



Carrington Court

1928 West 9800 S • South Jordan, UT 84095 • (801) 676-8787

HAPPY BIRTHDAY

Leon Robertson - March 20
Oren Randall - March 21
Mary Lou Meier - March 22
Frank Haight - March 31

Word for March: Growth

March is a season of growth and renewal. Green blades of grass push through the ground, and green buds of leaves sprout on the trees. NO matter how old we may get, we never stop growing! This March, consider ways you can grow your mind, heart, health and happiness.



Spring Is Here

Equinox is when day and night are the same length. This happens twice a year, in September and in March. First day of spring is March 20! Also, daylight saving time begins March 13. The clocks will spring ahead one hour on this Sunday.

March 2016



EASTER EGG HUNT

Please bring the children

March 19 at promptly 10:00 a.m.

The Easter Bunny will be making an appearance.

Juice and donuts will be served.

Carrington Court's Easter Egg Hunt is a really fun event for our residents and their families. Please plan on attending—prizes will be awarded and there are many golden eggs to be found!

RSVP via email or at the front desk
dianek@carringtoncourtal.com

You Can't Bloom in Your Room

Please join us for activities in the large activity room on the second floor of the building. I look forward to seeing you each day. Your participation makes our activity program great! —Diane



Sunday	Monday	Tuesday
<h1>March</h1>	Remember, everyone is Irish on March 17! Wear your green or you will be pinched ...	<p>9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 <u>Women's Choir - Deci-Bells Perform</u> 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner</p>
<p>6 9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner</p>	<p>7 9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Tales of Johnny Appleseed - Taste Testing Involved 11:00 Getting to Know Your Neighbors: Meet at Grace Thompson's Apartment #108 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p>8 9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner</p>
<p>13 <u>Daylight Saving Time Begins</u> <u>Clocks Spring Ahead One Hour</u> 9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner</p>	<p>14 9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Music & Movies - Name That Tune & Watch That Tune 11:00 Learn the Truth About JELL-O 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p>15 9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 <u>Dancers - Keltic Colleens Perform</u> 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner</p>
<p>20 SPRING BEGINS 9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner</p>	<p>21 9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Facts & History of Monopoly 11:00 Create Our Own Poetry 12:00 Lunch 3:00 <u>Singer - Lynda Davidson Performs</u> 5:00 Dinner</p>	<p>22 9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner</p>
<p>27 EASTER SUNDAY 9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner</p>	<p>28 9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Red Cross Month - Know Your Blood! 11:00 Pictures and Information of the Great Sand Dune National Park in Colorado 12:00 Lunch 3:00 <u>Country/Western - Utah Old-Time Fiddlers Perform</u> 5:00 Dinner</p>	<p>29 9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner</p>

Grins and Giggles

Tell a joke! Play a game! Have some fun! March 22 is National Goof Off Day.

Carrington Court will be having fun on March 19 at the Easter Egg Hunt!

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">2</p> <p>9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Craft Corner - Easter Decoration 12:00 Lunch 2:30 Movie "Seven Brides for Seven Brothers" & Popcorn 5:00 Dinner</p>	<p style="text-align: right;">3</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">4</p> <p>9:30 Outing - Scenic Drive 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">5</p> <p>9:30 Let's Move! 10:00 Activities Upstairs With the U of U Students 11:00 Participate in Our PINE WOOD DERBY RACE 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">9</p> <p>9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Concentration Game - Everything Irish 12:00 Lunch 2:30 Movie "The Apartment" & Popcorn 5:00 Dinner 6:00 Relief Society - Everyone Welcomed to Attend</p>	<p style="text-align: right;">10</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">11</p> <p>9:30 Outing - Scenic Drive 12:00 Lunch 3:00 <u>Singing/Piano - Moods & Music Perform</u> 5:00 Dinner</p>	<p style="text-align: right;">12</p> <p>9:30 Massages Provided Free of charge by the Students from the College of Myotherapy 9:30 Let's Move! 10:00 Activities Upstairs With the U of U Students 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">16</p> <p>9:30 Let's Move! 10:30 <u>Children Visit - Saint Andrew Catholic School</u> 11:00 Clever Crossword Puzzle 12:00 Lunch 2:30 Movie "True Grit" & Popcorn 5:00 Dinner</p>	<p style="text-align: right;">17</p> <p>ST. PATRICK'S DAY <i>Everyone Wear Green</i> BEAUTY SHOP OPEN 9:30 Let's Move! 10:00 Balloon Badminton 10:45 Blarney Shakes for All! 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">18</p> <p>9:30 Outing - Scenic Drive 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">19</p> <p>10:00 EASTER EGG HUNT *Please Invite Your Grandchildren and Great-Grandchildren! 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">23</p> <p>9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Craft Corner - Spring Decoration 12:00 Lunch 2:30 Movie Part One - "Ten Commandments" & Popcorn 5:00 Dinner</p>	<p style="text-align: right;">24</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">25</p> <p>9:30 Let's Move! 10:15 All the Words we can think of that begin with the letters SP! 11:00 Card Game 12:00 Lunch 1:30 Outing - Leatherby's Ice Cream Parlor - We Celebrate Spring! 5:00 Dinner</p>	<p style="text-align: right;">26</p> <p>9:30 Let's Move! 10:00 Activities Upstairs With the U of U Students 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">30</p> <p>9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Meet at the Fireplace and Have a Sing-A-Long 12:00 Lunch 2:30 Movie Part Two - "Ten Commandments" & Popcorn 5:00 Dinner</p>	<p style="text-align: right;">31</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p>Carrington Court will be having an Irish Dance performance on St. Patty's Day. I will let everyone know the exact time as March 17th gets closer!</p>	<p>We have a Eucharistic minister available for our Catholic residents during the week. Residents, or families, may contact Diane if they would like to request a visit.</p>



marchwordsearch

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|------------|----------|
| Bird | Mist |
| Fresh | Parade |
| Gold | Rainbow |
| Green | Rain |
| Ireland | Shamrock |
| Leprechaun | Spring |
| Lucky | Violet |
| March | Wind |

L	K	Z	G	N	I	E	K	D	N	I	W	H	W	L
E	C	R	Q	N	I	D	N	R	N	M	V	L	O	Q
P	O	Z	I	O	I	A	I	I	V	B	J	S	B	V
R	R	R	T	S	L	R	R	B	Y	N	L	N	I	J
E	M	Q	J	E	A	A	P	Q	H	D	I	A	P	A
C	A	B	R	I	L	P	G	S	C	A	I	U	A	L
H	H	I	B	U	N	O	E	M	R	U	B	M	R	M
A	S	O	C	A	L	R	I	L	A	M	S	A	W	L
U	W	K	U	D	F	S	Z	V	M	S	I	H	I	P
N	Y	G	W	W	T	C	Z	N	J	N	D	Q	E	Q
E	V	W	H	Q	J	L	I	I	B	W	L	H	K	U
E	F	U	M	U	H	U	J	O	A	V	X	S	X	P
R	N	T	S	K	S	A	W	R	X	S	Z	A	N	B
G	Y	D	W	U	X	I	D	C	B	P	V	N	Z	A