



Carrington Court

1928 West 9800 S • South Jordan, UT 84095 • (801) 676-8787

February 2016

VALENTINE'S DINNER AND DESSERT

In celebration of Valentine's Day, we would like each resident of our community to invite two guests to dine with them on Thursday, February 11, at 5:00 p.m. We would love every one of our residents to have company that night; let's spread the love!



HAPPY BIRTHDAY!

Verl	February 1
Marylin	February 21
Eulala	February 25

THE MONTH OF LOVE

"The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart."

-Helen Keller, 1880-1968





February 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Let's Move! 10:15 Jokes & Question of the Week? 10:20 Stories From Chicken Soup 11:00 Meet at the Fireplace and Have a Sing-A-Long 12:00 Lunch 3:00 Music/Rosie & Sheri 5:00 Dinner	2 9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner	3 9:30 Let's Move! 10:00 Clever Crossword Puzzles 11:00 Craft 12:00 Lunch 2:30 Movie & Popcorn 5:00 Dinner	4 9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:00 B-I-N-G-O 5:00 Dinner	5 9:30 Outing - Scenic Drive 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	6 9:30 Let's Move! 10:00 Activities Upstairs With the U of U Students 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk - Channel 11
7 9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	8 9:30 Let's Move! 10:15 Jokes & Question of the Week? 10:20 Concentration - Valentine Theme 11:00 Meet at the Fireplace and Have a Sing-A-Long 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	9 9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner	10 9:30 Let's Move! 10:00 Name Famous Pairs? 10:30 St Andrews Children's Program 11:00 Clever Crossword Puzzles 12:00 Lunch 2:30 Movie & Popcorn 5:00 Dinner	11 9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Get Ready for Party 5:00 Valentine's Dinner	12 9:30 Outing - Scenic Drive 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	13 9:30 Let's Move! 10:00 Activities Upstairs With the U of U Students 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk - Channel 11
14 9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	Presidents Day 15 9:30 Let's Move! 10:15 Jokes & Question of the Week? 10:20 Fun With Past Presidents 11:00 Create Ice Cream Sundaes 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	16 9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner	17 9:30 Let's Move! 10:00 Clever Crossword Puzzles 11:00 Craft 12:00 Lunch 2:30 Movie & Popcorn 5:00 Dinner	18 9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:00 B-I-N-G-O 5:00 Dinner	19 9:30 Outing - Scenic Drive 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	20 9:30 Let's Move! 10:00 Activities Upstairs With the U of U Students 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk - Channel 11
21 9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	22 9:30 Let's Move! 10:15 Jokes & Question of the Week? 10:20 Pictionary "All Things Red" 11:00 Meet at the Fireplace and Have a Sing-A-Long 12:00 Lunch 3:00 Music/David Fairbanks 5:00 Dinner	23 9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner	24 9:30 Let's Move! 10:00 Clever Crossword Puzzles 11:00 Bowling Carrington Court Style 12:00 Lunch 2:30 Movie & Popcorn 5:00 Dinner	25 9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:00 B-I-N-G-O 5:00 Dinner	26 9:30 Outing - Scenic Drive 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	27 9:30 Let's Move! 10:00 Activities Upstairs With the U of U Students 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk - Channel 11
28 9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	29 9:30 Let's Move! 10:15 Jokes & Question of the Week? 10:20 Jeopardy 11:00 Meet at the Fireplace and Have a Sing-A-Long 12:00 Lunch 3:00 Music/Bob Shorten 5:00 Dinner					

February 2016



Romantic Love Songs

Lovebirds have been dedicating songs to their sweeties for decades. Here's a look at popular tunes couples have cuddled to over the years:

Year	Song and Artist
1956	"Love Me Tender" by Elvis
1964	"My Girl" by The Temptations
1977	"Wonderful Tonight" by Eric Clapton
1984	"I Just Called to Say I Love You" by Stevie Wonder
1991	"(Everything I Do) I Do It for You" by Bryan Adams
2001	"Hero" by Enrique Iglesias
2011	"We Owned the Night" by Lady Antebellum

"Then & Now"

Flower of [February]

Botanical name | Saintpaulia

Description | Five-petaled blossom with velvety feel. May be plain, ruffled, fringed, scalloped, spooned or pointed in shape

Colors | Blue, purple, red-violet, pink, lavender and white in solid, bicolors and multicolors

Facts | Baron Walter von St. Paul discovered the plant in Tanzania in 1892. It is extremely popular as a houseplant that blooms almost continuously with proper care.

[African Violet]

Meaning |
Faithfulness, virtue

