



October

Hello **October**,
I believe this beautiful month will bring us more love, happiness, good health, prosperity, and blessings.

9:00 **Outing – Scenic Drive**
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

10:00 **LDS General Conference on TV Channel 5**
12:00 Lunch
2:00 **LDS General Conference on TV Channel 5**
5:00 Dinner

ENJOY YOUR SUNDAY!
8:00 Breakfast
9:30 Music and the Spoken Word (TV Channel 5)
10:09 **LDS General Conference on TV Channel 5**
12:00 Lunch
2:00 **LDS General Conference on TV Channel 5**
5:00 Dinner

9:30 Let's Move!
10:15 The Whiffle Ball Roll – team game
11:00 Spelling Bee – team game
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

9:30 Let's Move!
10:15 October in History
10:30 Fill-in-the-Blanks
11:00 **Women's Choir – Deci-Bells Perform LIVE**
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

9:30 Let's Move!
10:15 Clever Crossword Puzzle
11:15 Sing-Along on the big screen
12:00 Lunch
2:30 **Afternoon Matinee "Fly Away Home"**
5:00 Dinner

9:30 Let's Move!
10:15 Balloon Badminton
11:00 Cranium Crunches
12:00 Lunch
3:30 B-I-N-G-O
5:00 Dinner

9:00 **Outing – Scenic Drive**
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

9:30 Exercise with the U of U
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

ENJOY YOUR SUNDAY!
8:00 Breakfast
9:30 Music and the Spoken Word (TV Channel 5)
10:30 LDS Sacrament Meeting
12:00 Lunch
5:00 Dinner

COLUMBUS DAY
9:30 Let's Move!
10:15 Parachute Crazyness!
11:00 Columbus Day Reader's Theater
12:00 Lunch
3:00 **Musical entertainment provided by Heart & Soul LIVE**
5:00 Dinner

9:30 Let's Move!
10:15 October in History
10:30 Fill-in-the-Blanks
11:00 Marvelous Manicures
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

9:30 Let's Move!
10:15 Clever Crossword Puzzle
11:15 Joker-eno
12:00 Lunch
2:30 **Afternoon Matinee – "October Sky"**
5:00 Dinner

9:30 Let's Move!
10:15 Balloon Badminton
11:00 Cranium Crunches
12:00 Lunch
3:30 B-I-N-G-O
5:00 Dinner

9:00 **Outing – Scenic Drive**
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

9:30 Exercise with the U of U
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

ENJOY YOUR SUNDAY!
8:00 Breakfast
9:30 Music and the Spoken Word (TV Channel 5)
10:30 LDS Sacrament Meeting
12:00 Lunch
5:00 Dinner

9:30 Let's Move!
10:30 **Resident Council Meeting – Everyone is Encouraged to Attend**
11:15 Plinko Fun – prizes for all
12:00 Lunch
3:00 **Musical entertainment – Bill Barton Performs LIVE**
5:00 Dinner

9:30 Let's Move!
10:15 October in History
10:30 Fill-in-the-Blanks
11:00 Marvelous Manicures
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

9:30 Let's Move!
10:15 Clever Crossword Puzzle
11:15 Concentration
12:00 Lunch
2:30 **Afternoon Matinee – "On Golden Pond" starring Henry Fonda & Katherine Hepburn**
5:00 Dinner

9:30 Let's Move!
10:15 Balloon Badminton
11:00 Cranium Crunches
12:00 Lunch
3:30 B-I-N-G-O
5:00 Dinner

9:00 **Outing – Scenic Drive**
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

9:30 Exercise with the U of U
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

ENJOY YOUR SUNDAY!
8:00 Breakfast
9:30 Music and the Spoken Word (TV Channel 5)
10:30 LDS Sacrament Meeting
12:00 Lunch
5:00 Dinner

9:30 Let's Move!
10:15 Guess the correct number of candy corn in the candy jar and take it home!
10:30 Pass the laundry PLEASE
11:00 An Acrostic Poem for everyone in the Activity Room
12:00 Lunch
3:00 **Singer/Piano Player – Bob Shorten Performs LIVE**
5:00 Dinner

9:30 Let's Move!
10:15 October in History
10:30 Fill-in-the-Blanks
11:00 Marvelous Manicures
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

9:30 Let's Move!
10:15 Clever Crossword Puzzle
11:15 Tongue Twister Recital
12:00 Lunch
2:30 **Afternoon Matinee – "Arsenic and Old Lace" starring Cary Grant**
5:00 Dinner

9:30 Let's Move!
10:15 Balloon Badminton
11:00 Cranium Crunches
12:00 Lunch
3:30 B-I-N-G-O
5:00 Dinner

9:00 **Outing – Scenic Drive**
12:00 Lunch
3:00 **Sing-A-Long with Becky Ivory LIVE**
5:00 Dinner

9:30 Exercise with the U of U
12:00 Lunch
3:00 B-I-N-G-O
5:00 Dinner

BACKGROUND OF Columbus Day

- Christopher Columbus was a Genoese explorer and adventurer who was known for leading a Spanish expedition that was meant to discover new trade routes to India.
- Spanish Monarchs King Ferdinand and Queen Isabella financed his voyage after believing his suggestion on sailing west to reach Asia may be fruitful. Their eagerness in discovering a new way was driven by the Turk's blockade of the only known trade route from Europe to Asia and vice versa.
- While Spain was left behind, Portugal's Prince Henry the Navigator was already financing voyages for the same reason.
- In August 3, 1492, after his negotiation with the Catholic Monarchs, Columbus sailed west from Palos, Spain, crossing the Atlantic.
- Three ships, named Niña, Pinta, and Santa Maria, and over 90 men were under his command.
- On October 12, 1492, Columbus reached an island which he assumed was part of Asia, but was actually the modern-day Bahamas. For months, he explored the islands surrounding San Salvador (the name he gave to the Bahamas) which is today part of the Caribbean.
- In March 1493, he sailed back to Spain leaving 40 of his men in La Navidad, the first Spanish settlement that he would later find devastated. A total of four voyages to the Caribbean were made by Columbus until 1504. He died two years after his fourth voyage.



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October 2021

October

Autumn leaves of **red** and **gold** that **crunch** beneath your feet, pumpkins on front porches, candy corn, and **trick-or-treat**, tart and **tangy** cider, apples ripened on the trees, A hint of winter coming on the **chilly** Autumn breeze.



Happy Birthday!

- Larry A. - 10th
- Lois H. - 13th
- Barbara T. - 16th
- Rehon A. - 19th



Everyone that attended the State Fair this year really enjoyed themselves. It was a beautiful morning and the fairgrounds were bustling with excitement. All the various 4-H clubs around the state were very well represented at the fair, it made our hearts happy to see all the kids still involved in either caring for the animals, quilting, cooking and crafting. Thank you to all the volunteers that assisted us.

