



Carrington Court

1928 West 9800 S • South Jordan, UT 84095 • (801) 676-8787

WALK TO END ALZHEIMER'S

The Alzheimer's Assoc. Walk to End Alzheimer's is the nation's largest event to raise awareness and funds for Alzheimer's care and research. **Families and friends, we need your help!** Please join the Carrington Court Team, Saturday, Sept. 7 (9:00 registration), at Murray Park, Pavilions 1 & 2. Call our front desk with any questions.

HAPPY BIRTHDAY

Vernon Beeler - Sept. 3
Joyce McDougal - Sept. 6
Dorthea Harms - Sept. 7
Evelyn Larsen - Sept. 12



Vernon proves that loss of sight is no excuse not to try something—you might just have some fun!

September 2013

Remember Your Grandparents

Sunday, Sept. 8, is Grandparents Day, a time to remember with special affection the importance of grandparents in our lives. On this special day, take time to visit your grandparents, send them a card or give them a call. It will brighten their day and yours!



Sally (holding the button flowers she made) with her sister.



Joyce works on learning stick juggling.



Tom did really well!




Complete concentration by Dorothy.



Nora did not give up!
!!NEVER TOO OLD!!

Sunday	Monday	Tuesday
1	2	3
9:30 Music & The Spoken Word (KSL Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	LABOR DAY HOLIDAY 9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Labor Day Word Game 11:00 Labor Day Trivia 11:30 Labor Day Word Scramble 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	9:30 Let's Move! 10:15 Guess the Mystery Item? 10:20 Fact or Fiction Game 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner
8	9	10
GRANDPARENTS DAY 9:30 Music & The Spoken Word (KSL Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	Dress as Either a Cowboy or Indian! 9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Celebrating Our 31st State - CALIFORNIA! Fact, Fun, Music, Pictures 12:00 Lunch 3:00 <u>Singer - Lynda Davidson</u> 5:00 Dinner	Crazy Day - Wild Socks, 10 Hair or Hat! 9:30 Let's Move! 10:15 Guess the Mystery Item? 10:20 Nutrition Quiz - We Enjoy Diane's Smoothies 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner
15	16	17
9:30 Music & The Spoken Word (KSL Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Diane Interviews Michael, Our Executive Director! 11:00 We Look at Old Military Draft Cards - (Roosevelt Approved the Draft on This Day) 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	9:30 Let's Move! 10:15 Guess the Mystery Item? 10:20 U.S. Geography - American Skylines 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner
22	23	24
AUTUMN BEGINS 9:30 Music & The Spoken Word (KSL Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 We Discuss the First Successful "Penny" Newspaper 11:00 The Hearst Castle (Located in California) Short Documentary 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	9:30 Let's Move! 10:15 Guess the Mystery Item? 10:20 Serving Hot Apple Cider - Fall Is Here 10:45 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch (Monthly Birthday Celebration) 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner
29	30	
9:30 Music & The Spoken Word (KSL Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Resident Council - All Residents Are Encouraged to Attend 11:15 Deaf Awareness Week— We Learn American Sign Language! 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	September 8-14 Is National Assisted Living Week . We Will Be Dressing As Something Different Every Day That Week. Let's All Have Some Fun! The 2013 Theme Nationwide Is "Homemade Happiness."

Wednesday	Thursday	Friday	Saturday
<p>4</p> <p>9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Craft Corner: Beaded Bracelet (Purple for Alzheimer's Awareness) 12:00 Lunch 3:00 Movie "Nine to Five" With Snack 5:00 Dinner</p>	<p>5</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p>6</p> <p>9:30 Outing - Red Butte Garden Tour 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p>7</p> <p>WALK TO END ALZHEIMER'S IN MURRAY CITY PARK 9:30 Let's Move! 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p>11</p> <p>Dress Like the 1950s! 9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 (Sept. 3 Is the First Time American Flag Flew in Battle) We Look at Americana Pictures 12:00 Lunch 3:00 Movie "Tuesdays With Morrie" With Snack 5:00 Dinner 6:15 Relief Society - Everyone Welcomed (Sing-A-Long)</p>	<p>12</p> <p>Dress as Your Favorite Superhero! BEAUTY SHOP OPEN</p> <p>9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p>13</p> <p>Let Your Hippie Come Out! GROOVY 9:30 Let's Move! 10:15 Carrington Court Horse Races! 11:15 Creamies to Celebrate the Winners & Brain Games 12:00 Lunch 1:30 Outing - Scenic Drive (Surprise Stop) 5:00 Dinner</p>	<p>14</p> <p>9:30 Let's Move! 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p>18</p> <p>9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Concentration 12:00 Lunch 3:30 Talent Show - Residents, Employees and Family Members Are Encouraged to Participate! *The More, the Merrier* 5:00 Dinner 6:30 Young Women Individually Visit with Residents</p>	<p>19</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner 6:30 Monthly Alzheimer's Support Group Meeting (Activity Room)</p>	<p>20</p> <p>9:30 Outing - Trip to Hogle Zoo (Come & Enjoy the End of Summer) 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p>21</p> <p>9:30 Let's Move! 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p>25</p> <p>9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Craft Corner: Fall Decoration 12:00 Lunch 3:00 Movie "42" and Snack 5:00 Dinner</p>	<p>26</p> <p>BEAUTY SHOP OPEN</p> <p>World Maritime Day We Learn Interesting Facts About Pirates 9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p>27</p> <p>9:30 Let's Move! 10:15 Bocce Ball 11:00 Card Game - Winner Takes Home Prize 12:00 Lunch 1:30 Outing - Leatherby's Ice Cream Parlor 5:00 Dinner</p>	<p>28</p> <p>9:00 - 12:00 Free Massages in Large Activity Room Provided by the College of Myotherapy 9:30 Let's Move! 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p><i>We have a Eucharistic minister available for our Catholic residents on Wednesday afternoon. Residents, or families, may contact Diane if they would like to request a visit.</i></p>		<p><i>We have a music therapist who makes individual visits on Sunday afternoons. If you would like to request that she visit you, please let Diane know.</i></p>	<p></p>

September 2013

Resident Spotlight - Robert Devor



Robert with his two sons and their wives at Hill Aerospace Museum.

I am a Virginian, pure and simple. Born in the back hills of the Blue Ridge Mountains in the city of Bluefield (which is on the border between West Virginia and Virginia). Some would say I am a hillbilly. OK, I will accept that with pride. What I learned in those mountains has stayed with me all my life. Hard work, dedication and devotion to God, family and country. Out of a family of 15 brothers and sisters, I am number eight and the only one to graduate from high school. No big deal, you say?! In 1940, it was a big deal.

My life really began in 1941—June to be exact. I am sitting on my parents' porch and I am bored. No work, no money and the Depression still has not lessened its grip on this small town. So I (along with friends) have decided to join the only thing we have heard about, The Army Infantry.

Upon reaching the Army recruiting station, we are told to come back tomorrow, as the recruiter does not have the necessary forms for us to fill out. With nothing better to do, I head down to the railway depot. While watching people, I notice an Army service member dressed in a brown uniform. He has three stripes up and one lower on his sleeve and his arm has several small stripes on his sleeve representing his number of years in the armed forces. He stands tall as he scans the depot area. As he turns in my direction, something catches my eyes. On his lapels, instead of the rifle insignia, there is a propeller insignia. I stand and approach him. Asking him what outfit he is in, he proudly informs me his is the Army Air Corp and goes on to describe what he does in this branch of the service. He talks proudly of this. I tell him I just have come from the recruiter along with the problems I had trying to join earlier. Did you sign anything, he asked? No, I replied. Then go back to the Army recruiter and tell him you want to join the Army Air Corp, the best!

The Army recruiter is mad; he has a quota to fill. I stand firm and insist on joining the Army Air Corp. Soon after joining the Air Corp, I head to Texas for training. After that will be 30 years of military service. Through the fields of Europe—Germany, France and England. On to the Philippines, Korea, Vietnam and vast Air Force bases in the United States. My family and I have traveled this land extensively. Once I finally left the United States Air Force, I entered civil service and finally retired in 1987. My family consists of two boys (Chip and Gary and their families) and my wife, Juanita, of almost 69 years of togetherness, who unfortunately passed away in November 2012.

I would not change anything in my life—well, maybe a couple things! —As told by Robert—