



# NOVEMBER

1  
**BEAUTY SHOP OPEN**  
 9:30 Let's Move!  
 10:15 Balloon Badminton  
 11:00 "The Price is Right"  
 game led by Simone  
 12:00 Lunch  
 3:30 B-I-N-G-O  
 5:00 Dinner

2  
 9:30 **Outing – Scenic Drive**  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner

3  
 9:30 Let's Move!  
 10:15 Activities Upstairs  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner  
 6:00 Lawrence Welk Show  
 (TV Channel 11)



4  
**CLOCKS FALL BACK ONE HOUR TODAY**  
 9:30 Music & the Spoken Word (BYU TV)  
 10:30 LDS Sacrament Meeting  
 11:15 Relief Society & Priesthood  
 12:00 Lunch  
 5:00 Dinner

5  
 9:30 Let's Move!  
 10:15 "Easy" Crossword Puzzle  
 11:00 Friendship Web  
 12:00 Lunch  
 3:00 **Country/Folk Singers– Country Blue Perform**  
 5:00 Dinner

6  
**BEAUTY SHOP OPEN**  
 9:30 Let's Move!  
 10:15 Picture of the Week  
 11:00 Manicures  
 12:00 Lunch  
 1:30 LDS Gospel Doctrine Lesson  
 3:00 B-I-N-G-O  
 5:00 Dinner

7  
 9:30 Let's Move!  
 10:15 Clever Crossword Puzzle  
 11:15 Concentration – Pictures of Utah  
 12:00 Lunch  
 2:30 **Afternoon Matinee – "A Tree Grows in Brooklyn"**  
 5:00 Dinner  
 6:00 Visits by Young Men & Women to Resident Apartments

8  
**BEAUTY SHOP OPEN**  
 9:30 Let's Move!  
 10:15 Balloon Badminton  
 11:00 Cranium Crunches  
 12:00 Lunch  
 3:30 B-I-N-G-O  
 5:00 Dinner

9  
 9:30 **Outing – Scenic Drive**  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner

10  
 9:30 Let's Move!  
 10:15 Activities Upstairs  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner  
 6:00 Lawrence Welk Show  
 (TV Channel 11)



11  
**VETERAN'S DAY**  
 9:30 Music & Spoken Word (BYU TV)  
 10:30 LDS Sacrament Meeting  
 11:15 Relief Society & Priesthood  
 12:00 Lunch  
 5:00 Dinner

12  
 9:30 Let's Move!  
 10:15 Parachute CraziNESS  
 Arm Workout  
 11:00 Sort It Out Game  
 12:00 Lunch  
 3:00 **Singers/Piano – Moods-N-Music Perform**  
 5:00 Dinner

13  
**BEAUTY SHOP OPEN**  
 9:30 Let's Move!  
 10:15 Picture of the Week  
 10:20 Fill-in-the-Blanks  
 11:00 Manicures  
 12:00 Lunch  
 1:30 LDS Gospel Doctrine Lesson  
 3:00 B-I-N-G-O  
 5:00 Dinner

14  
 9:30 Let's Move!  
 10:15 Clever Crossword Puzzle  
 11:15 Clever Craft – Christmas Bracelets  
 12:00 Lunch  
 1:45 Patriotic Musical Program  
 2:30 **Afternoon Matinee – "The Enchanted Cottage"**  
 5:00 Dinner  
 6:00 Relief Society – Everyone is Welcomed

15  
**BEAUTY SHOP OPEN**  
 9:30 Let's Move!  
 10:15 Balloon Badminton  
 11:00 Cranium Crunches  
 12:00 Lunch  
 5:00 **Early Thanksgiving Dinner at Carrington Court**  
**\*\*Each resident may invite two guests\*\***

16  
 9:30 **Outing – Scenic Drive**  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner

17  
 9:30 Let's Move!  
 10:15 Activities Upstairs  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner  
 6:00 Lawrence Welk Show  
 (TV Channel 11)



18  
 9:30 Music & the Spoken Word (BYU TV)  
 10:30 LDS Sacrament Meeting  
 11:15 Relief Society & Priesthood  
 12:00 Lunch  
 5:00 Dinner

19  
 9:30 Let's Move!  
 10:15 Resident Council Meeting – All Residents Are Encouraged to Attend  
 11:00 Twenty Questions – Everything Thanksgiving  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner

20  
**BEAUTY SHOP OPEN**  
 9:30 Let's Move!  
 10:15 Picture of the Day  
 10:30 Fill-in-the-Blanks  
 11:00 Manicures  
 12:00 Lunch  
 1:30 LDS Gospel Doctrine Lesson  
 3:00 B-I-N-G-O  
 5:00 Dinner

21  
 9:30 Let's Move!  
 10:15 Clever Crossword Puzzle  
 11:00 Guesstimation  
 12:00 Lunch  
 2:30 **Afternoon Matinee – "On the Town"**  
 5:00 Dinner



22  
 9:30 **Outing – Scenic Drive**  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner

23  
 9:30 Let's Move!  
 10:15 Activities Upstairs  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner  
 6:00 Lawrence Welk Show  
 (TV Channel 11)



25  
 9:30 Music & the Spoken Word (BYU -TV)  
 10:30 LDS Sacrament Meeting  
 11:15 Relief Society & Priesthood  
 12:00 Lunch  
 5:00 Dinner

26  
 9:30 Let's Move!  
 10:15 "Easy" Crossword Puzzle  
 11:00 Putting Green  
 12:00 Lunch  
 3:00 **Singer – Lynda Davidson Performs**  
 5:00 Dinner

27  
**BEAUTY SHOP OPEN**  
 9:30 Let's Move!  
 10:15 Picture of the Week  
 10:20 Fill-in-the-Blanks  
 11:00 Manicures  
 12:00 Lunch  
 1:30 LDS Gospel Doctrine Lesson  
 3:00 B-I-N-G-O  
 5:00 Dinner

28  
 9:30 Let's Move!  
 10:15 Clever Crossword Puzzle  
 11:15 Plinko Surprise  
 12:00 Lunch  
 2:30 **Afternoon Matinee – "Sands of Iwo Jima"**  
 5:00 Dinner

29  
**BEAUTY SHOP OPEN**  
 9:30 Let's Move!  
 10:15 Balloon Badminton  
 11:00 Cranium Crunches  
 12:00 Lunch  
 3:30 B-I-N-G-O  
 5:00 Dinner

30  
 9:30 **Outing – Nativity Festival**  
 12:00 Lunch  
 3:00 B-I-N-G-O  
 5:00 Dinner

"Feeling Gratitude and not expressing it is Like Wrapping a Present and Not Giving It"  
 - William Arthur Ward

# Honoring our Carrington Court Veterans 2017

Assisted Living



Carrington Court

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## Thankful for Families



November is the month that we think of the many things in life we are thankful for. The residents here at Carrington Court speak of their family so often and express their appreciation and love for their support. Families bring happiness and smiles all around here at Carrington. We want to encourage family members to call and make a reservation in the months ahead to join their loved one for a meal. Eating together is a great way to spend family time and enjoy great conversation with the ones you LOVE!



## November 2018

**Thursday, November 15, 5:00 p.m.** we will celebrate an early Thanksgiving dinner at Carrington Court. Every resident is asked to invite two guests to join them that day for dinner. Carrington Court staff is grateful for all our wonderful residents and their families. Thank you for making our community such a pleasant place. We look forward to serving you a traditional turkey dinner with all the trimmings!



## Happy Birthday!

- Jeane L. - 1st
- Renee W. - 8th
- Vicki C. - 12th
- Kay B. - 15th
- Rhea P. - 18th
- Louis P. - 27th



*We are thankful for great friends and the time together that we spend doing different activities at Carrington Court Assisted Living. Everyone is always welcomed to join us in the activity room, the more the merrier!*