p>9:00 Rejuvenation 24 10:00 Basketball/ Cheerleading 11:00 Book Club/Stories 12:00 Lunch 1:30 Cut & Paste Journals 3:00 Snack Time/Millcreek Vitals 4:00 Music Sue Talmage 5:00 Dinner</p>	<p>9:00 Rejuvenation 25 10:00 Rhythm Band/ Exercise 11:00 Time for School 12:00 Lunch 1:30 Golf/Crafts 3:00 Snack Time 4:00 Manicures 5:00 Dinner</p>	<p>9:00 Rejuvenation 26 10:00 Sit N' Be Fit/ Parachute 11:00 "Sing Along" Karaoke 12:00 Lunch 1:00 Coloring/Bowling 3:30 Movie & Popcorn 5:00 Dinner</p>
<p>9:00 Rejuvenation 30 10:00 Chair Dancing/ Parachute Circle 11:00 "Sing Me a Song" 12:00 Lunch 1:30 VAN RIDE/Skills Practice 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner Happy Birthday Jane Hinkley Beautician Day! Foot Doctor</p>			

April 2014



Kassidy Hope Blackburn—what a wonderful middle name for our CNA for April 2014. Kassidy was born in Salt Lake City on Jan. 27, 1995. She loves animals and has had many for a pet. Her favorite pastimes are reading, riding horses, camping, hunting, movies and country music, Josh Groban and the color blue. She is proud that she just got her mission call to the Chiclayo Peru Mission. She hopes to become an RN. Thank you!



Valentine's '50s Party was a lot of fun! We enjoyed dancing and listening to the songs of the good old days; good food as well. Thanks for coming. Good memories! Check out the Carrington Court Blog for more great pictures and information.