



Carrington Court

1928 West 9800 S • South Jordan, UT 84095 • (801) 676-8787

February 2015



"LOVE OF ICE CREAM"

HAPPY BIRTHDAY

Leo Stratton - Feb. 15
Chad Wright - Feb. 18



"LOVE BIRDS"

Let us be grateful to people who make us happy; they are the charming gardeners who make our souls blossom. -Marcel Proust 1871-1922

CELEBRATING THE MONTH OF LOVE

Feb. 12 at 5 p.m., Carrington Court will be hosting a dinner celebration. We would like each resident of our community to invite *two special guests* to dine with them. Guests will need to *RSVP* no later than Feb. 5 via email or the front desk.

Hail to the Chief

Presidents' Day is celebrated on the third Monday in February. Originally established in 1885 in recognition of George Washington's birthday, and later recognizing Abraham Lincoln's birthday, the day is now viewed by many as an opportunity to celebrate all U.S. presidents.



George enjoying a milkshake!






Lisa enjoying the company of her mother!



Elle enjoying her crafts!

ENJOYABLE MOMENTS

Sunday	Monday	Tuesday
<p style="text-align: right;">1</p> <p>9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner</p>	<p style="text-align: right;">2</p> <p>9:30 Let's Move! 10:15 Employees and Residents Work on Our "Simple Act of Kindness" Project for the Firemen of South Jordan 12:00 Lunch 3:00 <u>Piano/Singing-Debra Bowers</u> 5:00 Dinner</p>	<p style="text-align: right;">3</p> <p>9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner</p>
<p style="text-align: right;">8</p> <p>9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner</p>	<p style="text-align: right;">9</p> <p>9:30 Let's Move! 10:15 We Take A Walk to Frank's Apartment to view his paintings. 11:00 We meet in front of fireplace and join in singing! 12:00 Lunch 3:00 <u>Moods and Music Perform</u> 5:00 Dinner 5:30 Performance in the Dining Room (Don't Miss This)</p>	<p style="text-align: right;">10</p> <p>9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner</p>
<p style="text-align: right;">15</p> <p>9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner</p>	<p style="text-align: right;">16</p> <p>Presidents' Day 9:30 Let's Move! 10:15 Chaplain Kym From Midas Creek Home Care Speaks: "Out of Love." 11:00 We Create Ice Cream Sundaes 12:00 Lunch 3:00 <u>Country/Western - Rosie & Sherri Perform</u> 5:00 Dinner</p>	<p style="text-align: right;">17</p> <p>9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner</p>
<p style="text-align: right;">22</p> <p>9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner</p>	<p style="text-align: right;">23</p> <p>9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Name Famous Pairs! 11:00 We meet in front of fireplace and join in singing. 12:00 Lunch 3:00 <u>String Quartet/Singers - Ron Archibald's Quartet Perform</u> 5:00 Dinner</p>	<p style="text-align: right;">24</p> <p>9:30 Let's Move! 10:15 Picture of the Day 10:20 Resident Council - All Residents Are Encouraged to Attend 11:00 Marvelous Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner</p>
<p style="text-align: center;">A nondenominational chaplain will be here several times during the week. If you would like a visit, please let Diane know.</p>	<p style="text-align: center;">We have a Eucharistic minister available for our Catholic residents during the week. Residents, or families, may contact Diane if they would like to request a visit.</p>	

Wednesday	Thursday	Friday	Saturday
4	5	6	7
<p>9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Craft Corner 12:00 Lunch 3:00 Movie "Gone With the Wind" Part I & Popcorn 5:00 Dinner</p>	<p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 Bocce Ball 11:00 Name the Tune?! 12:00 Lunch 1:30 Outing - Scenic Drive With SURPRISE STOP - We Do Not Get Off the Bus! 5:00 Dinner</p>	<p>9:30 Let's Move! 10:00 Activities Upstairs With the U of U Students 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
11	12	13	14
<p>9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Craft Corner 12:00 Lunch 3:00 Movie "Gone With the Wind" Part II & Popcorn 5:00 Dinner 6:15 Relief Society - Everyone Welcomed!</p>	<p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 5:00 Valentine Dinner ***(Please Invite Two Special Guests to Dine With You)***</p>	<p>9:30 Let's Move! 10:15 Card Game 11:00 Reading and Discussion From "Chicken Soup for the Soul" Book 12:00 Lunch 1:30 Outing - Scenic Drive 5:00 Dinner</p>	<p>"HAPPY VALENTINE'S DAY" We Love Our Residents!!!! 9:30 Let's Move! 10:00 Activities Upstairs With the U of U Students 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
18	19	20	21
<p>9:30 Let's Move! 10:30 Saint Andrew Students Sing & Visit 11:00 Clever Crossword Puzzle 12:00 Lunch 3:00 Movie "Funny Girl" & Creamies 5:00 Dinner</p>	<p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 We Throw Horseshoes 11:00 Reading and Discussion From "Chicken Soup for the Soul" Book 12:00 Lunch 1:30 Outing - Scenic Drive With SURPRISE STOP - We Do Not Get Off the Bus! 5:00 Dinner</p>	<p>9:30 Massages provided free of charge by the students from the College of Myotherapy 9:30 Let's Move! 10:00 Activities Upstairs With the U of U Students 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
25	26	27	28
<p>9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Concentration Game - Valentine Themed 12:00 Lunch 3:00 Movie "Stagecoach" & Popcorn 5:00 Dinner</p>	<p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner</p>	<p>9:30 Let's Move! 10:15 "Pictionary" 11:00 Reading and Discussion From "Album of Memories" Book 12:00 Lunch 1:30 Outing - Scenic Drive 5:00 Dinner</p>	<p>9:30 Let's Move! 10:00 Activities Upstairs With the U of U Students 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11</p>
<p><i>Be My Valentine</i> </p>	<p>"The Recommended Daily Requirement for Hugs Is Four Per Day for Survival, Eight Per Day for Maintenance, And 12 Per Day for Growth" - Virginia Satir -</p>	<p> February </p>	

February 2015



Paradigm Preparatory Academy enjoys Friday morning activities with Carrington Court!



Carrington Court celebrates pajama day in style!! We know how to lounge.