



Carrington Court

1928 West 9800 S • South Jordan, UT 84095 • (801) 676-8787

FAMILY CHRISTMAS DINNER

Residents, please invite two special guests to join you on *Thursday, December 15, at 5:00 p.m.* for the Carrington Court Christmas dinner. Let the hustle and bustle of the season stop for a few hours and relax at Carrington Court. The kitchen will be preparing a special holiday meal and we look forward to serving you.



The Mystery Santa!!!!

HAPPY BIRTHDAY

Norma Dannenberg - December 1

Jean Lewis - December 28

Warm With a Word

"One kind word can warm three winter months." —Japanese Proverb

MERRY CHRISTMAS TO ALL!!!

December 2016



Jolly Old St. Nicholas

Jolly Old St. Nicholas, lean your ear this way! Don't you tell a single soul, what I'm going to say. Christmas Eve is coming soon, now, you dear old man, whisper what you'll bring to me. Tell me if you can.

Banish Winter Blahs

Banish the winter blahs with a dose of natural light. When sunlight hits the eye's retina, it boosts the body's levels of serotonin, which balances your mood. If cold weather keeps you indoors, get some sun by opening up room blinds, and sit near windows whenever possible.



Memorable Melody: 'Sleigh Ride'

Who would have guessed that the holiday standard "Sleigh Ride" was written during a summer heat wave? But that was the case when Leroy Anderson began composing the song in the summer of 1946. Two years later, conductor Arthur Fiedler and the Boston Pops Orchestra debuted the song—complete with jingling sleigh bells, the clip-clop of horses' hooves and the crack of a whip—and it quickly became an audience favorite. In 1950, Mitchell Parish added lyrics to the tune, which has since been recorded by dozens of artists.

HAPPY HOLIDAYS

Sunday	Monday	Tuesday
<h1>December</h1>		
	<p><i>We have a Eucharistic minister available for our Catholic residents during the week. Residents, or families, may contact Diane if they would like to request a visit.</i></p>	<p><i>We have a pet therapy dog that visits Carrington Court two times a month on Wednesday afternoons. Let Diane know if you would like a visit.</i></p>
4	5	6
9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Name The Carols 11:00 Name The Fad 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 6:00 Carrington Court LDS Branch Sponsored Christmas Party for all Residents!	9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner
11	12	13
9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie <u>4:30 Christmas Program Presented During Dinner</u> 5:00 Dinner	9:30 Let's Move! 10:15 Jokes & Question of the Week?! 11:00 <u>Women's Choir - Deci-Bells Perform Christmas Program</u> 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 <u>Choir - West Jordan Madrigals Perform</u> 5:00 Dinner 6:00 Christmas Sing-A-Long With Youth Group
18	19	20
9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society & Priesthood 12:00 Lunch 3:00 Afternoon Movie 5:00 Dinner	9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Resident Council - We Encourage All Residents to Attend This Monthly Meeting 11:00 Concentration & Christmas Trivia 12:00 Lunch 3:00 <u>Choir - Bingham Madrigals Perform</u> 5:00 Dinner	9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner 4:30-5:00 Piano Recital in Dining Room
25	26	27
MERRY CHRISTMAS 9:30 Music & The Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting MEETING WILL END BY 11:10. **NO RELIEF SOCIETY OR PRIESTHOOD MEETING** 12:00 Lunch 5:00 Dinner	9:30 Let's Move! 10:15 Jokes & Question of the Week?! 10:20 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	9:30 Let's Move! 10:15 Picture of the Day 10:20 Fill-in-the-Blanks 11:00 Manicures 12:00 Lunch 1:30 LDS Gospel Doctrine Lesson 3:00 B-I-N-G-O 5:00 Dinner

Wednesday	Thursday	Friday	Saturday
	1	2	3
	9:30 Let's Move! 10:30 <u>Jordan Ridge Elementary</u> <u>6th Graders Perform a</u> <u>Christmas Program</u> 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner	10:00 Outing - Festival of Trees 12:00 Lunch 4:00 <u>Christmas Sing-A-Long in</u> <u>the Activity Room</u> 5:00 Dinner	9:30 Let's Move! 10:00 Activities Upstairs 12:00 Lunch 3:00 <u>Children's Choir Performs</u> 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11
7	8	9	10
BEAUTY SHOP OPEN 9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Craft Corner - Paint Santa Sleigh 12:00 Lunch 4:00 <u>Clayton Productions</u> <u>Presents a Christmas Program</u> 5:00 Dinner	BEAUTY SHOP OPEN 9:30 Let's Move! 10:15 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner 6:30 <u>Sunshine Generation</u> <u>Perform</u>	9:30 Let's Move! 10:15 We List All the Words We Can Think of With Double Letters 11:00 Craft Corner - Finish Decorating Christmas Sleighs 12:00 Lunch 2:30 Movie - " <i>Christmas Oranges</i> " 5:00 Dinner 5:45 Outing - Scenic Drive to See the Christmas Lights	9:30 Let's Move! 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11
14	15	16	17
BEAUTY SHOP OPEN 9:30 Let's Move! 10:00 Crossword Puzzle 11:00 Craft Corner - Paint Christmas Tree 12:00 Lunch 3:00 <u>Singers/Piano - Harmony</u> <u>Performs</u> 5:00 Dinner 6:00 Relief Society - Everyone Welcomed to Attend	BEAUTY SHOP OPEN 9:30 Let's Move! 10:15 Balloon Badminton 11:15 <u>Horizon Elementary Bell</u> <u>Choir Performs</u> 12:00 Lunch 5:00 Family Christmas Dinner *Each Resident Please Ask Two Guests to Join You*	9:30 Let's Move! 10:15 State Trivia B-I-N-G-O 11:00 Finish Decorating Our Christmas Tree 12:00 Lunch 2:30 Movie - " <i>Christmas Blessings</i> " 5:00 Dinner 5:45 Outing - Scenic Drive to See the Christmas Lights	9:30 Let's Move! 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11
21	22	23	24
BEAUTY SHOP OPEN 9:30 Let's Move! 10:00 <u>Hawthorne Academy</u> <u>Fifth Graders (our Pen Pals)</u> <u>Perform a Christmas Program</u> 11:00 Name That Tune?! 12:00 Lunch 2:30 Movie " <i>Miracle on 34th Street</i> " & Popcorn 5:00 Dinner 6:00 Caroling - Church Youth Group	BEAUTY SHOP OPEN !!!PAJAMA DAY!!! **Everyone Wear Their Christmas Pajamas** 9:30 Let's Move! 10:15 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 3:30 B-I-N-G-O 5:00 Dinner	9:30 Let's Move! 10:15 "The Andy Williams Christmas Show" 12:00 Lunch 1:30 Outing - Scenic Drive 5:00 Dinner	9:30 Let's Move! 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11
28	29	30	31
BEAUTY SHOP OPEN 9:30 Let's Move! 10:00 Clever Crossword Puzzle 11:00 Name That Tune?! 12:00 Lunch 2:30 Movie " <i>The Bishop's Wife</i> " & Popcorn 5:00 Dinner	BEAUTY SHOP OPEN 9:30 Let's Move! 10:00 Balloon Badminton 11:00 Cranium Crunches 12:00 Lunch 2:30 Apartment Visits With Residents 3:30 B-I-N-G-O 5:00 Dinner	9:30 Let's Move! 10:15 Activities Upstairs 12:00 Lunch 1:30 Outing - Scenic Drive 5:00 Dinner	NEW YEAR'S EVE 9:30 Let's Move! 10:00 Activities Upstairs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 7:00 Lawrence Welk Show - Channel 11

December 2016



*'Tis the season
to be jolly!*

*Wishing you and
your friends and family a very...*

*Merry Christmas
and Happy New Year!*

—Your Management Staff—



December

Word Search

Bell	Holiday
Candle	Holly
Card	Lights
Christmas	Ornament
Eggnog	Ribbon
Fruitcake	Scrooge
Gift	Tradition
Greeting	Wreath

C	X	T	F	I	G	D	L	R	K	N	A	A	M	M
G	H	U	R	I	B	B	O	N	D	H	C	P	A	W
R	N	R	U	A	O	N	X	W	R	E	A	T	H	X
Y	R	I	I	X	D	V	M	Y	A	G	N	U	L	E
W	K	V	T	S	Z	I	S	H	C	G	D	P	T	I
R	J	F	C	E	T	K	T	T	Q	N	L	S	A	C
O	G	W	A	P	E	M	O	I	H	O	E	L	R	Y
I	D	U	K	K	E	R	A	S	O	G	L	M	E	H
K	S	N	E	Q	N	A	G	S	O	N	I	Y	O	B
K	Q	E	Y	A	D	I	L	O	H	S	E	L	A	E
Q	P	F	M	O	E	N	R	F	M	U	L	O	G	N
L	P	E	X	I	C	C	S	T	N	Y	S	O	T	Z
M	N	N	B	X	S	S	R	I	D	E	T	K	Q	U
T	R	U	G	X	Y	R	O	I	O	O	N	G	V	S