



Carrington Court

1928 West 9800 S • South Jordan, UT 84095 • (801) 676-8787

A BARBEQUE WITH DAD

Come and enjoy lunch with dad on **Saturday, June 16, at noon**. We are honored to have such a fine group of outstanding fathers living here at Carrington Court. So lasso the family together and plan on attending our BBQ. Everyone is welcome to come—this BBQ is for all Carrington Court families.

LIKE FATHER, LIKE SON

The picture below is Carrington Court resident James Stewart (one of our many fine fathers) and his son. James lived most of his life in Anniston, Alabama. He met his beautiful wife, Louise, in high school. He and his wife had one son, whom he admires greatly. James worked as a grocery store manager for the majority of his life. His favorite holiday is coming up shortly, that is July 4! James has six grandchildren and three great-grandchildren. You may find James in the dining room, sipping on his Coke and conversing with employees and residents using his sweet Southern charm!



June 2012



Ernie and Marian Sodja (pictured above) have been married for over **70 years!** Marian grew up in Holden, UT, and Ernie in Magna, UT. They met when Ernie was playing football at the University of Utah and Marian was working. Ernie and Marian had three children, one girl and two boys. Ernie spent his working days as a federal employee (postal service) and Marian worked as an Executive Secretary for many years. Together they have vacationed in Hawaii over 20 times. Marian and Ernie are a great example to all of us in the art of longevity in a marriage. Their love for each other is evident every day. We are thankful that they are here with us at Carrington Court—you will not find two better people anywhere!

HAPPY BIRTHDAY

Fern Cardwell - June 5
Tom Sadler - June 10
Julie Pagoaga - June 11
Bart Crook - June 23



Carol Trimble enjoying one of the many delights at Leatherby's Ice Cream Parlor.

Wild World: Fireflies

Also called lightning bugs, fireflies are nocturnal beetles that thrive in warm and temperate regions of the world. There are about 2,000 firefly species. Their glow comes from light organs located under their abdomens. When the insects take in oxygen, special cells combine it with a substance called luciferin to produce light with almost no heat. The flashing glow pattern is unique to each species and is believed to help in mating, but it may also be a defense mechanism warning predators that the lightning bugs taste bad.

Tape It

On June 7, 1975, Sony released its videocassette recorder. The VCR sold for almost \$1,000.

Sunday	Monday	Tuesday
3	4	5
8:30 Music & The Spoken Word 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Sit & Be Fit 10:10 Jokes & Question of the Week?! 10:15 Picture "Earth From Above" 10:20 Words That Begin With the Letter "W" 11:00 Name That Tune? 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	9:30 Sit & Be Fit 10:10 Picture "Earth From Above" 10:15 Guinness World Records Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner 6:30 Singer - Tony Porter
10	11	12
8:30 Music & The Spoken Word 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Sit & Be Fit 10:10 Jokes & Question of the Week?! 10:15 Picture "Earth From Above" 10:20 Fact or Fiction Game 11:15 Make the Hole in One - Prize for the Best Golfer 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	9:30 Sit & Be Fit 10:10 Picture "Earth From Above" 10:15 A-Z Candy Game (Test Tasting Involved) 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner
17	18	19
"FATHER'S DAY"		
8:30 Music & The Spoken Word 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Sit & Be Fit 10:10 Jokes & Question of the Week?! 10:15 Picture "Earth From Above" 10:20 Scattergories Game 11:15 Bowling for Your Reputation! 12:00 Lunch 3:00 <u>Quartet - Moods-&-Music</u> 5:00 Dinner	9:30 Sit & Be Fit 10:10 Picture "Earth From Above" 10:15 The Life & Times of Guitar Player "Chet Atkins: 11:00 Marvelous Manicures 1:30 LDS Gospel Doctrine Lesson 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner
24	25	26
8:30 Music & The Spoken Word 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Sit & Be Fit 10:10 Jokes & Question of the Week?! 10:15 Picture "Earth From Above" 10:20 Resident Council Meeting (All Residents Are Encouraged to Attend) 12:00 Lunch 2:00 <u>Jordan Ridge First Grade Performs</u> 3:00 B-I-N-G-O	9:30 Sit & Be Fit 10:10 Picture "Earth From Above" 10:15 June Birthdays Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 <u>Country/Western - New Fiddlers</u> 5:00 Dinner

Wednesday	Thursday	Friday	Saturday
<p>We have a Eucharistic minister available for our Catholic residents on Wednesday afternoon. Residents, or families, may contact Diane if they would like to request a visit.</p>		<p style="text-align: right;">1</p> <p>9:30 Sit & Be Fit 10:10 Picture "Earth From Above" 10:15 Memory Game 11:00 Enjoying <i>Simply Lemonade</i> & Stories Read by Diane: "Outhouse Memories" & "Horses-Those Gentle Giants" 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">2</p> <p>9:30 Sit & Be Fit 10:00 Activities Upstairs - <u>Talent Show by the South Jordan Country Park Stake</u> 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">6</p> <p>9:30 Sit & Be Fit 10:00 Clever Crossword Puzzle 11:00 Craft Corner - (We Will Make Something Really Great - I Just Haven't Decided Yet!) 12:00 Lunch 3:00 Movie "Dolphin Tale" & Ice Cream 5:00 Dinner</p>	<p style="text-align: right;">7</p> <p style="text-align: center;">BEAUTY SHOP OPEN</p> <p>9:30 Sit & Be Fit 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 3:00 <u>Singer/Guitar - Maggie Beers</u> 5:00 Dinner</p>	<p style="text-align: right;">8</p> <p>9:30 Sit & Be Fit 10:10 Picture "Earth From Above" 10:20 Marble Lagging 11:15 Enjoying Strawberries & Trivia 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">9</p> <p>9:30 Sit & Be Fit 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">13</p> <p>9:30 Sit & Be Fit 10:00 Clever Crossword Puzzle 11:00 Dominos 12:00 Lunch 3:00 <u>Singing & Music - Music Maker Stars Perform</u> 5:00 Dinner 6:15 Relief Society Activity - Everyone Invited</p>	<p style="text-align: right;">14</p> <p style="text-align: center;">"FLAG DAY"</p> <p style="text-align: center;">BEAUTY SHOP OPEN</p> <p>9:30 Sit & Be Fit 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner 6:30 Vocal Recital - All Residents Invited</p>	<p style="text-align: right;">15</p> <p>9:30 Sit & Be Fit 10:10 Picture "Earth From Above" 10:15 Know Your Flag 11:15 Name That Patriotic Tune? 12:00 Lunch 1:30 <u>Outing - Scenic Drive</u> 5:00 Dinner</p>	<p style="text-align: right;">16</p> <p style="text-align: center;">12:00 FATHER'S DAY BARBEQUE (All Residents May Invite Five Guests to Join Them)</p> <p>3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">20</p> <p style="text-align: center;">"SUMMER BEGINS"</p> <p>9:30 Sit & Be Fit 10:00 Clever Crossword Puzzle 11:00 Craft Corner - Making Patriotic Cards With Thersa 12:00 Lunch 3:00 Movie - "In the Good Old Summer Time" (Judy Garland) & Ice Cream 5:00 Dinner</p>	<p style="text-align: right;">21</p> <p style="text-align: center;">BEAUTY SHOP OPEN</p> <p>10:00 <u>Fifth Grade Pen Pals From Jordan Ridge Elementary Perform Singing Program</u> 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">22</p> <p>9:30 Sit & Be Fit 10:10 Picture "Earth From Above" 10:15 Pictures! Pictures! 11:15 Fill-in-the-Blank 12:00 Lunch 1:30 <u>Outing - Stroll Around the New "City Creek Center" In SLC</u> 5:00 Dinner</p>	<p style="text-align: right;">23</p> <p>9:30 Sit & Be Fit 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">27</p> <p>9:30 Sit & Be Fit 10:00 Clever Crossword Puzzle 11:00 Skip-Bo Card Game 12:00 Lunch 3:00 Movie "Shane" (Alan Ladd) & Ice Cream 5:00 Dinner</p>	<p style="text-align: right;">28</p> <p style="text-align: center;">BEAUTY SHOP OPEN</p> <p>9:30 Sit & Be Fit 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 1:30 <u>Outing - Out to Shopping</u> 3:30 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">29</p> <p>9:30 Sit & Be Fit 10:10 Picture "Earth From Above" 10:15 Guesstimation Game 11:00 Name the Resident? 12:00 Lunch 1:30 <u>Outing - Leatherby's Ice Cream Parlor</u></p>	<p style="text-align: right;">30</p> <p>9:30 Sit & Be Fit 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>

June 2012

Resident Spotlight - Tom Sadler



The south end of the Salt Lake Valley has always been home for Tom. He was born in Draper, UT, and spent his childhood swimming in local warm springs, the Jordan River and the canals. He was often found working on local farms (when he wasn't stealing their watermelons). After graduating from Jordan High School, he attended Trinidad Junior College in Trinidad, Colorado. Service in the Army took him to Okinawa during the Korean conflict. All throughout school (junior high, high school and college) he played the bass drum. Track and field was his sport at Trinidad and coaching baseball is a favorite memory of his. Tom has a love for hunting and fishing. Many deer, elk and pheasant hunts were spent having a good time with family and friends. Tom's hunting dogs were always well-trained. Kennecott was the place he worked alongside his father after service in the Army. A strike at Kennecott caused him to rethink his job choice when he was married and his wife, Barbara, was expecting their first child.

Resident Spotlight Continued - Tom Sadler

He had been a volunteer fireman for Salt Lake County and was able to hire on full-time. Tom drove an ambulance as well as fought fires. He can tell some great stories about ambulance or fire calls in almost every part of the Salt Lake County and Magna. The work schedule of "three days on and three days off" left Tom and a firefighter friend time to start their own painting business. Tom moved up through the ranks of the County Fire Department and was Deputy Chief when he retired. Tom and Barbara were able to spend more than 20 years together after retirement. They enjoyed traveling through the Southwest and spending winters in Yuma, Arizona, with their "gang of friends." Tom is father to a son and two daughters. He has 10 grandchildren and four great-grandchildren (soon to be six). His family will always remember his legendary backyard bar-be-ques—because that is the only time he would ever cook!

The staff and residents at Carrington Court enjoy Tom's friendly nature and easygoing personality. He is an active part of our community and you may now notice him happily going up and down the halls in his brand-new motorized cart. When he first received his cart, he was mastering his driving skills in our parking lot—someone from the building next to us called our front desk and asked, "Do you know that someone is driving a cart all around your parking lot?" That was Tom!