



Carrington Court

1928 W 9800 S. • South Jordan, UT 84095 • (801) 676-7616

March 2012



"Latter Day Saint Conference Center Tour"

Monday, March 19, or Wednesday, March 21

Please R.S.V.P. online at

www.carringtoncourtal.com or call the front desk!! See 'ya there!



"Easter Dinner and Egg Hunt"

Saturday, March 31, at noon! Please go to www.carringtoncourtal.com to R.S.V.P.



Dorothy and Ralph Lundgreen

Dorothy and Ralph Lundgreen are the "Resident Spotlights" for March. They were high school "sweethearts." They were married in California.


Together, they have two daughters and three grandchildren. Dorothy grew up in Idaho. She worked as a secretary and school teacher. She loves animals, going to the park, crossword puzzles, creamies and the color blue. Ralph grew up in Idaho as well. He worked as a school teacher and coordinator for Iron Workers.

He loves animals, painting, drama, chicken and the color blue. Ralph and Dorothy enjoy being here together; they love visiting and helping others. We are happy to have them both; they are a very sweet couple.





"Marching Fun"

Sunday	Monday	Tuesday
		
4	5	6
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Mind Joggers 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:30 "Accordion Player" 11:00 Kickball 12:00 Lunch 2:00 VAN RIDE 3:00 Snack Time 4:00 Organize Time 5:00 Dinner	9:00 Rejuvenation 10:00 Exercise 11:00 Reminiscing 12:00 Lunch 1:30 SUNDAY SCHOOL 3:00 Snack Time/Pet Therapy 4:00 Scrapbooking 5:00 Dinner
11	12	13
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Mind Joggers 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:00 Exercise 11:00 Newspaper 12:00 Lunch 2:00 VAN RIDE 3:00 Snack Time 4:00 Organize Time 5:00 Dinner	9:00 Rejuvenation 10:00 Exercise Activity 11:00 Make Cupcakes! 12:00 Lunch 1:30 SUNDAY SCHOOL 3:00 Cake & Ice Cream/Pet Therapy 4:00 Scrapbooking 5:00 Dinner Happy Birthday Beula Booth!
18	19	20
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Mind Joggers 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:00 Kickball 11:00 Newspaper 12:00 Lunch 1:30 CONFERENCE CENTER TOUR TRIP 3:00 Snack Time 4:00 Organize Time 5:00 Dinner	9:00 Rejuvenation 10:00 Exercise 11:00 Reminiscing 12:00 Lunch 1:30 SUNDAY SCHOOL 3:00 Snack Time/Pet Therapy 4:15 "Singing W/ Linda Davidson" 5:00 Dinner
25	26	27
9:00 Rejuvenation 9:30 LDS Sacrament Meeting 10:30 Mind Joggers 12:30 Lunch 2:00 Table Games 3:00 Ice Cream Social 4:00 Quiet Movie 5:00 Dinner	9:00 Rejuvenation 10:00 Exercise 11:00 Newspaper 12:00 Lunch 2:00 VAN RIDE 3:00 Snack Time 4:00 Organize Time 5:00 Dinner	9:00 Rejuvenation 10:00 Exercise 11:00 Reminiscing 12:00 Lunch 1:30 SUNDAY SCHOOL 3:00 Snack Time/Pet Therapy 4:00 Scrapbooking 5:00 Dinner

Wednesday	Thursday	Friday	Saturday
7	1	2	3
<p>9:00 Rejuvenation 10:00 Parachute 11:00 Art Activity 12:00 Lunch 2:00 VAN RIDE 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner</p> <p style="text-align: center;">Beautician Day!</p>	<p>9:00 Rejuvenation 10:00 Badminton Balloon 11:00 Book Club 12:00 Lunch 1:00 Massages 3:00 Snack Time 4:00 "Singing W/ Sue Talmage" 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Bowling 11:00 Nursing Rhymes 12:00 Lunch 1:00 MANICURES 3:00 Snack Time 4:00 Puzzles 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 "Sit N' Be Fit" 11:00 "Sing-A-Long" 12:00 Lunch 1:00 Coloring 3:30 Movie & Popcorn 5:00 Dinner</p>
7	8	9	10
<p>9:00 Rejuvenation 10:00 Parachute 11:00 Art Activity 12:00 Lunch 2:00 VAN RIDE 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner</p> <p style="text-align: center;">Beautician Day!</p>	<p>9:00 Rejuvenation 10:00 Badminton Balloon 11:00 Book Club 12:00 Lunch 1:00 Massages 3:00 Snack Time 4:00 Scrapbooking 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Golfing 11:00 Nursing Rhymes 12:00 Lunch 1:00 MANICURES 3:00 Snack Time 4:00 Puzzles 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 "Sit N' Be Fit" 11:00 "Singing W/Nancy Parker" 12:00 Lunch 1:00 Coloring 3:30 Movie & Popcorn 5:00 Dinner</p>
14	15	16	17
<p>9:00 Rejuvenation 10:00 Parachute 11:00 Make Cupcakes! 12:00 Lunch 2:00 VAN RIDE 3:00 Snack Time 4:15 "Singing W/Cindy Teide" 5:00 Dinner Happy Birthday Marian Seeley!! Beautician Day!</p>	<p>9:00 Rejuvenation 10:00 Badminton Balloon 11:00 Book Club 12:00 Lunch 2:30 "Singing W/Karalynn Roundy" 3:00 Snack Time 4:00 Scrapbooking 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Bowling 11:00 Nursing Rhymes 12:00 Lunch 1:00 MANICURES 3:00 Snack Time 4:00 Puzzles 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 "Sit N' Be Fit" 11:00 "Sing-A-Long" 12:00 Lunch 1:00 Coloring 3:30 Movie & Popcorn 5:00 Dinner</p> <p style="text-align: center;">Happy St. Patrick's Day!!</p>
21	22	23	24
<p>9:00 Rejuvenation 10:00 Parachute 11:00 Art Activity 12:00 Lunch 1:30 CONFERENCE CENTER TOUR TRIP 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner</p> <p style="text-align: center;">Beautician Day!</p>	<p>9:00 Rejuvenation 10:30 "Singing W/ Cinda Christensen" 12:00 Lunch 1:00 Massages 3:00 Snack Time 4:00 Scrapbooking 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Golf 11:00 Nursing Rhymes 12:00 Lunch 1:00 MANICURES 3:00 Snack Time 4:00 Puzzles 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 "Sit N' Be Fit" 11:00 "Sing-A-Long" 12:00 Lunch 1:00 Coloring 3:30 Movie & Popcorn 5:00 Dinner</p>
28	29	30	31
<p>9:00 Rejuvenation 10:00 Parachute 11:00 Art Activity 12:00 Lunch 2:00 VAN RIDE 3:00 Snack Time 4:00 Quiet Movie 5:00 Dinner</p> <p style="text-align: center;">Beautician Day!!</p>	<p>9:00 Rejuvenation 10:00 Badminton Balloon 11:00 Book Club 12:00 Lunch 1:00 Massages 3:00 Snack Time 4:00 Scrapbooking 5:00 Dinner</p>	<p>9:00 Rejuvenation 10:00 Bowling 11:00 Nursing Rhymes 12:00 Lunch 1:00 Manicures 3:00 Snack Time 4:00 "Singing W/Bill Stidd" 5:00 Dinner</p>	<p>9:00 Rejuvenation 12:00 EASTER DINNER/ EGG HUNT PARTY 3:30 Movie & Popcorn 5:00 Dinner Please Go to www.carringtoncourtal.com to R.S.V.P. or Call the Main Number Happy Birthday Clytie Barber!!</p>

March 2012

April and Beula



April Fullmer is our Spotlight for March. She works as one of our CNAs here on the Memory Care Side. April is planning on going to EMT school to do Life Flight, and later wants to be a Labor and Delivery nurse. Her favorite holiday is Fourth of July; boating with friends, BBQs and fireworks. She also likes the Boston Celtics, basketball and football (Indianapolis Colts). Her favorite food is steak and potatoes. She has traveled to Hawaii, California, Vegas and North and South Dakota. She admires her grandfather, "Gene Fullmer," for teaching her to never give up and strive to be the greatest person you can be. April is proud of getting her Phlebotomy and CNA License. We are grateful for April for her love and hard work she does for our residents. "Thank you, April!"

"This Month In History" March

44 B.C.: On the 15th of March, Julius Caesar is stabbed to death.

1794: Eli Whitney patents the cotton gin.

1802: The U.S. Military Academy is established in West Point, N.Y.

1852: "Uncle Tom's Cabin" is published, causing a stir.

1868: Impeachment trials for President Andrew Johnson commence.

1872: Yellowstone is established as the first national park.

1875: Georges Bizet's famous opera "Carmen" debuts in Paris.

1888: The Blizzard of 1888, which dumped up to 4 feet of snow in some places, occurs.

1889: The Eiffel Tower opens.

1920: F. Scott Fitzgerald's first novel, "This Side of Paradise," is published.

1933: President Franklin Roosevelt delivers the first of many fireside chats designed to relieve growing fears about the Great Depression.

1934: The ever-popular game of Monopoly is released.

1943: The revolutionary musical "Oklahoma!" debuts on Broadway.

1950: Silly Putty goes on the market.

1957: U.S. Customs officials confiscate 520 copies of Allen Ginsberg's poem "Howl."

1962: Wilt Chamberlain scores 100 points in a single basketball game.

1963: The infamous prison on Alcatraz Island is closed.

2010: Kathryn Bigelow becomes the first female director to win an Oscar.