



# *Carrington Court*

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616

## **"Western Nut Company Tour"**



Please join us on Monday, April 15, and Wednesday, April 17, at the "Western Nut Company." 1:30 p.m. both days. Please go to [carringtoncourtal.com](http://carringtoncourtal.com) to sign up.



## **"Happy Spring Time"**


**April 2013**



Ruth Jones is a happy, sweet tooth, outgoing, bling, bling grandma! We just love her so much!!



Sunday	Monday	Tuesday
	1	2
	9:00 Rejuvenation 10:00 <b>Kickball</b> 11:00 Magazines 12:00 Lunch 2:00 <b>Van Ride</b> 3:00 Snack Time 4:00 <b>1:1 Activities</b> 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Badminton Balloon</b> 11:00 Reminiscing 12:00 Lunch 1:30 <b>Gospel Doctrine Lesson (AL Side)</b> 4:00 Scrapbooking 5:00 Dinner
7	8	9
9:00 Rejuvenation 9:30 <b>LDS Sacrament Meeting</b> 10:00 <b>General Conference</b> 12:30 Lunch 2:00 <b>General Conference</b> 3:00 Ice Cream Social 4:00 <b>Quiet Movie</b> 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Kickball</b> 11:00 Magazines 12:00 Lunch 2:00 <b>Van Ride</b> 3:00 Snack Time 4:00 <b>1:1 Activities</b> 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Badminton Balloon</b> 11:00 Reminiscing 12:00 Lunch 1:30 <b>Gospel Doctrine Lesson (AL Side)</b> 4:00 Scrapbooking 5:00 Dinner
14	15	16
9:00 Rejuvenation 9:30 <b>LDS Sacrament Meeting</b> 10:30 <b>Arts &amp; Crafts</b> 12:30 Lunch 2:00 <b>Table Games</b> 3:00 Ice Cream Social 4:00 <b>Quiet Movie</b> 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Kickball</b> 11:00 Magazines 12:00 Lunch 1:30 <b>WESTERN NUT COMPANY!! TOUR</b> 3:00 Snack Time 4:00 <b>1:1 Activities</b> 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Badminton Balloon</b> 11:00 Reminiscing 12:00 Lunch 1:30 <b>Gospel Doctrine Lesson (AL Side)</b> 4:00 Scrapbooking 5:00 Dinner
21	22	23
9:00 Rejuvenation 9:30 <b>LDS Sacrament Meeting</b> 10:30 <b>Arts &amp; Crafts</b> 12:30 Lunch 2:00 <b>Table Games</b> 3:00 Ice Cream Social 4:00 <b>Quiet Movie</b> 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Kickball</b> 11:00 Magazines 12:00 Lunch 2:00 <b>Van Ride</b> 3:00 Snack Time 4:00 <b>Children's Choir</b> 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Badminton Balloon</b> 11:00 Reminiscing 12:00 Lunch 1:30 <b>Gospel Doctrine Lesson (AL Side)</b> 4:00 Scrapbooking 5:00 Dinner
28	29	30
9:00 Rejuvenation 9:30 <b>LDS Sacrament Meeting</b> 11:00 <b>Make Cupcakes &amp; Ice Cream!</b> 12:30 Lunch 2:00 <b>Table Games</b> 3:00 <b>Cupcakes &amp; Ice Cream</b> 4:00 <b>Quiet Movie</b> 5:00 Dinner <b>Happy B-day Darlene Kellet!</b>	9:00 Rejuvenation 10:00 <b>Kickball</b> 11:00 Magazines 12:00 Lunch 2:00 <b>Van Ride</b> 3:00 Snack Time 4:00 <b>1:1 Activities</b> 5:00 Dinner	9:00 Rejuvenation 10:00 <b>Badminton Balloon</b> 11:00 Reminiscing 12:00 Lunch 1:30 <b>Gospel Doctrine Lesson (AL Side)</b> 4:00 Scrapbooking 5:00 Dinner

Wednesday	Thursday	Friday	Saturday
<p>9:00 Rejuvenation  <b>10:00 Parachute</b>            11:00 "Sing Me a Song"            12:00 Lunch  <b>2:00 VAN RIDE</b>            3:00 Snack Time            4:00 Quiet Movie            5:00 Dinner  <b>6:30 Young Women Group!!            Beautician Day!</b></p> <p style="text-align: right;"><b>3</b></p>	<p>9:00 Rejuvenation  <b>10:00 Noodle Balloon</b>            11:00 Book Club            12:00 Lunch  <b>1:30 Massages</b>            3:00 Snack Time  <b>4:00 Singing W/Terry            Spencer!</b>            5:00 Dinner</p> <p style="text-align: right;"><b>4</b></p>	<p>9:00 Rejuvenation  <b>10:00 Exercise Time</b>            11:00 Nursing Rhymes            12:00 Lunch  <b>1:30 Pet Therapy</b>            3:00 Snack Time            4:00 Manicures            5:00 Dinner</p> <p style="text-align: right;"><b>5</b></p>	<p>9:00 Rejuvenation  <b>10:00 General Conference</b>  <b>11:00 Sing Along</b>            12:00 Lunch  <b>2:00 General Conference</b>            3:00 Snack Time  <b>4:00 Movie N' Popcorn</b>            5:00 Dinner</p> <p style="text-align: right;"><b>6</b></p>
<p>9:00 Rejuvenation  <b>10:00 Parachute</b>            11:00 "Sing Me a Song"            12:00 Lunch  <b>2:00 VAN RIDE</b>            3:00 Snack Time  <b>4:00 Singing W/Cindy Tiedi!</b>            5:00 Dinner  <b>6:30 Relief Society Activity on            AL Side            Beautician Day!</b></p> <p style="text-align: right;"><b>10</b></p>	<p>9:00 Rejuvenation  <b>10:00 Noodle Balloon</b>            11:00 Book Club            12:00 Lunch  <b>1:30 Massages</b>            3:00 Snack Time  <b>4:00 Singing W/Sue Talmage!</b>            5:00 Dinner</p> <p style="text-align: right;"><b>11</b></p>	<p>9:00 Rejuvenation  <b>10:00 Exercise Time</b>            11:00 Nursing Rhymes            12:00 Lunch  <b>1:30 Pet Therapy</b>            3:00 Snack Time            4:00 Manicures            5:00 Dinner</p> <p style="text-align: right;"><b>12</b></p>	<p>9:00 Rejuvenation  <b>10:00 Parachute</b>  <b>11:00 Sing Along</b>            12:00 Lunch  <b>1:30 Coloring</b>            3:00 Snack Time  <b>4:00 Movie N' Popcorn</b>            5:00 Dinner</p> <p style="text-align: right;"><b>13</b></p>
<p><b>10:00 Parachute</b>            11:00 "Sing Me a Song"            12:00 Lunch  <b>1:30 Western Nut Company            Tour!!</b>            3:00 Snack Time            4:00 Quiet Movie            5:00 Dinner/<b>Cupcakes &amp; Ice            Cream!</b>  <b>HAPPY B-DAY ZONA &amp;            TRUDY</b></p> <p style="text-align: right;"><b>17</b></p>	<p>9:00 Rejuvenation  <b>10:00 Noodle Balloon</b>            11:00 Book Club            12:00 Lunch  <b>1:30 Massages</b>  <b>2:30 Singing W/Karalyn            Roundy!</b>            3:00 Snack Time  <b>4:00 Scrapbooking</b>            5:00 Dinner  <b>6:30 Alzheimer's Support            Group AL Side!</b></p> <p style="text-align: right;"><b>18</b></p>	<p>9:00 Rejuvenation  <b>10:00 Exercise Time</b>            11:00 Nursing Rhymes            12:00 Lunch  <b>1:30 Pet Therapy</b>            3:00 Snack Time            4:00 Manicures            5:00 Dinner</p> <p style="text-align: right;"><b>19</b></p>	<p>9:00 Rejuvenation  <b>10:00 Parachute</b>  <b>11:00 Sing Along</b>            12:00 Lunch  <b>1:30 Coloring</b>            3:00 Snack Time  <b>4:00 Movie N' Popcorn</b>            5:00 Dinner</p> <p style="text-align: right;"><b>20</b></p>
<p>9:00 Rejuvenation  <b>10:00 Parachute</b>            11:00 "Sing Me a Song"            12:00 Lunch  <b>2:00 Van Ride Canceled</b>            3:00 Snack Time            4:00 Quiet Movie            5:00 Dinner    <b>Beautician Day!</b></p> <p style="text-align: right;"><b>24</b></p>	<p>9:00 Rejuvenation  <b>10:00 Noodle Balloon</b>            11:00 Book Club            12:00 Lunch  <b>1:30 Massages/Millcreek            Vitals</b>            3:00 Snack Time  <b>4:00 Scrapbooking</b>            5:00 Dinner</p> <p style="text-align: right;"><b>25</b></p>	<p>9:00 Rejuvenation  <b>10:00 Exercise Time</b>            11:00 Nursing Rhymes            12:00 Lunch  <b>1:30 Pet Therapy</b>            3:00 Snack Time  <b>4:00 Singing W/Bill Stidd!</b>            5:00 Dinner</p> <p style="text-align: right;"><b>26</b></p>	<p>9:00 Rejuvenation  <b>10:00 Parachute</b>  <b>11:00 Sing Along</b>            12:00 Lunch  <b>1:30 Coloring</b>            3:00 Snack Time  <b>4:00 Movie N' Popcorn</b>            5:00 Dinner</p> <p style="text-align: right;"><b>27</b></p>
			<p style="text-align: right;">  </p>

# April 2013

## Whitney Day and Helen Eklund



Whitney is our spotlight for April. She works as one of our CNAs. Her birthday is March 31 and she was born in Sandy, UT. She currently goes to SLCC and is working toward getting her Associates of Science Degree. Then she will be going into dental care. Her favorite color is peacock blue. She loves Italian food and she loves to watch movies. She enjoys spending time with her friends and running races. She loves her German shepherd, named "Kenya" and her new car! We appreciate Whitney for all she does here for our residents. Thank you Whitney!

## "This Month In History" APRIL

**1513:** While looking for the Fountain of Youth, Spanish explorer Juan Ponce de Leon has the first recorded landing in Florida.

**1621:** The first treaty between American colonists and American Indians, the Pilgrim-Wampanoag treaty, is signed. The agreement, which lasted more than 50 years, was crucial to the settlers' survival in the New World.

**1789:** Frederick Augustus Conrad Muhlenberg, a representative from Pennsylvania, is elected the first speaker of the United States House of Representatives.

**1935:** A key part of President Franklin Roosevelt's New Deal, the Works Progress Administration, or WPA, is established by Congress. The WPA created jobs for more than 8.5 million Americans.

**1947:** A bowling alley is installed in the White House. Since then, the White House has gained a jogging track, tennis court and swimming pools.

**1955:** Winston Churchill retires from his position as British prime minister, though he would remain a member of Parliament for several years.

**1963:** Rival networks ABC and NBC both debut medical soap operas on the same day. "General Hospital" aired on ABC and "The Doctors" on NBC.

**1977:** The nightclub Studio 54 opens in New York City. The club has been referred to as "the global epicenter of the disco craze."

**1990:** The Hubble Space Telescope is put into low orbit around Earth by the team of U.S. space shuttle Discovery.

**2004:** A memorial recognizing the 16 million men and women who served in World War II opens in Washington, D.C.