



# Carrington Court

1928 West 9800 S • South Jordan, UT 84095 • (801) 676-8787

## September 2015

### 20th ANNUAL NATIONAL ASSISTED LIVING WEEK

Sept. 13–19 is National Assisted Living Week around the country. The theme for this year is “Nourishing Life: Mind, Body, Spirit.” This theme truly embodies all that assisted living represents. This theme celebrates the countless ways assisted living caregivers nurture the whole resident. Conversely, residents nourish the lives of team members by, with the support of loved ones, sharing their inspiring lives. Employees, residents and families join with us during the week, as we have a little fun each day. Each day on the calendar the theme is indicated, we will be dressing up, having activities and enjoying food that relates to the theme. Join in the fun!



Eileen enjoying the company of family



Emma gives a hug to a visiting student

**HAPPY BIRTHDAY**  
Evelyn Larsen - Sept. 12  
Glenn Hancock - Sept. 13



Floyd and Azia bask in the warm weather of the courtyard!

**HAPPY LABOR DAY!**  
Honor the efforts of America's workforce.

## Honor Your Grandparents


Did you know the first Sunday following Labor Day is recognized as National Grandparents Day? A day to honor and celebrate all grandparents, the observance was signed into law by President Jimmy Carter in 1978, and every year since, a proclamation is issued to call on people to observe the day with appropriate activities.

The holiday has an official song, Johnny Prill's "A Song for Grandma and Grandpa," and even an official flower, the forget-me-not. Other countries, including Australia, France and Poland, celebrate their own Grandparents Day at different times of the year.

Remember Grandparents Day with a card or phone call, or better still, a personal visit. Celebrate by looking through photo albums to share memories and recognize old friends and family, or have grandparents demonstrate their talents by cooking a favorite recipe, knitting a scarf or playing an instrument.

**CARRINGTON COURT HAS THE BEST GRANDPARENTS!**

Sunday	Monday	Tuesday
	<p><i>We have a Eucharistic minister available for our Catholic residents during the week. Residents, or families, may contact Diane if they would like to request a visit.</i></p>	1
6	7	8
9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner		9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner
13	14	15
<b>GRANDPARENTS DAY</b> 9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	"Nerd" Day 9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 We Do a Science Experiment Together 11:00 SPELLING BEE TIME!! 12:00 Lunch 3:00 <u>Country/Western - New Fiddlers Perform</u> 5:00 Dinner	"Fitness" Day 9:30 Let's Move! 10:15 Picture of the Day 10:20 We Go on a Scavenger Hunt! 11:00 Popsicles in the Courtyard 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner
20	21	22
9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 We Will Visit in Glenn Hancock's Apartment #110 11:00 Sing-A-Long Around the Fireplace 12:00 Lunch 3:00 <u>Singer - Lynda Davidson Performs</u> 5:00 Dinner	9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner
27	28	29
9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 <b>Resident Council</b> - We Encourage All Resident to Attend This Monthly Meeting 11:15 American Barn Stories - DVD 12:00 Lunch 3:00 <u>Singer - John Greene Performs</u> 5:00 Dinner	9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<p style="text-align: right;"><b>2</b></p> <p>9:30 Let's Move!            10:00 Clever Crossword Puzzle            11:00 Concentration Game - Our Neighbors Theme            12:00 Lunch            2:30 Movie <i>"The Happiest Millionaire"</i> &amp; Popcorn            5:00 Dinner</p>	<p style="text-align: right;"><b>3</b></p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move!            10:00 Balloon Badminton            11:00 Cranium Crunches            12:00 Lunch            2:30 Apartment Visits With Residents            3:30 "Brown Bag" B-I-N-G-O            5:00 Dinner</p>	<p style="text-align: right;"><b>4</b></p> <p>9:30 <b>Outing - Scenic Drive</b>            12:00 Lunch            3:00 B-I-N-G-O            5:00 Dinner</p>	<p style="text-align: right;"><b>5</b></p> <p>9:30 Let's Move!            10:00 Activities Upstairs            12:00 Lunch            3:00 B-I-N-G-O            5:00 Dinner            7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;"><b>9</b></p> <p>9:30 Let's Move!            10:00 Clever Crossword Puzzle            11:00 Service Project: Tying Quilts to Donate to the Humanitarian Center            12:00 Lunch            2:30 Movie <i>"State Fair"</i> &amp; Ice Cream            5:00 Dinner  <b>6:00 Relief Society</b> - Everyone Welcomed!</p>	<p style="text-align: right;"><b>10</b></p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move!            10:00 Balloon Badminton            11:00 Cranium Crunches            12:00 Lunch            2:30 Apartment Visits With Residents            3:30 "Penny" B-I-N-G-O            5:00 Dinner</p>	<p style="text-align: right;"><b>11</b></p> <p>9:30 <b>Outing - Relax at Liberty Park and Feed the Ducks</b>            12:00 Lunch            3:00 B-I-N-G-O            5:00 Dinner</p>	<p style="text-align: right;"><b>12</b></p> <p><b>9:30 Massages Provided Free</b> of Charge by the students from the College of Myotherapy            9:30 Let's Move!            10:00 Activities Upstairs            12:00 Lunch            3:00 B-I-N-G-O            5:00 Dinner            7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;"><b>16</b></p> <p>"Lifting Spirits Day"            9:30 Let's Move!            10:00 Clever Crossword Puzzle            11:00 Fall Craft Project            12:00 Lunch            2:30 Movie <i>"High Noon"</i> &amp; Popcorn            5:00 Dinner</p>	<p style="text-align: right;"><b>17</b></p> <p>BEAUTY SHOP OPEN            "Cowboy/Indian" Day</p> <p>9:30 Let's Move!            10:15 Shooting Contest in the Courtyard            11:00 Cranium Crunches            12:00 Lunch            2:30 Apartment Visits With Residents            3:30 B-I-N-G-O            5:00 Dinner</p>	<p style="text-align: right;"><b>18</b></p> <p>"Favorite Sports Team" Day            9:30 Let's Move!            10:20 Giant Marble Game            11:00 Music B-I-N-G-O            12:00 Lunch            1:30 <b>Outing - Leatherby's Ice Cream Parlor</b>            5:00 Dinner</p>	<p style="text-align: right;"><b>19</b></p> <p>9:30 Let's Move!            10:00 Activities Upstairs            12:00 Lunch            3:00 B-I-N-G-O            5:00 Dinner            7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;"><b>23</b></p> <p><b>First Day of Autumn</b>            9:30 Let's Move!            10:00 Clever Crossword Puzzle            11:00 Service Project: Tying Quilts to Donate to the Humanitarian Center            12:00 Lunch            2:30 Movie <i>"Oklahoma"</i> &amp; Ice Cream            5:00 Dinner</p>	<p style="text-align: right;"><b>24</b></p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move!            10:00 Balloon Badminton            11:00 Cranium Crunches            12:00 Lunch            2:30 Apartment Visits With Residents            3:30 B-I-N-G-O            5:00 Dinner</p>	<p style="text-align: right;"><b>25</b></p> <p>9:00 <b>Outing - Hogle Zoo</b>  <b>Please Let Diane Know if You Plan on Joining Us for This End of Summer Adventure! FAMILIES IF YOU WOULD LIKE TO HELP OUT, PLEASE LET ME KNOW.</b>            12:00 Lunch            3:00 B-I-N-G-O            5:00 Dinner</p>	<p style="text-align: right;"><b>26</b></p> <p>9:30 Let's Move!            10:00 Activities Upstairs            12:00 Lunch            3:00 B-I-N-G-O            5:00 Dinner            7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;"><b>30</b></p> <p>9:30 Let's Move!            10:00 Clever Crossword Puzzle            11:00 Fall Craft Project            12:00 Lunch            2:30 Movie <i>"On Golden Pond"</i> &amp; Popcorn            5:00 Dinner</p>	<p style="text-align: center;"><i><b>We have a pet therapy dog that visits Carrington Court every Friday at approximately 6 p.m. Let Diane know if you would like a visit.</b></i></p>	<div style="text-align: center;">  <p style="font-size: 1.2em; margin: 0;"><b>NATIONAL</b>  <i>assisted living</i>  <b>WEEK</b></p> </div>	

# September 2015



- |          |            |
|----------|------------|
| Apple    | Harvest    |
| Autumn   | Labor Day  |
| Books    | Lake       |
| Camp     | Leaves     |
| Country  | Reflection |
| Earth    | September  |
| Fall     | Tree       |
| Football | Wind       |

R	D	L	P	X	V	G	H	I	H	A	V	U	W	S
E	E	M	F	L	D	A	P	T	V	T	U	A	Z	P
B	U	F	P	A	U	L	L	S	R	Z	B	J	O	U
M	P	H	L	K	L	B	O	E	J	A	A	R	D	U
E	K	C	C	E	J	L	E	V	K	X	E	D	I	Z
T	G	W	A	N	C	J	L	R	N	R	L	O	X	K
P	Q	V	N	M	U	T	U	A	J	A	S	I	Y	J
E	E	E	S	Z	P	I	I	H	B	G	Y	B	B	W
S	D	L	F	T	U	O	W	O	Q	T	Q	O	E	L
T	A	Q	P	D	T	Y	R	T	N	U	O	C	J	F
H	J	B	W	P	A	D	S	P	V	K	Q	O	B	Z
I	Q	N	S	G	A	N	F	O	S	V	K	B	F	M
O	X	H	V	Y	Y	I	V	X	E	S	K	X	Z	E
S	N	O	J	N	M	W	Y	B	G	W	T	K	T	H