



Carrington Court

1928 West 9800 S • South Jordan, UT 84095 • (801) 676-8787

CARRINGTON COURT RESIDENTS ARE PRICELESS

A well-known speaker started off his seminar by holding up a \$20 bill. He asked, "Who would like this \$20 bill?" Hands started going up. He said, "I am going to give this \$20 bill to one of you, but first let me do this ..." He proceeded to crumple the \$20 bill up. He then asked, "Who still wants it?" Still the hands were up in the air. "Well," he replied, "What if I do this?" He dropped it on the ground and started to grind it into the floor with his shoe. "Now who still wants it?" Still hands went in the air, "My friends, you have all learned a very valuable lesson. No matter what I did to the money, you still wanted it because it did not decrease in value. It is still worth \$20." Many times in our lives we are dropped, crumpled and ground into the dirt. We never lose our value. Dirty or clean, crumpled or finely dressed, we are still priceless to those who love us.

We, the employees, recognize the importance of every resident at Carrington Court. We devote our days ensuring your needs, comfort and well-being are met. All of us have days we feel down, just remember your love for us and our love for you keeps all of us going!

HAPPY BIRTHDAY

Vella Pilati - July 11
Lola Maughan - July 15
Marian Sodja - July 15
Lisa Jensen - July 19
Virginia Boyd - July 21
Ellen Bolander - July 24

July 2012



Celebrate Freedom



Four score and seven years ago our fathers brought forth on this continent, a new nation, conceived in liberty, and dedicated to the proposition that all men are created equal. A. Lincoln, Gettysburg Address



LET THE GAMES BEGIN

The 2012 Summer Olympics will take place in London, United Kingdom, from July 27 to Aug. 12. An estimated 10,500 athletes from 205 nations are expected to participate.

Sunday	Monday	Tuesday
1	2	3
8:30 Music & The Spoken Word 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Sit & Be Fit 10:10 Jokes & Question of the Week?! 10:15 Picture "Earth From Above" 10:20 Employees, Join in the Fun—How Good Do You Know America? 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	9:30 Sit & Be Fit 10:10 Picture "Earth From Above" 10:15 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner
8	9	10
8:30 Music & The Spoken Word 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner 6:15 <u>2nd Street Country Band Performs in Large Activity Room</u>	9:30 Sit & Be Fit 10:10 Jokes & Question of the Week?! 10:15 Picture "Earth From Above" 10:20 Name That State & Capital on the Map? 11:00 U.S.A. Trivia 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	9:30 Sit & Be Fit 10:10 Picture "Earth From Above" 10:15 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 <u>Piano & Singing - Kevin Christensen</u> 5:00 Dinner
15	16	17
8:30 Music & The Spoken Word 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Sit & Be Fit 10:10 Jokes & Question of the Week?! 10:15 Picture "Earth From Above" 10:20 Word Scramble 11:00 Bocce Ball for a Patriotic Prize 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 5:15 Harp - Eelisha Plays	9:30 Outing - Days of '47 Floats Preview 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 <u>Singer - Lynda Davidson</u> 5:00 Dinner
22	23	PIONEER DAY 24
8:30 Music & The Spoken Word 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Sit & Be Fit 10:10 Jokes & Question of the Week?! 10:15 Picture "Earth From Above" 10:20 Blurt Game 11:00 Reminisce & Trivia - Disneyland 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	9:30 Sit & Be Fit 10:10 Picture "Earth From Above" 10:15 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner
29	30	31
8:30 Music & The Spoken Word 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Sit & Be Fit 10:20 Monthly Resident Council Meeting (All Residents Are Encouraged to Attend) 11:00 <u>Piano & Singing - Sue Talmage</u> 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	9:30 Sit & Be Fit 10:10 Picture "Earth From Above" 10:15 British & American English (The Difference) 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">4</p> <p>INDEPENDENCE DAY</p> <p>9:30 Sit & Be Fit 10:00 Clever Crossword Puzzle 11:00 Craft Corner 12:00 Lunch 3:00 Movie "Yankee Doodle Dandy" (James Cagney) & Ice Cream 5:00 Dinner</p>	<p style="text-align: right;">5</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Sit & Be Fit 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">6</p> <p>9:30 Outing - Kennicott Copper Mine 12:00 Lunch 4:00 <u>Singing & Tap Dance - Blaine Senior</u></p>	<p style="text-align: right;">7</p> <p>9:30 Sit & Be Fit 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">11</p> <p>9:30 Sit & Be Fit 10:00 Clever Crossword Puzzle 11:00 Red, White & Blue Game 12:00 Lunch 3:00 Movie "Anne of Green Gables Part I" & Ice Cream 5:00 Dinner 6:30 <u>Relay for Life Survivor Dinner</u></p>	<p style="text-align: right;">12</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Sit & Be Fit Olympic Style "2012 Summer Carrington Court Olympic Games" 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">13</p> <p>9:30 Sit & Be Fit 10:10 Picture "Earth From Above" 10:15 Carrington Court Horse Derby 11:00 Enjoying Fruit & Trivia Game 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">14</p> <p>9:30 Sit & Be Fit 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">18</p> <p>9:30 Sit & Be Fit 10:00 Clever Crossword Puzzle 11:00 Craft Corner 12:00 Lunch 3:00 Movie "Anne of Green Gables Part 2" & Ice Cream 5:00 Dinner</p>	<p style="text-align: right;">19</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Sit & Be Fit 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">20</p> <p>9:30 Outing - Scenic Drive 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">21</p> <p>9:30 Sit & Be Fit 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p style="text-align: right;">25</p> <p>9:30 Sit & Be Fit 10:00 Clever Crossword Puzzle 11:00 <u>Harmonicas - Taylorsville Senior Center Band</u> 12:00 Lunch 3:00 Movie "Damn Yankees" & Ice Cream 5:00 Dinner</p>	<p style="text-align: right;">26</p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Sit & Be Fit 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 1:30 Outing - Out to Shopping 3:30 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">27</p> <p>2012 Summer Olympics Begin in London, United Kingdom</p> <p>9:30 Outing - Utah Olympic Park 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner</p>	<p style="text-align: right;">28</p> <p>9:30 Sit & Be Fit 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p>We have a Eucharistic minister available for our Catholic residents on Wednesday afternoon. Residents, or families, may contact Diane if they would like to request a visit.</p>		<p>The More, The Merrier! That's the motto for all activities. Come one, come all. Every one of you add something special to our daily activities. Each of you make our activities enjoyable. Remember, laughter is the best medicine.</p>	

July 2012

Resident Spotlight - Fern Cardwell



Fern was born on June 5 at the Cottonwood Maternity home in Murray, UT, to Bertie Melvin and Annie Victoria Crane Bills. She was the youngest of eight children. She had two sisters and five brothers. When Fern's father went up to bless her, he was supposed to bless her with the name Karen, but much to her mother's surprise, he blessed her with the name Fern. Her father passed away when she was just 14 months old. Leaving her mother a widow with eight children under the age of 14. Her oldest brother Willard helped his mother with the family. She feels that her brother Willard must have been a lot like their dad. She has lots of memories with her mother. One of her favorites is riding "The Big Red Heifer" train to Salt Lake City. It was a fun day going to the big city. Fern grew up in Riverton, UT. She loved school. She has happy memories of playing with friends. She was always a good student and her favorite subjects were math and reading. In junior high, she was learning to play the violin.

Resident Spotlight Continued - Fern Cardwell

She even played in the orchestra at Jordan High, but never thought she was very good. Her brothers encouraged her to practice in the "barn." While at Jordan High, she wanted to become a secretary, so she took classes in shorthand, typing and bookkeeping. She did well in these classes and was able to leave school at noon and catch a bus to Salt Lake and work at the newspaper agency. After she was married, she worked for Glen Falls Insurance. The Cardwell family were always Fern's neighbors in Riverton. They had seven boys who were friends with Fern's brothers. Lowell Cardwell was best friends with Fern's brother, Onnie. What a surprise it was when Fern and Lowell became engaged! The family always thought Lowell was there to see Onnie. They were engaged on her birthday, June 5, 1948, and married in the Salt Lake Temple on Aug. 16, 1948. Fern and Lowell had three children: Charlene, Steven and Paula. They spent most of their married life together in their home in Midvale, UT. Together with Lowell, Fern ran a successful business. She loved being a mother and grandmother and enjoyed many fun times. She has always been the kind of mom and grandma who was there for you. She loved camping and fishing at Marsh Lake in the Uintahs and loved having her family around her at her cabin in Pine Mountain. She enjoyed many church callings. She especially enjoyed the primary children and the young women who she served. Fern loved to crochet; she made many afghans for her children and grandchildren. She loves birthdays and Christmas and making them special! Fern and her husband, Lowell, were blessed with 62 wonderful years together. They were blessed with 13 grandchildren who adore them and 25 plus great-grandchildren.