



# Carrington Court

1928 West 9800 S • South Jordan, UT 84095 • (801) 676-8787

April 2013



## VIOLET SPORTING HER PARROT GLASSES

We do many things at Carrington Court to enjoy ourselves and create laughter. Thank goodness our residents are great sports. They are the heart and soul of Carrington Court!



## Word for April: Rejuvenate

The new growth of the season debuts this month, splashing color and life into parks, lawns and gardens everywhere. While the fresh air rejuvenates, or “gives new vigor,” to our surroundings, the attitude in April makes us feel like kids again. On that note, we held our own Olympics. We had many events and everyone showed their Olympic spirit.

## HAPPY BIRTHDAY

Nellie Rowberry - April 12

Nora Cassano - April 14

Leola Reed - April 18

## Wit and Wisdom

“A fool thinks himself to be wise, but a wise man knows himself to be a fool.”

—William Shakespeare



We had quite a bit of fun playing the gift game: Money Man, Toothbrush Man and Cigar Man! Robert, Vernon and Bruce had a good time.

Sunday	Monday	Tuesday
<p><b>APRIL FOOLS</b></p>	1	2
	<p>9:30 Let's Move!                      10:15 Jokes &amp; Question of the Week?!                      10:20 Science Experiment: "Water Pollution"                      11:00 Documentary "Poisoned Waters"                      12:00 Lunch                      3:00 <u>Country Music - New Fiddlers</u>                      5:00 Dinner</p>	<p>9:30 Let's Move!                      10:15 Picture of the Day                      10:20 Fill-in-the-Blanks                      11:00 Marvelous Manicures                      12:00 Lunch                      1:30 LDS Gospel Doctrine Lesson                      3:00 B-I-N-G-O                      5:00 Dinner</p>
7	8	9
<p>9:30 Music &amp; The Spoken Word (KSL Channel 5)                      10:00 LDS General Conference Broadcast on Channel 5                      12:00 Lunch                      2:00 LDS General Conference Broadcast on Channel 5                      5:00 Dinner</p>	<p>9:30 Let's Move!                      10:15 Jokes &amp; Question of the Week?!                      10:20 Getting to Know Kitchen Manager "Iva Jean" While We Enjoy Deviled Eggs!                      11:00 Springtime Word Games                      12:00 Lunch                      3:00 B-I-N-G-O                      5:00 Dinner</p>	<p>9:30 Let's Move!                      10:15 Picture of the Day                      10:20 Fill-in-the-Blanks                      11:00 Marvelous Manicures                      12:00 Lunch                      12:15 <u>Harp in the Dining Room - Eleisha</u>                      3:00 B-I-N-G-O                      5:00 Dinner</p>
14	15	16
<p>9:30 Music &amp; The Spoken Word (KSL Channel 5)                      10:30 LDS Sacrament Meeting                      11:15 Relief Society &amp; Priesthood                      12:00 Lunch                      3:00 Afternoon Movie                      5:00 Dinner</p>	<p>9:30 Let's Move!                      10:15 Jokes &amp; Question of the Week?!                      10:20 All About "A"                      11:00 Viva Las Vegas! Video &amp; Discussion                      12:00 Lunch                      3:00 <u>Singing/Piano - Moods &amp; Music</u>                      5:00 Dinner</p>	<p>9:30 Let's Move!                      10:15 Picture of the Day                      10:20 Fill-in-the-Blanks                      11:00 Marvelous Manicures                      12:00 Lunch                      1:30 LDS Gospel Doctrine Lesson                      3:00 B-I-N-G-O                      5:00 Dinner</p>
21	22	23
<p>9:30 Music &amp; The Spoken Word (KSL Channel 5)                      10:30 LDS Sacrament Meeting                      11:15 Relief Society &amp; Priesthood                      12:00 Lunch                      3:00 Afternoon Movie                      5:00 Dinner</p>	<p>9:30 Let's Move!                      10:15 Jokes &amp; Question of the Week?!                      10:20 Blurt!                      11:00 <u>Women's Choir - Deci-Bells Program - Back to Broadway</u>                      12:00 Lunch                      3:00 B-I-N-G-O                      4:30 <u>Riverton Children's Choir in Dining Room</u>                      5:00 Dinner</p>	<p>9:30 Let's Move!                      10:15 Picture of the Day                      10:20 Fill-in-the-Blanks                      11:00 <u>Harmonica - Dean Behunin</u>                      12:00 Lunch                      1:30 LDS Gospel Doctrine Lesson                      3:00 B-I-N-G-O                      5:00 Dinner</p>
28	29	30
<p>9:30 Music &amp; The Spoken Word (KSL Channel 5)                      10:30 LDS Sacrament Meeting                      11:15 Relief Society &amp; Priesthood                      12:00 Lunch                      3:00 Afternoon Movie                      5:00 Dinner</p>	<p>9:30 Let's Move!                      10:15 Jokes &amp; Question of the Week?!                      10:20 <b>Residents' Council</b> (All Residents Are Encouraged to Attend)                      11:00 "Scattergories" Game                      12:00 Lunch                      3:00 B-I-N-G-O                      5:00 Dinner</p>	<p>9:30 Let's Move!                      10:15 Picture of the Day                      10:20 Fill-in-the-Blanks                      11:00 Presentation by Redwood Memorial Mortuary: <u>History of Memorial Day &amp; Accordion Concert</u>                      12:00 Lunch                      1:30 LDS Gospel Doctrine Lesson                      3:00 B-I-N-G-O                      5:00 Dinner</p>

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<p style="text-align: right;"><b>3</b></p> <p>9:30 Let's Move!            10:00 Clever Crossword Puzzle            11:00 Plant &amp; Gardening Trivia            12:00 Lunch            3:00 Movie <i>"The Waltons"</i>            (Season 1, Episodes 1 &amp; 2) &amp;            Ice Cream            5:00 Dinner            Visit From Desi Our Pet            Therapy Dog</p>	<p style="text-align: right;"><b>4</b></p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move!            10:00 Balloon Badminton            11:00 Cranium Crunches            12:00 Lunch            2:30 Apartment Visits With            Residents            3:30 B-I-N-G-O            5:00 Dinner</p>	<p style="text-align: right;"><b>5</b></p> <p>9:30 Let's Move!            10:10 Marble Lagging            11:00 Beverage &amp;            Guesstimation Game            12:00 Lunch            1:30 <b>Outing - We Drive to            "Tulip Tree" Florist &amp; The            Owner Comes Aboard the            Bus to Give Us All the Scoop            on Flowers!</b>            5:00 Dinner</p>	<p style="text-align: right;"><b>6</b></p> <p>9:30 Let's Move!            10:10 Activities Upstairs            10:00 LDS General Conference            Broadcast on Channel 5            12:00 Lunch            2:00 LDS General Conference            Broadcast on Channel 5            3:00 B-I-N-G-O            5:00 Dinner            7:00 Lawrence Welk Show -            Channel 11</p>
<p style="text-align: right;"><b>10</b></p> <p>9:30 Let's Move!            10:00 Clever Crossword Puzzle            11:00 Concentration Game            12:00 Lunch            3:00 Movie <i>"The Waltons"</i>            (Season 1, Episodes 3 &amp; 4) &amp;            Ice Cream            5:00 Dinner  <b>6:15 Relief Society - Everyone            Welcomed!</b></p>	<p style="text-align: right;"><b>11</b></p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move!            10:00 Balloon Badminton            11:00 Cranium Crunches            12:00 Lunch            2:30 Apartment Visits With            Residents            3:30 B-I-N-G-O            5:00 Dinner</p>	<p style="text-align: right;"><b>12</b></p> <p>10:00 St. Andrews Catholic            School Third and Sixth Graders            Visit            11:00 <b>Outing - Out to Lunch</b>            (Please Let Diane Know if You            Plan to Come)            12:00 Lunch            3:00 B-I-N-G-O            5:00 Dinner</p>	<p style="text-align: right;"><b>13</b></p> <p>9:30 Let's Move!            10:00 Activities Upstairs            12:00 Lunch            12:15 - 3:00 <u>Free Massages            Provided by College of            Myotherapy in Activity Room</u>            3:00 B-I-N-G-O            5:00 Dinner            7:00 Lawrence Welk Show -            Channel 11</p>
<p style="text-align: right;"><b>17</b></p> <p>9:30 Let's Move!            10:00 Clever Crossword Puzzle            11:00 Craft Corner -            Birdhouses            12:00 Lunch            3:00 Movie <i>"The Waltons"</i>            (Season 1, Episodes 5 &amp; 6) &amp;            Ice Cream            5:00 Dinner            Visit From Desi Our Pet            Therapy Dog.</p>	<p style="text-align: right;"><b>18</b></p> <p>BEAUTY SHOP OPEN  <b>Podiatrist Available in the            Morning</b></p> <p>9:30 Let's Move!            10:00 Balloon Badminton            11:00 Cranium Crunches            12:00 Lunch            2:30 Apartment Visits With            Residents            3:30 B-I-N-G-O            5:00 Dinner</p>	<p style="text-align: right;"><b>19</b></p> <p>9:30 Let's Move!            10:10 Bocci Ball            11:00 Beverage &amp; Stories From            Reminisce Magazine            12:00 Lunch            1:30 <b>Outing - Ride to Hatch            Family Chocolates to Get a            Root Beer Float</b>            5:00 Dinner</p>	<p style="text-align: right;"><b>20</b></p> <p>9:30 Let's Move!            10:00 Activities Upstairs            11:00 <u>Vocal Recital in Activity            Room</u>            12:00 Lunch            3:00 B-I-N-G-O            5:00 Dinner            7:00 Lawrence Welk Show -            Channel 11</p>
<p style="text-align: right;"><b>24</b></p> <p>9:30 Let's Move!            10:00 Clever Crossword Puzzle            11:00 Craft Corner - Finish Our            Birdhouses            12:00 Lunch            3:00 Movie <i>"The Waltons"</i>            (Season 1, Episodes 7 &amp; 8) &amp;            Ice Cream            5:00 Dinner</p>	<p style="text-align: right;"><b>25</b></p> <p>BEAUTY SHOP OPEN</p> <p>9:30 Let's Move!            10:00 Balloon Badminton            11:00 Cranium Crunches            12:00 Lunch            2:30 Apartment Visits With            Residents            3:30 B-I-N-G-O            5:00 Dinner</p>	<p style="text-align: right;"><b>26</b></p> <p>9:30 Let's Move!            10:10 Friendship Web            11:00 Roll the Dice!            12:00 Lunch            1:30 <b>Outing - Ride the TRAX            Train From Murray Central to            Daybreak</b>            5:00 Dinner</p>	<p style="text-align: right;"><b>27</b></p> <p>9:30 Let's Move!            10:00 Activities Upstairs            12:00 Lunch            3:00 B-I-N-G-O            5:00 Dinner            7:00 Lawrence Welk Show -            Channel 11</p>
<p>We have a Eucharistic minister            available for our Catholic            residents on Wednesday            afternoon. Residents, or            families, may contact Diane if            they would like to request a            visit.</p>		<p><i><b>We have a music therapist            who makes individual visits            on Sunday afternoons. If you            would like to request that she            visit you, please let Diane            know.</b></i></p>	

# April 2013

## RESIDENT SPOTLIGHT - Eleanor Nelsen



Eleanor was born Oct. 27 in Park City, UT. She was the eighth and youngest child. Eleanor attended schools in Park City, where she was a member of the Park City High School Band (playing a baritone horn), secretary of the band and chorus, student body President and a member of the girls' basketball team. She was awarded a music scholarship to the University of Utah, which she did not use. One of Eleanor's childhood memories is a suggestion she gave to her father to build a bathroom in their home. She told him she would dig the trench for the pipe (35-40 feet), if he would dig the hole for the pipe to empty into. So that is what they did. Indoor plumbing at last! After graduation in 1945, she worked at the Silver King Mine in Park City as a payroll clerk and at the New Park Mining Co. at Keetley as a receptionist. In 1946, Eleanor married Robert Jr. Duke. They had three children, Betty, Mary Ella and Chad. Sad news came to the family in 1961 when Robert was killed in an auto accident.

## Eleanor Nelsen - Continued

Eleanor has worked at Key Best and Christensen's stores in Heber as a sales clerk and bookkeeper. She took care of medical records and accounting at the Heber Hospital and Clinic. She filled the triple role of receptionist, accountant and office manager at the Heber Valley Clinic. She was appointed to the position of Heber City Recorder, a position she held for numerous years. Eleanor has also served in many church and service capacities. A fond memory is portraying Emma Smith in the M.I.A. play, "In the Time of the Harvest." In October 1985, Eleanor married Alvin Nelsen. Eleanor and Alvin both found pleasure in various kinds of dancing; square, round and ballroom. They both enjoyed sports of all kinds and working in their yard. In 2011, Eleanor joined us at Carrington Court and we are honored to know her.



Eleanor, son, Chad, and daughter-in-law, Jill.