



# OCTOBER

9:30 Let's Move! <sup>1</sup>  
 10:15 October in History  
 10:20 Fill-in-the-Blanks  
 11:00 Manicures  
 12:00 Lunch  
 1:30 LDS Carrington Court Branch Gospel Studies  
 3:00 B-I-N-G-O  
 5:00 Dinner

9:30 Let's Move! <sup>2</sup>  
 10:15 Clever Crossword Puzzle  
 11:15 Craft Corner – Halloween Decoration  
 12:00 Lunch  
 2:30 *Afternoon Matinee "Pollyanna"*  
 5:00 Dinner

9:30 Let's Move! <sup>3</sup>  
 10:15 Balloon Badminton  
 11:00 Cranium Crunches  
 12:00 Lunch  
 3:30 B-I-N-G-O  
 5:00 Dinner

9:30 **Outing – Scenic Drive** <sup>4</sup>  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner

10:00 LDS General Conference (TV channel 5) <sup>5</sup>  
 12:00 Lunch  
 2:00 LDS General Conference (TV channel 5)  
 5:00 Dinner



10:00 LDS General Conference (TV channel 5) <sup>6</sup>  
 12:00 Lunch  
 2:00 LDS General Conference (TV channel 5)  
 5:00 Dinner

9:30 Let's Move! <sup>7</sup>  
 10:15 We play "wicked big pong" for prizes  
 11:00 Team Game – Spelling Bee  
 12:00 Lunch  
 3:00 **Singing Trio/Piano – Moods-N-Music Perform**  
 5:00 Dinner

9:30 Let's Move! <sup>8</sup>  
 10:15 October in History  
 10:20 Fill-in-the-Blanks  
 11:00 Manicures  
 12:00 Lunch  
 1:30 LDS Carrington Court Branch Gospel Studies  
 3:00 B-I-N-G-O  
 5:00 Dinner

9:30 Let's Move! <sup>9</sup>  
 10:15 Clever Crossword Puzzle  
 11:15 Jokereno Card/Bingo Game  
 12:00 Lunch  
 2:30 *Afternoon Matinee "Fly Away Home"*  
 5:00 Dinner  
 6:00 **LDS Branch Activity – Everyone Invited**

9:30 Let's Move! <sup>10</sup>  
 10:15 Balloon Badminton  
 11:00 Cranium Crunches  
 12:00 Lunch  
 3:30 B-I-N-G-O  
 5:00 Dinner

9:30 **Outing – Scenic Drive** <sup>11</sup>  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner

9:30 Let's Move! <sup>12</sup>  
 10:15 Activities Upstairs  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner



9:30 Music & the Spoken Word (BYU TV) <sup>13</sup>  
 10:30 LDS Sacrament Meeting  
 11:15 Relief Society & Priesthood  
 12:00 Lunch  
 5:00 Dinner

9:30 Let's Move! <sup>14</sup>  
 10:15 Parachute Workout  
 11:15 Columbus Day History & Reader's Theater  
 12:00 Lunch  
 3:00 **Young Emma and Friends Sing & Visit**  
 5:00 Dinner

9:30 Let's Move! <sup>15</sup>  
 10:15 October in History  
 10:20 Fill-in-the-Blanks  
 11:00 Manicures  
 12:00 Lunch  
 1:30 LDS Carrington Court Branch Gospel Studies  
 3:00 B-I-N-G-O  
 5:00 Dinner

9:30 Let's Move! <sup>16</sup>  
 10:15 Clever Crossword Puzzle  
 11:15 Concentration – Everything Fall  
 12:00 Lunch  
 2:30 *Afternoon Matinee "Singing with Angels"*  
 5:00 Dinner

9:30 Let's Move! <sup>17</sup>  
 10:15 Balloon Badminton  
 11:00 Cranium Crunches  
 12:00 Lunch  
 3:30 B-I-N-G-O  
 5:00 Dinner

9:30 **Outing – Scenic Drive** <sup>18</sup>  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner

9:30 Let's Move! <sup>19</sup>  
 10:15 Activities Upstairs  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner  
 6:00 "We Love People" make apartment visits to individual residents



9:30 Music & the Spoken Word (BYU TV) <sup>20</sup>  
 10:30 LDS Sacrament Meeting  
 11:15 Relief Society & Priesthood  
 12:00 Lunch  
 5:00 Dinner

9:30 Let's Move! <sup>21</sup>  
 10:15 Bowling for caramels  
 11:15 Meet at the fireplace and have a sing-a-long  
 12:00 Lunch  
 3:00 **Singer/with four-piece band – Mixed Nuts Perform**  
 5:00 Dinner

9:30 Let's Move! <sup>22</sup>  
 10:15 October in History  
 10:20 Fill-in-the-Blanks  
 11:00 Manicures  
 12:00 Lunch  
 1:30 LDS Carrington Court Branch Gospel Studies  
 3:00 **West Jordan Senior Band Performs**  
 5:00 Dinner

9:30 Let's Move! <sup>23</sup>  
 10:15 Clever Crossword Puzzle  
 11:15 Cup Stacking  
 12:00 Lunch  
 2:30 *Afternoon Matinee "The Glenn Miller Story"*  
 5:00 Dinner

9:30 Let's Move! <sup>24</sup>  
 10:15 Balloon Badminton  
 11:00 Cranium Crunches  
 12:00 Lunch  
 3:30 B-I-N-G-O  
 5:00 Dinner  
 6:00 **TRICK OR TREAT NIGHT AT CARRINGTON COURT**

9:30 **Outing – Scenic Drive** <sup>25</sup>  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner

9:30 Let's Move! <sup>26</sup>  
 10:15 Activities Upstairs  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner



9:30 Music & the Spoken Word (BYU TV) <sup>27</sup>  
 10:30 LDS Sacrament Meeting  
 11:15 Relief Society & Priesthood  
 12:00 Lunch  
 5:00 Dinner

9:30 Let's Move! <sup>28</sup>  
 10:15 **Resident Council – All Residents are encouraged to attend**  
 11:00 We write a story with our "The Storymatic Cards"  
 12:00 Lunch  
 3:00 **Country/Western Band – Utah Old Time Fiddlers Perform**  
 5:00 Dinner  
 6:00 **LDS Carrington Court Branch Family Home Evening**

9:30 Let's Move! <sup>29</sup>  
 10:15 October in History  
 10:20 Fill-in-the-Blanks  
 11:00 Manicures  
 12:00 Lunch  
 1:30 LDS Carrington Court Branch Gospel Studies  
 3:00 B-I-N-G-O  
 5:00 Dinner  
 6:00 Young Women Visit Resident Apartments

9:30 Let's Move! <sup>30</sup>  
 10:15 Clever Crossword Puzzle  
 11:15 Concentration – Everything Halloween  
 12:00 Lunch  
 2:30 *Afternoon Matinee "Kit Kittredge An American Girl"*  
 5:00 Dinner

9:30 Let's Move! <sup>31</sup>  
 10:15 Balloon Badminton  
 11:00 Cranium Crunches  
 12:00 Lunch  
 3:30 B-I-N-G-O  
 5:00 Dinner



WHEN WITCHES GO RIDING,  
 and black cats are seen,  
 THE MOON LAUGHS AND WHISPERS,  
 'tis near Halloween.

Carrington Court Employees Dressed up for Halloween!

Assisted Living



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October 2019

**TRICK OR TREAT!**



These are a few pictures from last year's trick or treating at Carrington Court. Please help make this a special day for our residents. We can't wait to see all of you!!



Families and friends, join us for trick or treating on Thursday, October 24 beginning at 6:00 p.m. Our residents look forward to seeing all the children in costume!

*Happy Birthday!*

Jim M. - 6th  
Carol C. - 7th  
LaRae W. - 14th

TRICK OR TREAT

