



# Carrington Court

1928 West 9800 S • South Jordan, UT 84095 • (801) 676-8787



## THANKSGIVING DINNER WITH GUESTS

Thursday, November 15, at 5:30 p.m. we will be celebrating an early Thanksgiving dinner at Carrington Court. Every resident is asked to invite **two guests** to join them that day for dinner. Carrington Court staff are grateful for all our wonderful residents and their families. Thank you for making our community such a pleasant place. We look forward to serving our residents and their guests a traditional turkey dinner with all the trimmings! Please remember to R.S.V.P. via email or at the front desk.

## HAPPY BIRTHDAY

Dorothy Stevenson - November 18

Emelia Roberts - November 22

## The Power of Gratitude

"Developing an attitude of sincere gratitude for your current blessings unleashes the power for receiving many more. Every day give thanks." – Anonymous

## November 2012

### HONORING OUR VETERANS

Saturday, November 10, at 3 p.m., Carrington Court will be paying tribute to our veterans. All families and friends are invited to join us on this date. The mayor of South Jordan, Scott Osborne, will say a few words, the boy scouts will be presenting the colors, the American Legion will be demonstrating the folding of the flag & what each fold represents, musical entertainment and more. We are proud to know these fine men and women honored, that reside at Carrington Court.



### Miniature Auto Collection Presentation


Saturday, November 3, at 11 a.m., resident Bart Crook and his son Russell, will be presenting a fun, informative presentation involving replica miniature automobiles. Bart is an expert on all things cars, and his collection of these cars is like no other. You will be amazed at his knowledge and his collection.



**Thanksgiving Thoughts**

“For each new morning with its light,  
 For rest and shelter of the night,  
 For health and food, for love and friends,  
 For everything Thy goodness sends.”

—Ralph Waldo Emerson

Sunday	Monday	Tuesday
	<p>“As We Express Our Gratitude, We Must Never Forget That the Highest Appreciation Is Not to Utter Words, But to Live by Them.” --John F. Kennedy, 35th President of the United States (1961-1963)</p>	<p><b>Trivia Challenge:</b> Which President Used This Slogan for His Campaign?                  “A Chicken in Every Pot and a Car in Every Garage.”                  clue: 1928 Election (initials for President Are H.H.)</p>
4	5	6
<p><b>CLOCKS FALL BACK ONE HOUR</b>                  8:30 Music &amp; The Spoken Word                  10:30 LDS Sacrament Meeting                  11:15 Relief Society &amp; Priesthood                  Noon Lunch                  3:00 Afternoon Movie                  5:00 Dinner</p>	<p>9:30 Sit &amp; Be Fit                  10:10 Jokes &amp; Question of the Week?!                  10:15 Picture “Norman Rockwell”                  10:20 Presidential Trivia                  10:45 Documentary - <i>On Board Air Force One</i>                  Noon Lunch                  3:00 B-I-N-G-O                  5:00 Dinner</p>	<p><b>ELECTION DAY</b>  <b>“We Will Hold Our Own Mock Presidential Election”</b>                  9:30 Sit &amp; Be Fit                  10:15 Fill-in-the-Blanks                  11:00 Marvelous Manicures                  Noon Lunch                  1:30 LDS Gospel Doctrine Lesson                  3:00 B-I-N-G-O                  5:00 Dinner</p>
11	12	13
<p>8:30 Music &amp; The Spoken Word                  10:30 LDS Sacrament Meeting                  11:15 Relief Society &amp; Priesthood                  Noon Lunch                  3:00 Afternoon Movie                  5:00 Dinner                  5:30 <u>South Valley Service Symphony Performs During Dinner</u></p>	<p>9:30 Sit &amp; Be Fit                  10:10 Jokes &amp; Question of the Week?!                  10:15 Picture “Norman Rockwell”                  10:20 Documentary - <i>America’s Choir</i> The Story of the Mormon Tabernacle Choir                  Noon Lunch                  3:00 B-I-N-G-O                  5:00 Dinner</p>	<p>9:30 Sit &amp; Be Fit                  10:10 Picture “Norman Rockwell”                  10:15 Fill-in-the-Blanks                  11:00 Marvelous Manicures                  Noon Lunch                  1:30 LDS Gospel Doctrine Lesson                  3:00 <u>Piano/Singing - Kevin Scott Christensen</u>                  5:00 Dinner</p>
18	19	20
<p>8:30 Music &amp; The Spoken Word                  10:30 LDS Sacrament Meeting                  11:15 Relief Society &amp; Priesthood                  Noon Lunch                  3:00 Afternoon Movie                  5:00 Dinner</p>	<p>9:30 Sit &amp; Be Fit                  10:10 Jokes &amp; Question of the Week?!                  10:15 Picture “Norman Rockwell”                  10:20 Words That Begin With the Letter “T”                  Noon Lunch                  3:00 B-I-N-G-O                  5:00 Dinner                  5:15 <u>Harp - Eleisha Plays During the Dinner Hour</u></p>	<p>9:30 Sit &amp; Be Fit                  10:10 Picture “Norman Rockwell”                  10:15 Fill-in-the-Blanks                  11:00 Marvelous Manicures                  Noon Lunch                  1:30 LDS Gospel Doctrine Lesson                  3:00 <u>Singer - Lynda Davidson</u>                  5:00 Dinner</p>
25	26	27
<p>8:30 Music &amp; The Spoken Word                  10:30 LDS Sacrament Meeting                  11:15 Relief Society &amp; Priesthood                  Noon Lunch                  3:00 Afternoon Movie                  5:00 Dinner</p>	<p>9:30 Sit &amp; Be Fit                  10:10 Jokes &amp; Question of the Week?!                  10:15 Picture “Norman Rockwell”                  10:20 <b>Monthly Resident Council Meeting</b>                  11:00 <i>Pictionary</i> Game                  Noon Lunch                  3:00 B-I-N-G-O                  5:00 Dinner</p>	<p>9:30 Sit &amp; Be Fit                  10:10 Picture “Norman Rockwell”                  10:15 Employee &amp; Resident Participation Game “We Are Family”                  11:00 Marvelous Manicures                  Noon Lunch                  1:30 LDS Gospel Doctrine Lesson                  3:00 B-I-N-G-O                  5:00 Dinner</p>

## Wednesday

## Thursday

## Friday

## Saturday

	<p style="text-align: right;"><b>1</b></p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Sit &amp; Be Fit 10:00 Balloon Badminton 11:00 Cranium Crunches Noon Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;"><b>2</b></p> <p>9:30 Sit &amp; Be Fit 10:10 Picture "Norman Rockwell" 10:15 Fact or Fiction Game (Prize Involved) 11:00 Putting Green Noon Lunch 1:30 <b>Outing - Scenic Drive</b> 5:00 Dinner</p>	<p style="text-align: right;"><b>3</b></p> <p>9:30 Sit &amp; Be Fit 10:00 Activities Upstairs 11:00 Bart Crook's Miniature Auto Collection Presentation <b>(Guests Welcomed)</b> Noon Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;"><b>7</b></p> <p>9:30 Sit &amp; Be Fit 10:00 Clever Crossword Puzzle 11:00 Craft Corner Noon Lunch 3:00 Movie <i>Sands of Iwo Jima 1949</i> (John Wayne) &amp; Ice Cream 5:00 Dinner 6:00 Visit From Desi - Pet Therapy Dog</p>	<p style="text-align: right;"><b>8</b></p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Sit &amp; Be Fit 10:00 Balloon Badminton 11:00 Cranium Crunches Noon Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;"><b>9</b></p> <p>9:30 Sit &amp; Be Fit 10:10 Picture "Norman Rockwell" 10:15 Alphabetics - I Give the Word, You Give a Word That Rhymes 11:00 <u>Country Music - Back Porch Bunch</u> Noon Lunch 1:30 <b>Outing - Scenic Drive</b> 5:00 Dinner</p>	<p style="text-align: right;"><b>10</b></p> <p>9:30 Sit &amp; Be Fit 10:00 Activities Upstairs 12:00 Lunch 3:00 <b>Honoring Our Veterans Program - Please Plan on Attending</b> 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;"><b>14</b></p> <p>9:30 Sit &amp; Be Fit 10:00 Clever Crossword Puzzle 11:00 Brain Teasers Noon Lunch 3:00 Movie <i>Mister Roberts 1955</i> (Henry Fonda) &amp; Ice Cream 5:00 Dinner <b>6:00 Relief Society Activity - All Residents Welcomed</b></p>	<p style="text-align: right;"><b>15</b></p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Sit &amp; Be Fit 10:00 Balloon Badminton 11:00 Cranium Crunches Noon Lunch <b>5:30 Thanksgiving Dinner - Residents please invite two guests for dinner!</b></p>	<p style="text-align: right;"><b>16</b></p> <p><b>9:00 Transportation Leaves for LDS Jordan River Temple</b> 9:30 Sit &amp; Be Fit 10:10 Picture "Norman Rockwell" 10:15 Backward Dictionary Game 11:00 <b>Outing - Out to Lunch</b> 3:00 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;"><b>17</b></p> <p>9:30 Sit &amp; Be Fit 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;"><b>21</b></p> <p>BEAUTY SHOP OPEN 9:30 Sit &amp; Be Fit 10:00 Clever Crossword Puzzle 11:00 Craft Corner Noon Lunch 3:00 Movie <i>A Walton Thanksgiving Reunion 1993</i> &amp; Ice Cream 5:00 Dinner 6:00 Visit From Desi - Pet Therapy Dog</p>	<p style="text-align: right;"><b>22</b></p> <div style="text-align: center;">  </div>	<p style="text-align: right;"><b>23</b></p> <p>9:30 Sit &amp; Be Fit 10:10 Picture "Norman Rockwell" 10:15 Orange Julius Drink &amp; Naming Famous Pairs 11:00 "<i>Chicken Soup for the Soul</i>" Story Noon Lunch 3:00 <b>Outing - Scenic Drive</b> 5:00 Dinner</p>	<p style="text-align: right;"><b>24</b></p> <p>9:30 Sit &amp; Be Fit 10:00 Activities Upstairs Noon Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;"><b>28</b></p> <p>9:30 Sit &amp; Be Fit 10:00 Clever Crossword Puzzle 11:00 Concentration Game Noon Lunch 3:00 Movie <i>Glenn Miller Story 1954</i> (James Stewart) &amp; Ice Cream 5:00 Dinner</p>	<p style="text-align: right;"><b>29</b></p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Sit &amp; Be Fit 10:00 Balloon Badminton 11:00 <u>Women's Choir - Deci-Bells Perform</u> Noon Lunch 1:30 <b>Outing - Out to Shopping</b> 3:30 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;"><b>30</b></p> <p>9:30 <b>Outing - Festival of Trees (A Great Way to Let the Holiday Spirit Enter Your Heart)</b> Noon Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p>We have a Eucharistic minister available for our Catholic residents on Wednesday afternoon. Residents, or families may contact Diane if they would like to request a visit.</p>

# November 2012

## RESIDENT SPOTLIGHT - Lily "Billie" Tebbs



Lily Fern Biorn got her distinctive name because she was an Easter baby. She was born in 1923, in the tiny town of Niter, Idaho, as the ninth of twelve children to her parents, Paul and Mary Biorn. Her father was a son of Danish immigrants, and her mother was born in Switzerland to a German mother and a Swiss father. Lily was nicknamed "Billie" early in life by a neighbor, and the name stuck. She grew up in a home filled with delicious food aromas, laughter, and music. On Sundays, the extended family would gather for dinner and to sing around the piano. The family moved to Ashton, Idaho where Billie attended school. She especially enjoyed English, literature, and music. She was a talented singer and participated in all the musical productions in town, whether in school, church, or the community. She also loved to play softball, and as she says, "I really played to win!" Upon graduating from high school in 1941, Billie attended beauty school in Boise, and stayed on to work there.

### Resident Spotlight Continued - Lily Tebbs

In 1944, she met Merlin Tebbs, a pilot who was stationed in Boise teaching Army Air Corps recruits to fly. After a whirlwind romance, they were married just before he was sent to England for a year to pilot bombers. After the war, Merlin decided to stay in the military. Billie and he crisscrossed the nation, as he was stationed in many different states. Their first child, Bruce, was born in 1948. Teresa followed in 1951, and Jane completed the family in 1953. Billie held the home and family together as Merlin's Air Force career continued to take them all over the nation. During those years, Billie enjoyed volunteering as a Gray Lady at the local hospitals, playing bridge with friends, and participating in base social life. She was a fine seamstress, and she enjoyed making clothes for her children and herself. She loved fashion, and always kept herself looking sharp. She was a great homemaker and mother. Merlin and Billie retired from the Air Force to a farm outside Boise in 1964, where the children finished school. Billie went back to beauty school, and set up a beauty shop in her home. In 1983, Billie and Merlin sold the farm and moved south to St. George, Utah, where they lived until Merlin's death in 2007. They loved the red cliffs and desert climate there. Billie moved to the Salt Lake City area in 2008 to be closer to family members, and that's how she came to live at Carrington Court. You will not find a more exquisitely dressed woman than Billie at Carrington Court, and her great sense of humor keeps us all laughing. Most importantly, Billie is always there for us when we are searching for the words to the next line of a song! Billie is an active member of our community, and we enjoy her immensely.