



Carrington Court

1928 West 9800 S • South Jordan, UT 84095 • (801) 676-8787

October 2013

THE TRAVELS OF CARRINGTON COURT - SUMMER 2013

The picture below was taken at Red Butte Garden—we had a great tour. We traveled so many places this past summer—I'll take a deep breath and list some of them: Cold Stone Creamery, Saint Andrew Catholic School, South Jordan Library, Salt Lake City Cemetery, Hill Air Force Base, Tooele Fire Museum, Leatherby's, Larry Miller Auto Museum, Nielsen's Frozen Custard, Utah State Capitol, Snowbird Tram, Liberty Park, Temple Square, LDS Church History Museum and The Road Home. Wow, you can now relax!



HAPPY BIRTHDAY

Everett Matheson - Oct. 3
Helen James - Oct. 10
Sheldon Monsey - Oct. 10
Eleanor Nelsen - Oct. 27



TRICK OR TREAT NIGHT

Families and friends, join us for trick or treating on Friday, Oct. 18, at 7 p.m. We look forward to seeing all the kids in costume!

OPPORTUNITY TO LEARN ABOUT SOUTH JORDAN

Each Friday in October, the Carrington Court bus will travel to the South Jordan City building. We do not have to get off of the bus; each speaker will come aboard our bus. Here is our agenda: City Manager, Battalion Fire Chief, Police Chief and Public Works.



A man and his geese!



Eleanor up, close and personal with the geese!




Relaxing at Liberty Park!



The geese definitely weren't shy!



Stomachs are full!

Sunday	Monday	Tuesday
 <p style="text-align: right;">6</p> <p>9:30 Music & The Spoken Word (KSL Channel 5) 10:00 LDS General Conference on TV Channel 5 12:00 Lunch 2:00 LDS General Conference on TV Channel 5 5:00 Dinner</p>	<p style="text-align: right;">7</p> <p><i>We have a Eucharistic minister available for our Catholic residents on Wednesday afternoon. Residents, or families, may contact Diane if they would like to request a visit.</i></p> <p>9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Let's Get a Little Nutty! We Will Make Homemade Peanut Butter, Have a Contest & Name That Nut 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">1</p> <p>9:30 Let's Move! 10:15 Picture of the Day 10:30 Kitchen Talk With Iva Jean, Our Kitchen Manager 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner</p>
<p style="text-align: right;">13</p> <p>9:30 Music & The Spoken Word (KSL Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner</p>	<p style="text-align: right;">14</p> <p>9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Story Read From "Good Old Days" Magazine 11:00 AUCTION - Everyone May Bid With Fun Money - Dean Behunin, Auctioneer 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">15</p> <p>9:30 Let's Move! 10:15 Picture of the Day 10:20 Documentary About Niagara Falls 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 <u>Accordion - Jim Reilly</u> 5:00 Dinner</p>
<p style="text-align: right;">20</p> <p>9:30 Music & The Spoken Word (KSL Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner</p>	<p style="text-align: right;">21</p> <p>9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Buzz Word 11:00 Mini Golf 12:00 Lunch 3:00 <u>Country/Western Band - New Fiddlers</u> 5:00 Dinner</p>	<p style="text-align: right;">22</p> <p>9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner</p>
<p style="text-align: right;">27</p> <p>9:30 Music & The Spoken Word (KSL Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner</p>	<p style="text-align: right;">28</p> <p>9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Resident Council - All Residents Are Encouraged to Attend 11:00 Pictionary 12:00 Lunch 3:00 <u>Singing Trio With Piano - Moods & Music</u> 5:00 Dinner</p>	<p style="text-align: right;">29</p> <p>9:30 Let's Move! 10:15 Picture of the Day 10:20 Halloween Party - Employees and Residents Join in for Some Fun!!! 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner</p>

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">2</p> <p>9:30 Let's Move!</p> <p>10:00 Clever Crossword Puzzle</p> <p>11:00 Craft Corner - Ghost That Says B-O-O</p> <p>12:00 Lunch</p> <p>2:00 Desi - Our Therapy Dog Visits</p> <p>3:00 Movie "Calamity Jane" & Creamies</p> <p>5:00 Dinner</p> <p>6:00 Talent Show - Young Women Perform</p>	<p style="text-align: right;">3</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move!</p> <p>10:00 Balloon Badminton</p> <p>11:00 Cranium Crunches</p> <p>12:00 Lunch</p> <p>2:30 Apartment Visits With Residents</p> <p>3:30 B-I-N-G-O</p> <p>5:00 Dinner</p>	<p style="text-align: right;">4</p> <p>9:30 Let's Move!</p> <p>10:10 Guesstimation?</p> <p>11:00 <u>Singer & Guitar - Maggie Beers</u></p> <p>12:00 Lunch</p> <p>1:30 Outing - Scenic Drive With Stop at South Jordan City Building (City Manager, John Geilmann)</p> <p>5:00 Dinner</p>	<p style="text-align: right;">5</p> <p>9:30 Let's Move!</p> <p>10:00 Activities Upstairs With the U of U Exercise & Sports Students</p> <p>10:00 LDS General Conference on TV Channel 5</p> <p>12:00 Lunch</p> <p>2:00 LDS General Conference</p> <p>3:00 B-I-N-G-O</p> <p>5:00 Dinner</p> <p>7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">9</p> <p>9:30 Let's Move!</p> <p>10:00 Clever Crossword Puzzle</p> <p>11:00 Craft Corner - Candy Filled Pumpkin</p> <p>12:00 Lunch</p> <p>3:00 Movie "Romance on the High Seas" & Popcorn</p> <p>5:00 Dinner</p> <p>6:15 Relief Society - Everyone Welcomed</p>	<p style="text-align: right;">10</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move!</p> <p>10:00 Balloon Badminton</p> <p>11:00 Cranium Crunches</p> <p>12:00 Lunch</p> <p>2:30 Apartment Visits With Residents</p> <p>3:30 B-I-N-G-O</p> <p>5:00 Dinner</p>	<p style="text-align: right;">11</p> <p>9:30 Let's Move!</p> <p>10:10 Marble Lagging</p> <p>11:15 Beverage & Trivia</p> <p>12:00 Lunch</p> <p>1:30 Outing - Scenic Drive With Stop at South Jordan City Building (Battalion Fire Chief, Reed Thompson)</p> <p>5:00 Dinner</p>	<p style="text-align: right;">12</p> <p>9:30 Let's Move!</p> <p>10:00 Activities Upstairs With the U of U Exercise & Sports Students</p> <p>12:00 Lunch</p> <p>3:00 B-I-N-G-O</p> <p>5:00 Dinner</p> <p>7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">16</p> <p>9:30 Let's Move!</p> <p>10:00 Clever Crossword Puzzle</p> <p>11:00 Toilet Paper Pumpkins (I Know it Sounds Crazy, But Sooo Cute!)</p> <p>12:00 Lunch</p> <p>2:00 Desi - Our Therapy Dog Visits</p> <p>3:00 Movie "On Moonlight Bay" & Creamies</p> <p>5:00 Dinner</p>	<p style="text-align: right;">17</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move!</p> <p>10:00 Balloon Badminton</p> <p>11:00 Cranium Crunches</p> <p>12:00 Lunch</p> <p>2:30 Apartment Visits With Residents</p> <p>3:30 B-I-N-G-O</p> <p>5:00 Dinner</p>	<p style="text-align: right;">18</p> <p>9:30 Let's Move!</p> <p>10:10 Card Game</p> <p>11:00 Name That Tune?</p> <p>12:00 Lunch</p> <p>1:30 Outing - Scenic Drive With Stop at South Jordan City Building (Police Chief, Lindsay Shepherd)</p> <p>5:00 Dinner</p> <p><i>***7:00 FAMILY & FRIENDS TRICK OR TREAT NIGHT AT CARRINGTON COURT***</i></p>	<p style="text-align: right;">19</p> <p>9:30 Let's Move!</p> <p>10:00 Activities Upstairs</p> <p>12:00 Lunch</p> <p>3:00 B-I-N-G-O</p> <p>5:00 Dinner</p> <p>7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">23</p> <p>9:30 Let's Move!</p> <p>10:00 Clever Crossword Puzzle</p> <p>11:00 U.S. Geography Quiz</p> <p>12:00 Lunch</p> <p>3:00 Movie "State Fair" & Popcorn</p> <p>5:00 Dinner</p>	<p style="text-align: right;">24</p> <p>BEAUTY SHOP OPEN</p> <p>Podiatrist Available in the Morning</p> <p>9:30 Let's Move!</p> <p>10:00 Balloon Badminton</p> <p>11:00 Cranium Crunches</p> <p>12:00 Lunch</p> <p>2:30 Apartment Visits With Residents</p> <p>3:30 B-I-N-G-O</p> <p>5:00 Dinner</p>	<p style="text-align: right;">25</p> <p>9:30 Let's Move!</p> <p>10:10 Words That Start With the Letter "F"</p> <p>11:00 Beanbag Toss</p> <p>12:00 Lunch</p> <p>1:30 Outing - Scenic Drive With Stop at South Jordan City Building (Public Works, Jason Rasmussen)</p> <p>5:00 Dinner</p>	<p style="text-align: right;">26</p> <p>9:30 Let's Move!</p> <p>10:00 Activities Upstairs With the U of U Exercise & Sports Students</p> <p>12:00 Lunch</p> <p>3:00 B-I-N-G-O</p> <p>5:00 Dinner</p> <p>7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">30</p> <p>9:30 Let's Move!</p> <p>10:00 Clever Crossword Puzzle</p> <p>11:00 Concentration - Halloween Themed</p> <p>12:00 Lunch</p> <p>3:00 Movie "Good News" & Creamies</p> <p>5:00 Dinner</p>	<p style="text-align: right;">31</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move!</p> <p>10:00 Balloon Badminton</p> <p>11:00 Cranium Crunches</p> <p>12:00 Lunch</p> <p>2:30 Apartment Visits With Residents</p> <p>3:30 B-I-N-G-O</p> <p>5:00 Dinner</p>	<p style="text-align: center;"><i>We have a music therapist who makes individual visits on Sunday afternoons. If you would like to request that she visit you, please let Diane know.</i></p>	<p>A nondenominational chaplain will be here every Friday afternoon. If you would like a visit, please let Diane know.</p>

October 2013

Resident Spotlight - Helen Grant



Helen posing with the button flowers she made!

Helen was born July 28 in Salt Lake City, UT. She had four brothers and two sisters. She graduated from West High School and worked for Sweets Candy Company for a couple of years and then Dee's Restaurant.

Helen met her husband, Glen, through a friend of hers and they got married Jan. 28, 1952. She then went to work for the Salt Lake City Police Department, working her way up to a supervisor in the Dispatch Office until 1986, when she retired. During her tenure, she handled many situations. In one instance, she helped set up roadblocks in a canyon where two well-known murderers (Lance and Kilpack) were trying to flee Salt Lake City. Due to her quick thinking, they were apprehended. An article was written about Helen in the *Tribune* and she was given an award from the chief of police. Her husband was also employed as a police officer at the Salt Lake City Police Department.

Resident Spotlight - Helen Grant Continued

Helen and Glen were blessed with two wonderful children, Ken and Cindy, and three grandchildren, Nick, Steven and Michael. Most of Helen's life she has owned a dog and been a dog lover. She has fond memories of her childhood dog, Nibs. A K-9 police dog named King lived with Helen and her husband for a period of time. Now that Helen lives at Carrington Court, she enjoys visits from Cindy's dogs, Fritz and Kuji; you may have met them as they stop by regularly!

Helen is a kind and compassionate person and is a good friend to people. She has a great sense of humor and enjoys a good laugh. You may want to ask her to share some of her entertaining stories from her law enforcement career. Some of Helen's joys in life are collecting beautiful dolls, and eating ice cream and chocolate!



Helen with her children at the Valentine's Dinner