



Carrington Court

1928 West 9800 S • South Jordan, UT 84095 • (801) 676-8787

November 2015



Alex, Wayne, Jim and Shauna so happy that they made it to the top of the hill at the zoo!

THANKFUL FOR THE OWNERS OF CARRINGTON COURT

November is the month that we think of the many things in life we are grateful for. Employees at Carrington are grateful for the conscientious owners of Carrington Court; who participate, care and involve themselves in the goings on here at Carrington. Thanks to Wayne and Shauna for their continued support and love for the residents and employees. Happy Thanksgiving to them and all of our residents and families.

Positive Thought

"Live your life and forget your age!"



Nancy, Verl and daughter enjoy a morning at the zoo!

THANKSGIVING DINNER WITH GUESTS

Thursday, November 19, we will be celebrating an early Thanksgiving dinner at Carrington Court. Every resident is asked to invite two guests to join them that day for dinner. We look forward to serving you.

HAPPY BIRTHDAY

- Robert Devor - November 2
- Leo Smith - November 6
- George Robinson - November 11
- Vicki Cram - November 12
- Deloris Speirs - November 13
- Rhea Perry - November 18
- Dorothy Stevenson - November 18
- LaVonda Hanson - November 20
- Helen Jones - November 29



HONORING OUR VETERANS

Monday, November 9, at 11:00 a.m., Carrington Court will be paying tribute to our veterans with a special Veterans Day program. All families and friends are invited to join us. The mayor of South Jordan, David Alvord, will say a few words and Paula and Steve Walker, President and Commander of VFW Post 409, will also speak. We are proud to know these fine men and women veterans who reside at Carrington Court.



Pledge Allegiance to the Flag

"I pledge allegiance to the flag of the United States of America and to the Republic for which it stands, one Nation under God, indivisible, with Liberty and Justice for all." Written By: Francis Bellamy in 1892

Sunday	Monday	Tuesday
1	2	3
<p>**SET YOUR CLOCKS BACK ONE (1) HOUR**</p> <p>9:30 Music & The Spoken Word (TV Channel 5)</p> <p>10:30 LDS Sacrament Meeting</p> <p>11:15 Relief Society & Priesthood</p> <p>12:00 Lunch</p> <p>3:00 Afternoon Movie</p> <p>5:00 Dinner</p>	<p>9:30 Let's Move!</p> <p>10:15 Jokes & Question of the Week?!</p> <p>10:20 Documentary - Arlington: Field of Honor</p> <p>11:00 We Meet at the Fireplace and Have a Sing-A-Long</p> <p>12:00 Lunch</p> <p>3:00 B-I-N-G-O</p> <p>5:00 Dinner</p>	<p>9:30 Let's Move!</p> <p>10:15 Picture of the Day</p> <p>10:20 Voting Trivia & Presidential Slogans Trivia</p> <p>11:00 Manicures</p> <p>12:00 Lunch</p> <p>1:30 LDS Gospel Doctrine Lesson</p> <p>3:00 B-I-N-G-O</p> <p>5:00 Dinner</p>
8	9	10
<p>9:30 Music & The Spoken Word (TV Channel 5)</p> <p>10:30 LDS Sacrament Meeting</p> <p>11:15 Relief Society & Priesthood</p> <p>12:00 Lunch</p> <p>3:00 Afternoon Movie</p> <p>5:00 Dinner</p>	<p>9:30 Let's Move!</p> <p>10:15 Stories From "Chicken Soup for the Veteran's Soul"</p> <p>11:00 Salute to Our Veterans Program - Everyone Welcomed - Show Your Support!</p> <p>12:00 Lunch</p> <p>3:00 <u>Country/Western - New Fiddlers Perform</u></p> <p>5:00 Dinner</p>	<p>9:30 Let's Move!</p> <p>10:15 Picture of the Day</p> <p>10:20 Fill-in-the-Blanks</p> <p>11:00 Manicures</p> <p>12:00 Lunch</p> <p>1:30 LDS Gospel Doctrine Lesson</p> <p>3:00 B-I-N-G-O</p> <p>5:00 Dinner</p>
15	16	17
<p>9:30 Music & The Spoken Word (TV Channel 5)</p> <p>10:30 LDS Sacrament Meeting</p> <p>11:15 Relief Society & Priesthood</p> <p>12:00 Lunch</p> <p>3:00 Afternoon Movie</p> <p>5:00 Dinner</p>	<p>9:30 Let's Move!</p> <p>10:15 Jokes & Question of the Week?!</p> <p>10:20 Jeopardy Military Edition</p> <p>11:00 "A Season of Thanks" - Presented by Chaplain Kym Olson. Music Presented by Chaplain Ellen Bush Duncan</p> <p>12:00 Lunch</p> <p>3:00 <u>Singer - Linda Davidson Performs</u></p> <p>5:00 Dinner</p>	<p>9:30 Let's Move!</p> <p>10:15 Picture of the Day</p> <p>10:20 Fill-in-the-Blanks</p> <p>11:00 Manicures</p> <p>12:00 Lunch</p> <p>1:30 LDS Gospel Doctrine Lesson</p> <p>3:00 B-I-N-G-O</p> <p>5:00 Dinner</p>
22	23	24
<p>9:30 Music & The Spoken Word (TV Channel 5)</p> <p>10:30 LDS Sacrament Meeting</p> <p>11:15 Relief Society & Priesthood</p> <p>12:00 Lunch</p> <p>3:00 Afternoon Movie</p> <p>5:00 Dinner</p>	<p>9:30 Let's Move!</p> <p>10:15 Jokes & Question of the Week?!</p> <p>10:20 Thanksgiving Readers' Theater</p> <p>11:00 Thanksgiving Pictionary</p> <p>12:00 Lunch</p> <p>3:00 B-I-N-G-O</p> <p>5:00 Dinner</p>	<p>9:30 Let's Move!</p> <p>10:15 Picture of the Day</p> <p>10:20 Fill-in-the-Blanks</p> <p>11:00 Manicures</p> <p>12:00 Lunch</p> <p>1:30 LDS Gospel Doctrine Lesson</p> <p>3:00 <u>Singer/Piano - Jim Connors Performs</u></p> <p>5:00 Dinner</p>
29	30	
<p>9:30 Music & The Spoken Word (TV Channel 5)</p> <p>10:30 LDS Sacrament Meeting</p> <p>11:15 Relief Society & Priesthood</p> <p>12:00 Lunch</p> <p>3:00 Afternoon Movie</p> <p>5:00 Dinner</p>	<p>9:30 Let's Move!</p> <p>10:15 Jokes & Question of the Week?!</p> <p>10:20 Resident Council - We Encourage All Residents to Attend This Monthly Meeting</p> <p>11:00 We Meet at the Fireplace and Have a Sing-a-Long</p> <p>12:00 Lunch</p> <p>3:00 B-I-N-G-O</p> <p>5:00 Dinner</p>	

Wednesday	Thursday	Friday	Saturday
<p>4</p> <p>9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Service Project: Tying Quilts to Donate to the Humanitarian Center 12:00 Lunch 2:30 Movie <i>"From Here to Eternity"</i> (Frank Sinatra & Deborah Kerr) & Popcorn 5:00 Dinner</p>	<p>5</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p>6</p> <p>9:30 Let's Move! 10:15 Bowling Carrington Court Style 11:00 Music B-I-N-G-O 12:00 Lunch 1:30 Outing - Scenic Drive 5:00 Dinner</p>	<p>7</p> <p>9:30 Let's Move! 10:00 Activities Upstairs With the U of U Students 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p>11</p> <p>VETERANS DAY 9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Concentration - Thanksgiving Theme 12:00 Lunch 2:30 Movie <i>"The Guns of Navarone"</i> (Gregory Peck) & Ice Cream 5:00 Dinner 6:00 - Relief Society - Everyone Welcomed!</p>	<p>12</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p>13</p> <p>9:30 Let's Move! 10:00 Local School Children Sing and Visit With Us 11:00 Can You List This? 12:00 Lunch 1:30 Outing - Scenic Drive 5:00 Dinner</p>	<p>14</p> <p>9:30 Massages Provided Free of Charge by the Students From the College of Myotherapy 9:30 Let's Move! 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p>18</p> <p>9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Service Project: Tying Quilts to Donate to the Humanitarian Center 12:00 Lunch 2:30 Movie <i>"The Longest Day"</i> (John Wayne, Henry Fonda) & Popcorn 5:00 Dinner</p>	<p>19</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch **5:00 Carrington Court Early Thanksgiving Dinner With Guests - Please Invite Two Guests to Join You for Dinner!**</p>	<p>20</p> <p>9:30 Let's Move! 10:15 Hole-in-One Golf 11:00 Card Game 12:00 Lunch 1:30 Outing - Scenic Drive 5:00 Dinner 6:00 Cello Recital - Large Activity Room</p>	<p>21</p> <p>9:30 Let's Move! 10:00 Activities Upstairs 11:15 <u>Dancing - Utah Dance Artists Perform</u> 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p>25</p> <p>9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Craft Corner - Christmas Bracelet 12:00 Lunch 2:30 Movie <i>"An Old-Fashioned Thanksgiving"</i> (Jacqueline Bisset) & Ice Cream 5:00 Dinner</p>	<p>26</p> 	<p>27</p> <p>9:30 Let's Move! 10:15 Web of Friendship 11:00 Sherbet Floats & Conversation 12:00 Lunch 1:30 Outing - Scenic Drive 5:00 Dinner</p>	<p>28</p> <p>9:30 Let's Move! 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p><i>We have a Eucharistic minister available for our Catholic residents during the week. Residents, or families, may contact Diane if they would like to request a visit.</i></p>		<p><i>We have a pet therapy dog that visits Carrington Court every Friday at approximately 6:00 p.m. Let Diane know if you would like a visit.</i></p>	<h1>November</h1>

November 2015

A Day at the Zoo for the Boys!!!



We try to go on many outings at Carrington Court; often times to make these outings a success, "Help" is required. Our outing to the zoo in September was no exception. Thank you to all the volunteers (20 to be exact) who made this trip possible. The zoo always proves to be challenging, as it does have hilly terrain. I try to recruit young, strong individuals to assist our residents. This year three University of Utah hockey players donated their strength to the cause. Glenn, Gene and Floyd were teamed together with these young men; it was a great morning for all. So if you have volunteered with us, we appreciate your help. If you would like to help in the future, we will gladly accept. Many of our residents had not been to the zoo in over 20 years; they couldn't believe the changes. These memorable moments wouldn't happen without the help of all the volunteers! Thank you.

Ice Cream Always Makes It a Better Day!

I know something about the "Greatest Generation Ever" (a phrase coined by Tom Brokaw): they all love ice cream! What a great afternoon we always have when we stop at Leatherby's Ice Cream Parlor. It always goes something like this: laughter and talking, then the ice cream confections arrive—silence never sounded so still—only time for spooning up the goodness now. Ice cream goes down easy and sweet. I really like this picture of Glenn enjoying his ice cream, just a little sign of a grin that makes him look like he is doing something he shouldn't be doing. The thing about Leatherby's is, there is no such thing as a small serving—even when you order from the young-at-heart menu.

